

SANFORD CHILDREN'S CHILD Services

■ JULY - SEPTEMBER 2024

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ENVIRONMENTS IN CHILDCARE



The physical environment in your program plays a huge role in the quality of your childcare setting. The physical environment should include appropriate indoor and outdoor space to enhance learning activities for children. The environment consists of the physical layout of the room, materials that children have access to and the overall sense of belonging.

You and the children in your program should find your environment welcoming and comfortable. Consider these points when setting up your classroom's play space:

- **Provide Predictability.** Children like to be in control of their own environment. Create a physical space in which children know what to expect. Minimize changes to the children's physical space. Change up the activities and toys offered before children lose interest in it but maintain the room layout.
- **Offer Organization.** Divide your space into different interest areas. Create a zone for messy activities, loud activities, quiet activities, and active play. Separate areas that are opposite of each other such as loud and quiet play.
- **Establish Paths.** Entries and exits should be clearly defined. An open room without clear pathways doesn't provide children with a sense of direction and security and it can encourage children to run in the classroom. If you find yourself saying, "use your walking feet" on a regular basis, you may want to consider changing your pathways.

- **Create Boundaries.** Create well-defined activity areas. This type of environment allows children to explore on their own and engage with different activities.
- **Ensure Safety.** Providing a safe environment encourages children to explore and learn about the world around them. Children should be able to move about freely and explore.
- **Provide Comfort and Convenience.** This allows you and the children to function without stress. A calm, carefree environment lets children play and learn all at the same time. Children learn to trust their environment and are able to learn easier.
- **Have Child Sized Space.** Children should be able to reach, sit, play and work without always asking an adult for help. You should encourage children to become independent explorers. When children can access the materials, they want to play with, it helps to develop their ability to be independent.
- **Allow Free Choice.** Opportunities for children to discover what they find interesting or challenging supports all areas of development. Children develop physically, emotionally, and socially when they are able to choose where and how they play.

A well designed and developmentally appropriate environment sets the stage for learning and positive social interactions. When children can choose where they want to play, what they want to play with and have the ability to separate themselves into different areas, they are less likely to display challenging behaviors.

Meet the Staff

MANAGER

Kristi Kranz

ADMINISTRATIVE ASSISTANTS

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Shawn Freudenthal

COORDINATORS

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Nikki McLaughlin
Nancy Raether
Sharon Schmidt

TRAINING STAFF

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Abby Christiansen
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Jessi Skoglund
Tom Timmerman
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SANFORD CHILDREN'S CHILD SERVICES

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Sioux Falls, SD 57108
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Aberdeen, SD 57401
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EMAIL

- childsrv@sanfordhealth.org
- childservices.aberdeen@sanfordhealth.org

WEBSITE

- www.sanfordhealth.org/CHILDservices
- www.sdece.org

Research Shows.....



Changes in classroom environmental arrangement, such as rearranging furniture, implementing activity schedules, and altering ways of providing instructions around routines, have been found to increase the probability of appropriate behaviors and decrease the probability of challenging behaviors.



FACE TO FACE Learning Opportunities

General Classes

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	LOCATION
Wednesday, July 17	6 – 7 p.m.	<u>Incorporating Social and Emotional Learning in the Classroom</u> Gain an understanding on how to integrate social and emotional learning into your everyday routines.	Sioux Falls
Saturday, July 20	9 a.m. - Noon	<u>Trust-Based Relational Intervention</u> TBRI (Trust-Based Relational Intervention) is a trauma-informed, whole-child approach to caring for vulnerable children. This presentation will give an overview of why children from hard places need a different approach, and how to begin to meet these needs. TBRI is a beautiful way to care for ALL humans!	Sioux Falls
Wednesday, July 24	7:30 – 8:30 p.m.	<u>Make & Take – Visual Schedules</u> Learn about the importance of using a visual schedule in your daily routine and make your own to take back to your program.	Sioux Falls
Wednesday, July 31	6:30 – 7:30 p.m.	<u>Enhancing Your Environment</u> This class will help explain the importance of setting up your environment into different interest areas, such as dramatic play and block center, to help enhance social emotional and cognitive development in your childcare setting.	Sioux Falls
Monday, August 5	6 – 7 p.m.	<u>Incorporating Social and Emotional Learning in the Classroom</u> Gain an understanding on how to integrate social and emotional learning into your everyday routines.	Aberdeen
Thursday, September 12	6 – 8 p.m.	<u>Developmentally Appropriate Practice</u> Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	Sioux Falls
Tuesday, September 24	6 – 7 p.m.	<u>Make & Take – Visual Schedules</u> Learn about the importance of using a visual schedule in your daily routine and make your own to take back to your program.	Aberdeen
Thursday, September 26	6 – 7 p.m.	<u>The Third Teacher</u> The environment is so important in child care, it's often called the third teacher. Explore how to make your environment the best it can be for the children in your care.	Sioux Falls
Thursday, September 26	7 – 8 p.m.	<u>Planning Ahead for Good Guidance</u> Learn guidance-oriented, problem-solving approaches to decrease conflicts and help children experience success.	Sioux Falls

Interested in CDA?

