

Sanford Children's CHILD Services

April – June 2025

CHALLENGING CHILD BEHAVIORS



Encountering challenging children's behaviors in the classroom is not uncommon when working with children. The trick to calming the chaos in the classroom is understanding what triggers a child's behavior and developing a behavior plan for the child when a pattern of inappropriate behaviors starts to emerge. Developing a behavior plan at the onset of the challenging behaviors is beneficial for the child and for those who care for the child.

Unfortunately, the childcare industry is seeing a rise in children being expelled from childcare programs due to challenging behaviors; something one used to think only happened in schools. Expelling a child from a childcare program often happens because the childcare staff are exhausted having to deal with the child's behaviors.

Expelling a child may be a fix for the childcare program but isn't for the child. A child exhibiting challenging behaviors is a child asking for help. A child exhibiting continual challenging behaviors is likely feeling very stressed, angry or out of control of oneself. When children do not have the ability to identify and express these feelings with words, they often communicate them with emotional outbursts and inappropriate behaviors.

What Can You Do?

So how does one handle a child exhibiting challenging behaviors that continually take classroom teachers' time away from the other children?

1. The first step is to pause and observe. Ask questions such as:
 - What is triggering the behaviors?
 - When do these behaviors occur?
2. Next, seek to understand what the child is needing. Ask questions such as:
 - Is the child overtired or hungry?
 - Is the child worried?
3. Then, develop a plan of action to prevent and/or manage the behaviors.

We Can Help!

Sanford Children's CHILD Services has services that can help state licensed childcare providers with developing a behavior plan, along with tips and techniques, to help minimize behaviors in the classroom.

These services include:

- Child observations
- Temperament screenings
- On-site technical assistance with staff
- Assistance in developing a behavior plan for a child
- Parent consultations

Through these services parents, childcare staff and CHILD Services staff work together to achieve the goal of helping a child succeed in his or her childcare setting.

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WEBSITE

- www.sanfordhealth.org/CHILDServices
- www.sdece.org

FACE TO FACE trainings

General

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, April 8	6 – 7 p.m.	<u>Mindful Connections: Intentional Interaction Strategies for Early Childhood</u> Learn about the importance of intentional interactions in the early childhood setting.	Learning, Environment, Planning & Curriculum	Aberdeen
Monday, April 14	6 – 7 p.m.	<u>Transition Strategies</u> Learn how to provide effective transition techniques for children with spirited temperaments.	Child Guidance and Emotional Well-Being	Sioux Falls
Thursday, June 26	6 – 7 p.m.	<u>Active Supervision</u> Learn the 6 strategies that make active supervision effective in child care settings.	Health, Safety & Nutrition	Sioux Falls
Thursday, June 26	7 – 8 p.m.	<u>Managing Transitions</u> Transitions can be a tough part of your day. Explore the impact your daily schedule can have on children’s behavior.	Learning, Environment, Planning & Curriculum	Sioux Falls

Infant/Toddler

Classes with an emphasis on caring for children six weeks to three years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Monday, May 5	6:30 – 7:30 p.m.	<u>Child Care Essentials: Reducing the Risk of SIDS</u> Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Health, Safety & Nutrition	Sioux Falls
Monday, May 5	7:30 – 8:30 p.m.	<u>Child Care Essentials: Shaken Baby Syndrome</u> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	Health, Safety & Nutrition	Sioux Falls
Monday, May 19	6 – 7 p.m.	<u>Intro to the Infant Room</u> Learn the basics of the infant classroom. We will cover diapering, feeding, interactions, and safety considerations while caring for the smallest of learners.	Learning, Environment, Planning & Curriculum	Sioux Falls
Monday, May 19	7 – 8 p.m.	<u>Learning Spaces for Infants and Toddlers</u> Learn to arrange your space to provide developmentally appropriate activities for infants and toddlers.	Learning, Environment, Planning & Curriculum	Sioux Falls
Tuesday, May 27	6:30 – 7:30 p.m.	<u>Going Beyond Praise</u> Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children’s positive behavior and interactions.	Child Growth and Development	Sioux Falls
Tuesday, May 27	7:30 – 8:30 p.m.	<u>No More “No”</u> Learn about the power of choices to create a “yes” environment while supporting each child’s social and emotional development.	Child Guidance and Emotional Well-Being	Sioux Falls

Preschool

Classes with an emphasis on caring for children three to five years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, April 8	7 – 8 p.m.	<u>Bullying in Early Childhood</u> Learn why the seeds to prevent bullying should be planted in the first five years of life. Discuss strategies to promote positive social behaviors.	Child Guidance and Emotional Well-Being	Aberdeen

Out of School Time

Classes specific to care provided in out of school time settings

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Monday, April 14	7 – 8 p.m.	<u>Beyond Counting Heads</u> What do you do if you're over ratio? How do you make sure everyone is accounted for after a transition? Learn why ratios are important and strategies for transitions.	Program Administration	Sioux Falls

fitCare

Classes to help caregivers provide a healthy lifestyle program for children in their care

