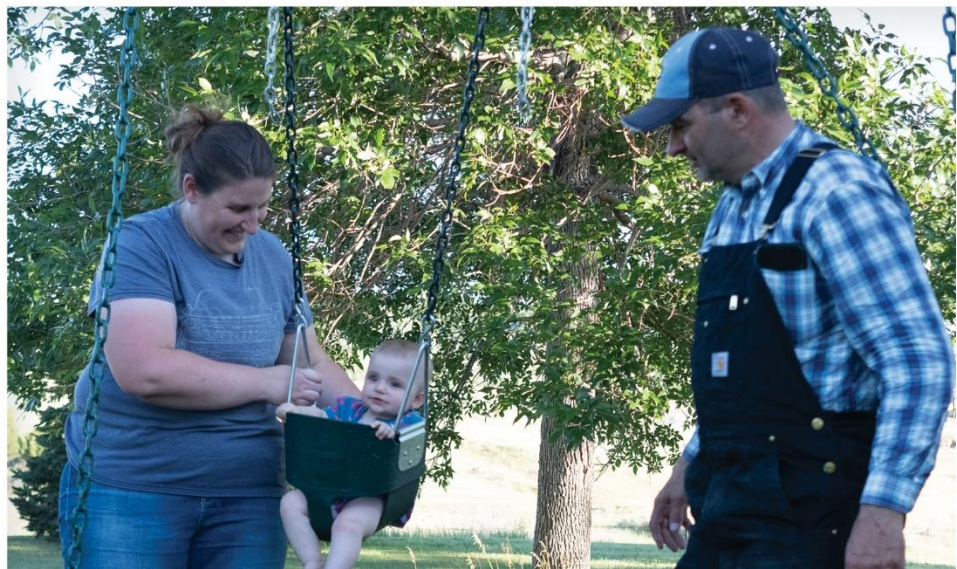




Community Health Needs Assessment

SANFORD USD MEDICAL CENTER
2025-2027



Dear Community Members,

It is once again my privilege to share with you the Community Health Needs Assessment report for Sanford USD Medical Center. Our hospital completes a community health needs assessment every three years to identify opportunities to improve the health and wellness of our community.

The report and implementation plan that follows will guide our work over the next three years and builds upon previous progress made in our community.

The Community Health Needs Assessment is a rigorous process in which we sought input from community members, leaders, and organizations including public health. Additionally, Sanford Health partnered with the North Dakota State University Center for Social Research to incorporate additional data analysis and provide an independent assessment. Together, these elements paint a picture of the current needs facing the community, opportunities for partnership with area businesses and organizations, and resources available to address identified needs. We also want to thank Avera Health, Sioux Falls VA Hospital, and the City of Sioux Falls Public Health Department for their continued partnership in the local CHNA process.

On behalf of the Sanford USD Medical Center team, thank you for your continued support of the Community Health Needs Assessment process.

Sincerely,

Paul Hanson
President and Chief Executive Officer
Sanford USD Medical Center

BACKGROUND

Community Description

The Sanford USD Medical Center is located in Sioux Falls, South Dakota, the most populous city in the state. 272,379 people live in the Sioux Falls metro area, as of 2020, and it accounts for more than a quarter of the total state population.

Sioux Falls was chartered in 1856 on the banks of the Big Sioux River and serves as the county seat for Minnehaha County. Experiencing a 54% population growth over the last 20 years the once quiet prairie town has transformed into a cultural and economic hub for the region.

Sioux Falls has been ranked by Best Life Magazine as the healthiest city in the United States, and one of the healthiest cities by many other organizations. Other notable Sioux Falls rankings include; number 1 on SmartAsset's best city for young professionals, number 2 on tax foundation's best tax climate, number 6 on SmartAsset's best places to raise kids, and number 7 on LivAbility's best places to live.

Sanford Health is the largest employer in Sioux Falls. Sioux Falls is ranked number one on Forbes' list of Best Small Places for Business and Careers, and provides a home base for financial services, renewable energy industry, health care and expertise in manufacturing, research and back-office operations. Key industries include medical device manufacturing, biomedical research, data centers and customer care services.