Sign up for the information night. CDA registration forms will be completed during this meeting.

When: Wednesday, August 21 from 6:30 – 7:30 p.m.

Where: CHILD Services
5015 S Western Ave Suite 120
Sioux Falls, SD 57108

Call now to sign up!

Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE	TIME	TITLE & DESCRIPTION	LOCATION
Monday, July 22	7:30 – 8:30 p.m.	<u>Make & Take – Sensory Bins for Toddlers</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Sioux Falls
Wednesday, July 24	6:30 – 7:30 p.m.	<u>Make & Take – Sensory Bins for Infants</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Sioux Falls
Saturday, July 27	9 – 10 a.m.	<u>Make & Take – Sensory Bins for Toddlers</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Aberdeen
Wednesday, July 31	7:30 – 8:30 p.m.	<u>Child Care Essentials: Reducing the Risk of SIDS</u> Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Sioux Falls
Monday, September 16	7:30 – 8:30 p.m.	<u>Make & Take – Sensory Bins for Toddlers</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Aberdeen
Saturday, September 21	10 – 11 a.m.	<u>Make & Take – Sensory Bins for Infants</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Aberdeen
Monday, September 23	7:30 – 8:30 p.m.	<u>Learning Spaces for Infants and Toddlers</u> Learn to arrange your space to provide developmentally appropriate activities for infants and toddlers.	Sioux Falls
Tuesday, September 24	7 – 8 p.m.	<u>Nurturing Environments</u> Providing a nurturing environment that helps children develop trust through acceptance and love.	Aberdeen
Saturday, September 28	10 – 11 a.m.	<u>Make & Take – Sensory Bins for Infants</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Sioux Falls

Preschool Classes

Classes with an emphasis on caring for three to five year old children

DATE	TIME	TITLE & DESCRIPTION	LOCATION
Wednesday, July 17	7 – 8 p.m.	<u>Make & Take – Sensory Bin for Preschoolers</u> Learn about the importance of sensory input and how sensory bins support children's development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Sioux Falls
Monday, July 22	6:30 – 7:30 p.m.	<u>Make & Take – Cozy Corner</u> Childcare instructors will learn about the purpose of a cozy corner, items to put in a cozy corner, and then make and take a cozy corner box to bring back to use with the children in their care.	Sioux Falls
Saturday, July 27	10 – 11 a.m.	<u>Make & Take – Cozy Corner</u> Childcare instructors will learn about the purpose of a cozy corner, items to put in a cozy corner, and then make and take a cozy corner box to bring back to use with the children in their care.	Aberdeen

Monday, August 5	7 – 8 p.m.	Make & Take – Sensory Bin for Preschoolers Learn about the importance of sensory input and how sensory bins support children’s development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Aberdeen
Monday, September 16	6:30 – 7:30 p.m.	Make & Take – Cozy Corner Childcare instructors will learn about the purpose of a cozy corner, items to put in a cozy corner, and then make and take a cozy corner box to bring back to use with the children in their care.	Aberdeen
Saturday, September 21	9 – 10 a.m.	Make & Take – Sensory Bin for Preschoolers Learn about the importance of sensory input and how sensory bins support children’s development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Aberdeen
Monday, September 23	6:30 – 7:30 p.m.	Make & Take – Sensory Bin for Preschoolers Learn about the importance of sensory input and how sensory bins support children’s development through the exploration of their senses and use of fine motor skills. Create your own sensory bin to take back to your classroom.	Sioux Falls
Saturday, September 28	9 – 10 a.m.	Make & Take – Cozy Corner Childcare instructors will learn about the purpose of a cozy corner, items to put in a cozy corner, and then make and take a cozy corner box to bring back to use with the children in their care.	Sioux Falls

fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in their care

DATE	TIME	TITLE & DESCRIPTION	LOCATION
Tuesday, July 2	6:30 – 8:30 p.m.	Sweet Dreams! Exploring strategies for sleep and relaxation.	Aberdeen
Tuesday, July 9	6:30 – 8:30 p.m.	Mindful Moments! Supporting children's social and emotional development.	Aberdeen
Tuesday, July 16	6:30 – 8:30 p.m.	Ready, Set, Move! Promoting physical activity and development.	Aberdeen
Tuesday, July 23	6:30 – 8:30 p.m.	We are What We Eat! Creating healthy nutrition environments.	Aberdeen

Saturday Spectacular Classes

One-day event with classes for childcare providers on various ages and settings

DATE	TIME	TITLE & DESCRIPTION	LOCATION
Saturday, July 20	9 a.m. - Noon	Trust-Based Relational Intervention TBRI (Trust-Based Relational Intervention) is a trauma-informed, whole-child approach to caring for vulnerable children. This presentation will give an overview of why children from hard places need a different approach, and how to begin to meet these needs. TBRI is a beautiful way to care for ALL humans!	Sioux Falls
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Saturday, September 28	9 – 10 a.m.	Make & Take – Cozy Corner Childcare instructors will learn about the purpose of a cozy corner, items to put in a cozy corner, and then make and take a cozy corner box to bring back to use with the children in their care.	Sioux Falls

NEWS FROM DEPARTMENT OF HEALTH

Are you a family child care provider in Sioux Falls?