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, June 3	6:30 – 8:30 p.m.	<u>Sweet Dreams!</u> Exploring strategies for sleep and relaxation.	Health, Safety, & Nutrition	Sioux Falls
Tuesday, June 10	6:30 – 8:30 p.m.	<u>Mindful Moments!</u> Supporting children's social and emotional development.	Child Guidance & Emotional Well-Being	Sioux Falls
Thursday, June 12	6:30 – 8:30 p.m.	<u>Sweet Dreams!</u> Exploring strategies for sleep and relaxation.	Health, Safety, & Nutrition	Aberdeen
Tuesday, June 17	6:30 – 8:30 p.m.	<u>Ready, Set, Move!</u> Promoting physical activity and development.	Child Growth & Development	Sioux Falls
Tuesday, June 24	6:30 – 8:30 p.m.	<u>We Are What We Eat!</u> Creating Healthy Nutrition Environments.	Health, Safety, & Nutrition	Sioux Falls



FACE TO FACE CLASS POLICY

1. Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class as the facility doors will be locked.
2. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

Saturday Spectacular

One-day event with classes for childcare providers on various ages and settings

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Saturday, April 12	9 – 10:30 a.m.	<u>Recognizing Child Physical Abuse</u> Dr. Brooke Jones from Sanford Child's Voice will discuss what types of injuries raise concern for child abuse and why. Mandatory reporting will also be discussed.	Health, Safety, & Nutrition	Sioux Falls
Saturday, April 12	10:30 a.m. – Noon	<u>Child Sexual Abuse: Dynamics, Recognition, and Caregiver Response</u> Dr. Nancy Free from Sanford Child's Voice will discuss sexualized behaviors, recognizing sexual abuse, grooming, talking with children and talking with parents.	Health, Safety, & Nutrition	Sioux Falls
Saturday, April 26	9 – 10 a.m.	<u>Nurturing Environments</u> Providing a nurturing environment that helps children develop trust through acceptance and love.	Learning, Environment, Planning & Curriculum	Yankton
Saturday, April 26	10 – 11 a.m.	<u>Peaceful Play and Naptime Transitions</u> Discover effective ways to calm a child's mind and body while preparing them for rest time. Ideas on scheduling, activities, and techniques to help rest time be as restful as possible.	Learning, Environment, Planning & Curriculum	Yankton
Saturday, June 7	9 – 10 a.m.	<u>Make & Take – Sensory Bin for Toddlers</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Learning, Environment, Planning & Curriculum	Aberdeen
Saturday, June 7	10 – 11 a.m.	<u>Learning Space for Infants and Toddlers</u> Learn to arrange your space to provide developmentally appropriate activities for infants and toddlers.	Learning, Environment, Planning & Curriculum	Aberdeen



Certified First Aid

The American Heart Association’s Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

CKC Category: Health, Safety & Nutrition



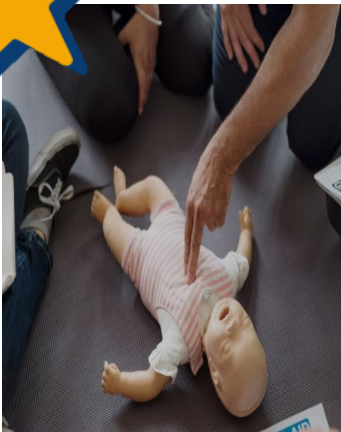
DATE	TIME	LOCATION
Saturday, May 3	1 – 3:30 p.m.	Aberdeen
Tuesday, May 13	6:30 – 9 p.m.	Sioux Falls

Adult/Child & Infant CPR/AED

This American Heart Association’s course offers instructor-led course and teaches adult, child and infant CPR/AED and choking.

CKC Category: Health, Safety & Nutrition

DATE	TIME	LOCATION	DATE	TIME	LOCATION
Monday, April 7	6:30 – 10 p.m.	Sioux Falls	Saturday, May 3	8:30 a.m. – Noon	Aberdeen
Thursday, April 10	6:30 – 10 p.m.	Sioux Falls			
Saturday, May 10	8:30 a.m. – Noon	Sioux Falls			
Saturday, May 24	8:30 a.m. – Noon	Sioux Falls			
Thursday, May 29	6:30 – 10 p.m.	Sioux Falls			
Saturday, June 14	8:30 a.m. – Noon	Sioux Falls			
Thursday, June 19	6:30 – 10 p.m.	Sioux Falls			



HYBRID CPR TRAINING OPTION

Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen or Sioux Falls.

Below is the process to conduct the education portion online and face to face skill testing:

- Contact our office to receive online CPR course link information.
- Complete the online course. After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion.
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.