The community as defined for purposes of the Community Health Needs Assessment includes Lincoln, Minnehaha, McCook, and Turner Counties and represents a majority of the volumes to the Sanford USD Medical Center. No populations were intentionally excluded during the process of defining the community or within the CHNA process. Demographic detail for the counties is included in the appendix.

Partners

The Community Health Needs Assessment builds on the work of previous cycles and is the result of the coordinated efforts of many internal and external partners. Sanford Health would like to thank the following and their teams for their assistance. This program would not be possible without their expertise.

Sanford Health

- Erika Batcheller, Executive Vice President, Chief External Affairs Officer
- Nick Olson, Executive Vice President, Chief Financial Officer
- Corey Brown, Senior Vice President, Government Affairs
- Amber Langner, Senior Vice President, Treasury
- Blayne Hagen, Vice President, General Counsel, Sioux Falls
- Lindsay Daniels, Vice President, Care Management
- Doug Nowak, Vice President, Data Analytics
- Natasha Smith, Head of Diversity, Equity and Inclusion
- Catherine Bernard, Director, Tax
- Karla Cazer, Clinical Nurse Specialist, Faith Community Nursing Center
- Deana Caron, Senior Tax Accountant
- Kurt Brost, Senior Director, Community Relations
- David Hill, Director, Chief Privacy Officer
- Jessica Sexe, Senior Director, Communications
- Phil Clark, Director, Marketing Insights

- Shawn Tronier, Lead Marketing Analyst
- Chase Gerar, Strategic Planning Advisor, Fargo
- Brian Ritter, Head of Market Affairs, Bismarck
- Kayla Winkler, Lead Community Relations Specialist, Bemidji

System Partners

- Sister Nancy Miller, Director Mission Integration, CHI St. Alexius Health
- Julie Ward, VP of Diversity, Equity & Inclusion, Avera McKennan Hospital & University Health Center
- Angela Schoeffelman, Community Program Manager, Avera Community Health Resource Center
- Alli Fast, Community Health Program Manager, Essentia Health
- Nancy Hodur, Director, North Dakota State University Center for Social Research
- Karen Olson, Research Specialist, North Dakota State University Center for Social Research
- Kathy McKay, Public Health Administrator, Clay County Public Health
- Desi Fleming, Director of Public Health, Fargo Cass Public Health
- Justin Bohrer, Public Health Analyst & Operational Planning Lead, Fargo Cass Public Health
- Julie Sorby Engen, Director of Community Development, Family HealthCare
- Shelby Kommes, Public Health Coordinator, Sioux Falls Health Department
- Renae Moch, Public Health Director, Bismarck-Burleigh Public Health and Immediate Past President, North Dakota Public Health Association
- Erin Ourada, Administrator, Western Plains Public Health
- Joe Kippley, Public Health Director, Sioux Falls

Sioux Falls Partners

We express our gratitude to the following community collaborative members for their participation in the community focus group listening sessions and key stakeholder interviews:

- Michelle Jarding: Dental Manager, Falls Community Health
- Marcell Prokop: Director of Access & Workforce Opportunities, Southeast Technical College
- Molly Keegan: Program Director, Active Generations
- Heidi Larson: Community Rec. Liaison, St. Francis House
- Steve Zahn: Community Resource Liaison, St. Francis House
- McKenzie Huska: Director of Marissa's House and Outreach Services, Call to Freedom
- Jenny McDonald: Manager, Population Health, Sanford Health Plan
- Brian Mulder: Managing Director, VOA – Dakotas
- Suzanne Keizer: Clinical Director of Counseling & Children's, Southeastern Behavioral Health
- Doreen Miller: Director of Care Management, Sanford Health
- Stacy Reitmeier: Director of Case Management/Social Work, Avera McKennan Hospital & University Health Center
- Lieutenant Andrew Siebenborn: Sioux Falls Police Department
- Kevin Miles: Executive Director, RMHC South Dakota
- Stacy Jones: CEO, Boys & Girls Clubs
- Matthew Tschetter: Executive Director, Caminando Juntos
- Madeline Shields: Executive Director, Bishop Dudley House
- Nicole Koskovich: Director of Therapy, Lifescape
- Mike Lynch: Program Director, Forward Sioux Falls
- Kari Benz: Director of Human Services, Minnehaha & Lincoln Counties

