

49th & Oxbow Main Pool Lap Schedule

January 1-31, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 7 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Beginning January 11, 2025	If at the start of a Water Exercise Class, there are less than 8 participants, a 3 rd lap lane will be added. Please ask the pool staff for assistance if a 3 rd lap lane is needed No open swim during any instructor-led class or Swim Lessons.
7 - 8:15 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes)	
8:15 - 9 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes)	
9 - 10 am	Lap Swim (2 lanes) Class 9:15-10a	Lap Swim (2 lanes) Class 9:15-10a	Lap Swim (2 lanes) Class 9:15-10a	Lap Swim (2 lanes) Class 9:15-10a	Lap Swim (2 lanes) Class 9:15-10a	OPEN SWIM Lap Swim (2-3 lane)s	
10 - 11 am	OPEN SWIM Lap Swim (2-3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)
11 am -12pm	Masters Swim (3 lanes) (1/6-3/26/25) Lap Swim (1 lane)	OPEN SWIM Lap Swim (2-3 lanes)	Masters Swim (3 lanes) (1/6-3/26/25) Lap Swim (1 lane)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (3 Lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)
12 - 1:00 pm	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)
1:00 - 2:00 pm	OPEN SWIM Lap Swim (2-3 lanes)	Lap Swim (2 lanes) Class 1:00-1:45p	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)
2:00 - 4:00 pm	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)
4:00 - 5:30 pm	Youth Swim (4 lanes) (1/6-3/26/25) Lap lanes closed 4:30-5:30p OPEN SWIM (1 lane)	Adaptive Aquatics (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-7:00 pm) Lap Swim (2 lanes)	Youth Swim (4 lanes) (1/6-3/26/25) Lap lanes closed 4:30-5:30p OPEN SWIM (1 lane)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes) Pool closes at 4:45p	OPEN SWIM Lap Swim (2-3 lanes) Pool closes at 4:45p
5:30 - 6:15 pm	Lap Swim (2 lanes) Class 5:30-6:15p	Adaptive Aquatics (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-7:00 pm) Lap Swim (2 lanes)	Lap Swim (2 lanes) Class 5:30-6:15p	Lap Swim (2 lanes) Class 5:30-6:15p	OPEN SWIM Lap Swim (2-3 lanes)	Pool Closed	Pool Closed
6:20 - 7:20 pm	Masters Swim (4 lanes) (1/6-3/26/25) Lap lanes closed 6:20-7:20p OPEN SWIM (1 lane)	Adaptive Aquatics (1/11-4/29/25) Share 1 & ½ Lap Lane (4:00-7:00 pm) Lap Swim (2 lanes)	Masters Swim (4 lanes) (1/6-3/26/25) Lap lanes closed 6:20-7:20p OPEN SWIM (1 lane)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)		
7:20-8:00 pm	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (1 lane) Class 7:15p-8:00p	Pool Closes at 7:45p		
8:00-8:45 pm	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	Pool Closed		