ONLINE trainings

General

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, April 2	6 – 7 p.m.	<u>Active Supervision</u> Learn the 6 strategies that make active supervision effective in child care settings.	Health, Safety & Nutrition
Wednesday, April 2	7 – 8 p.m.	<u>Managing Transitions</u> Transitions can be a tough part of your day. Explore the impact your daily schedule can have on children’s behavior.	Learning, Environment, Planning and Curriculum
Wednesday, May 14	6 – 7 p.m.	<u>Mindful Connections: Intentional Interaction Strategies for Early Childhood</u> Learn about the importance of intentional interactions in the early childhood setting.	Learning, Environment, Planning and Curriculum
Wednesday, June 4	6:30 – 7:30 p.m.	<u>Being a Mandated Reporter</u> Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	Health, Safety & Nutrition
Monday, June 16	6:30 – 7:30 p.m.	<u>Transitions Strategies</u> Learn how to provide effective transition techniques for children with spirited temperaments.	Child Guidance & Emotional Well-Being

Infant/Toddler

Classes with an emphasis on caring for children six weeks to three years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Thursday, April 17	6:30 – 7:30 p.m.	<u>Learning Spaces for Infants and Toddlers</u> Learn to arrange your space to provide developmentally appropriate activities for infants and toddlers.	Learning, Environment, Planning and Curriculum
Thursday, April 17	7:30 – 8:30 p.m.	<u>Connection Seeking Behaviors</u> We often hear the term attention seeking in reference to children’s behavior. This class will focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies to respond.	Child Guidance & Emotional Well-Being
Wednesday, June 4	7:30 – 8:30 p.m.	<u>Safe Infant Sleep Environments</u> Learn to identify common hazards of infant sleep environments and safe sleep practices for injury prevention.	Health, Safety & Nutrition
Monday, June 23	6 – 7 p.m.	<u>Peaceful Play & Naptime Transitions</u> Discover effective ways to calm a child’s mind and body while preparing them for rest time. Ideas on scheduling, activities, and techniques to help rest time be as restful as possible.	Learning, Environment, Planning and Curriculum
Monday, June 23	7 – 8 p.m.	<u>Nurturing Environments</u> Providing a nurturing environment that helps children develop trust through acceptance and love.	Learning, Environment, Planning and Curriculum

Preschool

Classes with an emphasis on caring for children three to five years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, May 14	7 – 8 p.m.	<u>Bullying in Early Childhood</u> Learn why the seeds to prevent bullying should be planted in the first five years of life. Discuss strategies to promote positive social behaviors.	Child Guidance & Emotional Well-Being

Out of School Time

Classes specific to care provided in out of school time settings

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Monday, June 16	7:30 – 8:30 p.m.	<u>Beyond Counting Heads</u> What do you do if you're over ratio? How do you make sure everyone is accounted for after a transition? Learn why ratios are important and strategies for transitions.	Program Administration

Management

Classes with an emphasis on managing child care programs

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Thursday, May 1	Noon – 1:30 p.m.	<u>Budgets, Projections & Planning</u> A training developed by the National Center on Early Childhood Quality Assurance that provides content to strengthen providers' foundational knowledge of sound fiscal management and business operations.	Program Administration
Thursday, May 8	Noon – 1:30 p.m.	<u>Fiscal Management</u> A training developed by the National Center on Early Childhood Quality Assurance that provides content to strengthen providers' foundational knowledge of sound fiscal management and business operations.	Program Administration
Thursday, May 15	Noon – 1:30 p.m.	<u>Marketing for Child Care Centers</u> A training developed by the National Center on Early Childhood Quality Assurance that provides content to strengthen providers' foundational knowledge of sound fiscal management and business operations.	Program Administration
Thursday, May 22	Noon – 1:30 p.m.	<u>Staff Recruitment and Retention</u> A training developed by the National Center on Early Childhood Quality Assurance that provides content to strengthen providers' foundational knowledge of sound fiscal management and business operations.	Program Administration

fitCare

Classes to help caregivers provide a healthy lifestyle program for children in their care

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, May 7	6:30 – 8:30 p.m.	<u>Sweet Dreams!</u> Exploring strategies for sleep and relaxation.	Health, Safety, & Nutrition
Wednesday, May 14	6:30 – 8:30 p.m.	<u>Mindful Moments!</u> Supporting children's social and emotional development.	Child Guidance & Emotional Well-Being
Wednesday, May 21	6:30 – 8:30 p.m.	<u>Ready, Set, Move!</u> Promoting physical activity and development.	Child Growth & Development
Wednesday, May 28	6:30 – 8:30 p.m.	<u>We are What We Eat!</u> Creating healthy nutrition environments.	Health, Safety, & Nutrition



Online Class Policy

Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete all polls at the end of the class.



Sanford Children's CHILD Services
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RETURN SERVICE REQUESTED

2025 TRAINING SCHEDULE
APRIL/MAY/JUNE