

# Sanford USD Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2023 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in health care services and we want to thank you for choosing Sanford USD Medical Center.

DIAGNOSIS	NUMBER OF PATIENTS	SANFORD AVERAGE LENGTH OF STAY	NATION AVERAGE LENGTH OF STAY	AVERAGE AGE	OVERALL SATISFACTION WITH REHAB STAY*	SANFORD DISCHARGE TO COMMUNITY	NATION DISCHARGE TO COMMUNITY
Stroke	130	17.2	12.8	67.5	95%	72.8%	77.1%
Brain Injury	68	12.5	13	55.8	100%	75.0%	79.1%
Multiple Trauma	50	14.9	14.1	44.9	100%	91.9%	84.9%
Spinal Cord Injury	31	23.1	18.6	53.5	100%	81.3%	78.5%
Debilitation	29	15.3	11.4	62.6	100%	79.3%	80.8%
Orthopedic	10	11.6	11.4	59.9	100%	96.7%	85.8%
Neurologic Conditions	9	11.6	12.4	59.1	100%	88.9%	81.0%
Amputation	10	16	12.9	59.4	100%	70%	79.7%

**65% Males 35% Females**

\* Good or very good responses

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 360 were admitted to the inpatient rehab unit with 3 under the age of 18. Ventilator-dependent patients will be referred to an alternative facility for ventilator management.

## DISCHARGE DESTINATION

	SANFORD	NATION
Transfer back to acute care	8.8%	7.3%
Discharge to long-term care	11.3%	7.2%
Expired	1 (stroke)	999

## PATIENTS ACHIEVING FUNCTIONAL DISCHARGE GOAL

	SANFORD	NATION
<b>Sanford patients were at or above an expected ability to care for themselves at discharge.</b>		
All patients	63%	69%
Stroke	61%	64%
<b>Sanford patients were at or above an expected ability to move around at discharge.</b>		
All patients	61%	66%
Stroke	59%	63%

## PATIENT STATISTICS:

	SANFORD	NATION
Average age	60.5	66.2
Medicare as primary insurance	44.7%	62.7%
Discharged to home	78.8%	85.3%
Discharged back to hospital	8.8%	7.3%
Discharged to long-term care	11.3%	7.1%

## PATIENT SATISFACTION:

**Overall rating of the care received:**  
98% rated very good or good.

Data from UDSMR CY 2023



# Sanford USD Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2023 Stroke Patient Outcomes

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## FOR YOUR INFORMATION

**Average number of days patients stayed on the inpatient rehabilitation unit:**

	SANFORD	NATION
Stroke	17.2	12.8

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 130 stroke patients were admitted to the inpatient rehab unit. Ventilator-dependent patients will be referred to an alternative facility for ventilator management.

## PATIENT STATISTICS:

	SANFORD	NATION
Average age	67.4	68.6
Medicare as primary insurance	58.7%	66.1%
Discharged to home	73.3%	84%
Discharged back to hospital	6.8%	6.8%
Discharged to long-term care	19.9%	9%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

## PATIENT SATISFACTION: (90 DAYS AFTER DISCHARGE)

**How prepared did you feel for discharge?**

94% rated very good or good.

**How satisfied were you with your overall rehabilitation stay?**

95% rated very good or good.

Visit [sanfordhealth.org](https://sanfordhealth.org)

keyword “rehabilitation” for more information.

*Data from UDSMR CY 2023*

## EDUCATION EFFORTS INCLUDE:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/care provider care for you.