- Mitch Rave: Public Policy, Greater Sioux Falls Chamber of Commerce
- Jon Sommervold: Executive Director, Tallgrass Recovery
- Jill Ireland: Associate Director State Partnerships, American Cancer Society
- Thomas Elness: Director of Public Policy, Alzheimer's Association
- Mary Michaels: Communications Director, AARP
- Janet Kittams: Executive Director, Helpline Center
- Erik Muckey: Executive Director, Lost & Found
- Rebecca Wimmer, Coordinator, Community Partnerships: Sioux Falls Public Schools
- Angela Schoffelman: Manager, Avera Health
- Nyareik Choul: CHW, Avera Health
- Aluda Sisto: CHW, Avera Health
- Tabitha Mathiang: CHW, Avera Health
- Halima Muhumed: CHW, Avera Health
- Adane Redda: CHW, Avera Health
- Moses Idris: CHW, Avera Health

Sanford Sioux Falls Description

Sanford USD Medical Center is a 545-bed tertiary medical center in Sioux Falls, SD, providing comprehensive, innovative multispecialty care for patients from across the Midwest. It is the largest hospital in South Dakota and a Level I adult and Level II pediatric trauma center, serviced by Sanford AirMed air ambulance, which covers a vast geographic region and offers four specialized transport teams, including adult, pediatric, neonatal and obstetric. As a provider of highly specialized services, Sanford USD offers Centers of Excellence in heart and vascular, children's services, cancer, neuroscience, orthopedics and sports medicine, and women's health. It also serves as the primary teaching hospital for the Sanford USD School of Medicine, located at the University of South Dakota in Vermillion. Sanford employs more than 12,000 people in the Sioux Falls area, including 526 board-certified physicians and 552 advanced practice providers (APPs) in more than 80 medical specialties. Sanford USD Medical Center is accredited by The Joint Commission and is a designated Magnet hospital by the American Nurses' Credentialing Center.

Through its mission, dedicated to sharing God's love through the work of health, healing and comfort, and its vision of improving the human condition at every stage of life through exceptional care, spiritual enrichment, innovation and discovery, Sanford is making medical care accessible to the entire region.

- **Sanford Children's Castle of Care** serves pediatric patients in a five-state area and through Sanford World Clinics, which comprise 133 health facilities in 10 countries. State-of-the-art neonatal intensive care and pediatric intensive care units offer 24/7 care by local specialists. This includes 135 pediatric specialists in over 30 unique medical areas of expertise. The model of CARE focuses on excellence in clinical services, advocacy, research, and education.
- **Sanford Heart Hospital** is a state-of-the-art hospital offering highly advanced, integrated, and personalized heart care from more than 750 experienced heart specialists and staff. All services for heart patients — emergency care, outpatient testing, surgery, rehab, catheterization, consultation with specialists — are consolidated into one building attached to the medical center, allowing for easy access. Within Sanford Heart Hospital, patients receive personalized, innovative health care where comfort, well-being, compassion, communication, and empowered choices allow them to experience their healing journey in a positive, life-changing way.
- **Sanford Orthopedic and Sports Medicine** has depth of services and specialties to treat sprains, strains, tears, breaks, joint pain, and concussions. We offer more than 45 expert providers with extensive experience in diagnosis, surgery, and nonsurgical treatments.

Sanford is a regional leader in sports medicine and works with over 125 club, high school, collegiate, and semiprofessional teams.

