Warm Water Pool Schedule

December 2-31, 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – 8:30 am	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	
8:30-9:30 am	Adult Water Walking 9:00-10:00 am	Adult Water Walking 8:30-9:30 am	Pool Closed	**Move That Body 8:30-9:15 am**	**Advanced Joints-N-Motion 8:30-9:15 am**	Pool Closed	
9:30 – 10:30 am	Pool Closed	Adult/Family Swim 9:30-10:30 am	Pool Closed	Bridging the Gap 9:15-11:00 am	Pool Closed	Pool Closed	**Please Note**: **During Adult open swim times there may be Physical Therapy or Private Swim lessons**
10:30 – 12 pm	Pool Closed	Pool Closed	Pool Closed	Bridging the Gap 9:15-11:00 am	Pool Closed	Pool Closed	Pool Closed
12 – 1 pm	**Joints-N-Motion 12:00-12:45 pm**	Pool Closed	**Joints-N-Motion 12:00-12:45 pm**	**Aqua Strength & Balance 12:00-12:45 pm**	Pool Closed	Pool Closed	Pool Closed
1 – 2 pm	**Advanced Joint-N-Motion 1:00-1:45 pm**	Pulmonary Rehab Pool Closed	**Advanced Joint-N-Motion 1:00-1:45 pm**	Pulmonary Rehab Pool Closed	Pool Closed	Pool Closed	Pool Closed
2 – 3 pm	Pool Closed	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Pool Closed	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PT & PSL	Pool Closed	Adult/Family Swim 2:00-4:00 pm
3 – 4 pm	**Adaptive Aquatics**	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	**Adaptive Aquatics**	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PT & PSL	Pool Closed	Adult/Family Swim 2:00-4:00 pm
4 – 6 pm	**Adaptive Aquatics**	**Adaptive Aquatics** Bridging the Gap 3:00-5:15 pm	**Adaptive Aquatics**	Bridging the Gap 3:00-5:15 pm	Pool Closed	Pool Closed	Pool Closed
6 – 7 pm	**Adaptive Aquatics**	**Adaptive Aquatics**	**Adaptive Aquatics**	Pool Closed	Pool Closed		
7 – 8 pm	**Adaptive Aquatics**	Pool Closed	**Adaptive Aquatics**	Pool Closed	Pool Closed		