Believe it or not, the end of the year is just around the corner. Please remember to get your 6 hours of continuing education before the end of the year.

Certified First Aid Classes

The American Heart Association’s Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.



DATE	TIME	LOCATION
Saturday, July 6	1 – 3:30 p.m.	Sioux Falls
Monday, July 8	6:30 – 9 p.m.	Sioux Falls
Saturday, August 3	1 – 3:30 p.m.	Aberdeen

Adult/Child & Infant CPR/AED Classes

This American Heart Association’s course offers instructor-led course and teaches adult, child and infant CPR/AED and choking.

DATE	TIME	LOCATION	DATE	TIME	LOCATION
Saturday, July 6	8:30 a.m. – Noon	Sioux Falls	Saturday, August 3	8:30 a.m. – Noon	Aberdeen
Saturday, August 3	8:30 a.m. – Noon	Sioux Falls	Saturday, September 14	8:30 a.m. – Noon	Vermillion
Wednesday, August 14	6:30 – 10 p.m.	Sioux Falls			
Saturday, August 17	8:30 a.m. – Noon	Sioux Falls			
Monday, September 9	6:30 – 10 p.m.	Sioux Falls			
Monday, September 16	6:30 – 10 p.m.	Sioux Falls			
Saturday, September 21	8:30 a.m. – Noon	Sioux Falls			



ONLINE ADULT/CHILD & INFANT CPR/AED TRAINING OPTION

Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen or Sioux Falls.

Below is the process to conduct the education portion online and face to face skill testing:

- Complete the online course. Contact our office to receive online course link information.
- After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion.
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.

Online Learning Opportunities

General Classes

Classes for caregivers of all ages of children

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Saturday, July 20	9 a.m. - Noon	<u>Trust-Based Relational Intervention</u> TBRI (Trust-Based Relational Intervention) is a trauma-informed, whole-child approach to caring for vulnerable children. This presentation will give an overview of why children from hard places need a different approach, and how to begin to meet these needs. TBRI is a beautiful way to care for ALL humans!
Monday, August 12	7:30 – 8:30 p.m.	<u>Parent Communication Styles</u> Parents have a variety of personalities and communication styles. Learn different parent styles and tips to effectively communicate with parents.
Thursday, August 29	6:30 – 7:30 p.m.	<u>Cognitive Development - Math</u> Learn the many activities that help preschoolers develop math skills and what items you need in your program to give children a strong support.
Tuesday, September 17	6 – 7 p.m.	<u>Cognitive Development – Science</u> Learn the many activities that help preschoolers develop science skills and what items you need in your program to give children a strong support.

Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE	TIME	TITLE & DESCRIPTION
Thursday, August 29	7:30 – 8:30 p.m.	<u>Going Beyond Praise</u> Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children's positive behavior and interactions.
Tuesday, September 17	7 – 8 p.m.	<u>Peaceful Play & Naptime Transitions</u> Discover effective ways to calm a child's mind and body while preparing them for rest time. This class will provide ideas on scheduling, activities, and techniques to help rest time be as restful as possible for both the children and providers alike.

Out of School Time Classes

Classes specific to care provided in out of school time settings

DATE	TIME	TITLE & DESCRIPTION
Monday, August 12	6:30 – 7:30 p.m.	<u>Ditch the Drama</u> Explore problem solving techniques to prevent gossip, power struggles, and conflict between fellow staff and supervisors.

fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in their care

DATE	TIME	TITLE & DESCRIPTION
Tuesday, August 6	6:30 – 8:30 p.m.	<u>Sweet Dreams</u> Exploring strategies for sleep and relaxation.
Tuesday, August 13	6:30 – 8:30 p.m.	<u>Mindful Moments</u> Supporting children's social and emotional development.
Tuesday, August 20	6:30 – 8:30 p.m.	<u>Ready, Set, Move!</u> Promoting physical activity and development.

Sanford Children's CHILD Services

Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?

These services are available to you! Call your local ECE office for more information

Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

fitCare

fitCare classes and technical assistance is offered to child care providers to teach young children healthy lifestyle habits.

Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.
(Region 1 & 5 only)

Physical Activity Technical Assistance

Staff assist provider in creating an environment where physical activity is incorporated into the program culture.
(Region 1, 4 & 5 only)

REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110
Rapid City, SD 57702
(605) 342-6464

REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave
Pierre, SD 57501
(605) 773-4755

REGION 3: SANFORD CHILDREN'S CHILD SERVICES

2905 3rd Ave SE
Aberdeen, SD 57401
(605) 226-5675

REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218
Brookings, SD 57007
(605) 688-5730

REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120
Sioux Falls, SD 57108
(605) 312-8390





**Sanford
Children's CHILD Services**
5015 S Western Ave, Suite 120
Sioux Falls, SD 57108

RETURN SERVICE REQUESTED

2024 TRAINING SCHEDULE
JULY/AUGUST/SEPTEMBER