

# 49<sup>th</sup> & Oxbow Main Pool Lap Schedule

February 1-28, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 7 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	<b>Beginning January 11, 2025</b>	If at the start of a Water Exercise Class, there are less than 8 participants, a 3 <sup>rd</sup> lap lane will be added. Please ask the pool staff for assistance if a 3 <sup>rd</sup> lap lane is needed  <b>No open swim during any instructor-led class or Swim Lessons.</b>
7 - 8:15 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	
8:15 - 9 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	
9 - 10 am	Lap Swim (2 lanes) <b>Class 9:15-10a</b>	Lap Swim (2 lanes) <b>Class 9:15-10a</b>	Lap Swim (2 lanes) <b>Class 9:15-10a</b>	Lap Swim (2 lanes) <b>Class 9:15-10a</b>	Lap Swim (2 lanes) <b>Class 9:15-10a</b>	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	
10 - 11 am	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)
11 am -12pm	<b>Masters Swim (3 lanes)</b> (1/6-3/26/25) Lap Swim (1 lane)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>Masters Swim (3 lanes)</b> (1/6-3/26/25) Lap Swim (1 lane)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (3 Lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)
12 - 1:00 pm	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)
1:00 - 2:00 pm	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	Lap Swim (2 lanes) <b>Class 1:00-1:45p</b>	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)
2:00 - 4:00 pm	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)
4:00 - 5:30 pm	<b>Youth Swim (2 lanes)</b> (1/6-3/26/25) <b>Lap lanes closed 4:30-5:30p</b> <b>OPEN SWIM (1 lane)</b>	<b>Adaptive Aquatics</b> (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-6:30 pm) Lap Swim (2 lanes)	<b>Youth Swim (3 lanes)</b> (1/6-3/26/25) <b>Lap lanes closed 4:30-5:30p</b> <b>OPEN SWIM (1 lane)</b>	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Pool closes at 4:45p	<b>OPEN SWIM</b> Lap Swim (2-3 lanes) Pool closes at 4:45p
5:30 - 6:15 pm	Lap Swim (2 lanes) <b>Class 5:30-6:15p</b>	<b>Adaptive Aquatics</b> (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-6:30 pm) Lap Swim (2 lanes)	Lap Swim (2 lanes) <b>Class 5:30-6:15p</b>	Lap Swim (2 lanes) <b>Class 5:30-6:15p</b>	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	Pool Closed	Pool Closed
6:20 - 7:20 pm	<b>Masters Swim (4 lanes)</b> (1/6-3/26/25) <b>Lap lanes closed 6:20-7:20p</b> <b>OPEN SWIM (1 lane)</b>	<b>Adaptive Aquatics</b> (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-6:30 pm) Lap Swim (2 lanes)	<b>Masters Swim (4 lanes)</b> (1/6-3/26/25) <b>Lap lanes closed 6:20-7:20p</b> <b>OPEN SWIM (1 lane)</b>	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)		
7:20-8:00 pm	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (1 lane)	Pool Closes at 7:45p		
8:00-8:45 pm	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	<b>OPEN SWIM</b> Lap Swim (2-3 lanes)	Pool Closed		