

# Warm Water Pool Schedule

November 4-24, 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 – 8 am	Adult Open Swim	Adult Open Swim	Adult Open Swim 5:00-8:30 am	Adult Open Swim 5:00-8:30 am	Adult Open Swim 5:00-8:30 am	Pool Closed	
8-9:15 am	Adult Open Swim	Adult Open Swim	<b>Water Works</b> 8:30-9:15 am	<b>Move That Body</b> 8:30-9:15 am	<b>Advanced Joints-N-Motion</b> 8:30-9:15 am	Pool Closed	<b>Please Note:</b> <b>*PSL: Possible Private Swim lessons</b>
9:15 – 12 pm	<b>Adult/Family Swim</b> *PSL	<b>Adult/Family Swim</b> *PSL	<b>Adult/Family Swim</b> *PSL	<b>Adult/Family Swim</b> Bridging the Gap 9:15-11:00 am	<b>Adult/Family Swim</b> *PSL 9:15-12:00 pm	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
12 – 1 pm	<b>Joints-N-Motion</b> 12:00-12:45 pm	<b>Adult/Family Swim</b> *PSL	<b>Joints-N-Motion</b> 12:00-12:45 pm	<b>Aqua Strength &amp; Balance</b> 12:00-12:45 pm	Adult Open Swim *PSL	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
1 – 2 pm	<b>Advanced Joint-N-Motion</b> 1:00-1:45 pm	Pulmonary Rehab <b>Pool Closed</b>	<b>Advanced Joint-N-Motion</b> 1:00-1:45 pm	Pulmonary Rehab <b>Pool Closed</b>	Adult Open Swim *PSL	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
2 – 3 pm	Adult Open Swim	Adult Open Swim 2:00-4:00 pm *PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PSL	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
3 – 4 pm	Adaptive Aquatics (10/7/24-12/18/24)	Adult Open Swim 2:00-4:00 pm *PSL Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics (10/7/24-12/18/24)	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PSL	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
4 – 5:15 pm	Adaptive Aquatics (10/7/24-12/18/24)	Bridging the Gap 3:00-5:15 pm Adaptive Aquatics (4:00 pm) (10/7/24-12/18/24)	Adaptive Aquatics (10/7/24-12/18/24)	Bridging the Gap 3:00-5:15 pm <b>Adult/Family Swim</b>	<b>Adult/Family Swim</b> *PSL	Pool Closed	<b>Adult/Family Swim</b> 10:00-4:45 pm
5:15 – 7 pm	Adaptive Aquatics (10/7/24-12/18/24)	Adaptive Aquatics (10/7/24-12/18/24)	Adaptive Aquatics (10/7/24-12/18/24)	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	Pool Closed	Pool Closed
7 – 8 pm	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	Pool Closed	Pool Closed
8-8:45 pm	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	<b>Adult/Family Swim</b>	Pool Closed	Pool Closed	Pool Closed