- **Sanford's Cancer Center and Edith Sanford Breast Center** combine to form a unique beacon of expert cancer and breast care throughout the region. Through the generosity of Denny Sanford, we have designed a space that supports advanced cancer care and breast care delivery models of the future, encompassing the whole person built on a foundation of distinguished research and supporting team-based care. Sanford runs the WISDOM Study to create the most effective screening protocols for all women at every stage of life and participates in nationwide studies through the National Cancer Institute (NCI). One of the main objectives of the NCI Community Cancer Centers Program is to reduce cancer care disparities among underserved populations through education, prevention, screening, treatment, and patient-family support programs.
- **Sanford Women's** offers state-of-the-art obstetric and gynecological care for women of all ages in several locations throughout a four-state area. Care is provided by specialists in OB/GYN, maternal-fetal medicine, urogynecology, fertility and reproductive medicine, low intervention birth, and more. Sanford Women's Plaza is a unique destination that provides women with a variety of health options, all in one location.

CHNA Purpose

The purpose of a community health needs assessment is to develop a global view of a population's health and the prevalence of disease and health issues. Findings from the assessment serve as a catalyst to align expertise and develop a Community Investment/Community Benefit plan of action. There is great intrinsic value in a community health needs assessment when it serves to validate not-for-profit status and create opportunity to identify and address public health issues from a broad perspective. The process identifies the community's strengths and areas for improvement. A community health needs assessment is critical to a vital Community Investment/Community Benefit Program that builds on community assets, promotes collaboration, improves community health, and promotes innovation and research. It also serves to support progress made toward organizational strategies.

Regulatory Requirements

Federal regulations stipulate that non-profit medical centers conduct a community health needs assessment at least once every three years and prioritize the needs for the purpose of implementation strategy development and submission in accordance with the Internal Revenue Code 501(r)(3).

The Internal Revenue Code 501(r) requires that each hospital must have: (1) conducted a community health needs assessment in the applicable taxable year; (2) adopted an implementation strategy for meeting the community health needs identified in the assessment; and (3) created transparency by making the information widely available.

The regulations stipulate that each medical center take into account input from persons who represent the broad interests of the community. Hospitals are required to seek input from at least one state, local, tribal or regional government public health department or state Office of Rural Health, with knowledge, information or expertise relevant to the health needs of the community.

Non-profit hospitals are also required to seek input from members of medically underserved, low income, and minority populations in the community, or organizations serving or representing the interest of such populations. This includes underserved populations

experiencing disparities or at risk of not receiving adequate care due to being uninsured or due to geographic, language or financial or other barriers.

The community health needs assessment includes a process to identify community resources available to address identified and prioritized needs. Hospitals are to address each assessed need or explain why they are not addressing a need. Once needs have been identified and prioritized, hospitals are required to develop an implementation strategy for each. The strategies are reported on the IRS 990 and a status report must be provided each year on IRS Form 990 Schedule H.

Finally, hospitals are required to be transparent with the findings and make the written CHNA report available to anyone who requests it. All CHNA reports and implementation strategies are housed on the Sanford website at www.sanfordhealth.org. Hospitals must keep three cycles of assessments on their website.

Sanford extended a good faith effort to engage all aforementioned community representatives in this process. We worked closely with public health experts throughout the entire assessment process. Public comments and responses to the community health needs assessment and the implementation strategies are welcome on the Sanford website or contact can be made at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. No community comments or questions regarding the previous CHNA have been made via the website link or email address.

CHNA Process

Sanford Health, in coordination with public health experts, community leaders, and other health care providers, within local communities and across Sanford's care delivery footprint, developed a multi-faceted assessment program. The process is designed to establish multiple pathways to health needs assessment. Sanford Health, CHI St. Alexius, Western Plains Public Health, and Bismarck-Burleigh Public Health coordinated the community survey and stakeholder meeting. Priority health needs for individual implementation plans were identified by each organization, based on current capacities, expertise, strategic alignment, and service areas, among other relevant factors.



Limitations

The findings in this study provide an overall snapshot of behaviors, attitudes, and perceptions of residents living in the community. A good faith effort was made to secure input from a broad base of the community. However, gaps in individual data sources may arise when comparing certain demographic characteristics (i.e., age, gender, income, minority status) with the current population estimates. For example, these gaps may occur due to the difficulty in reaching respondents through the survey process.

To mitigate limitations, the CHNA evaluates community health from several perspectives: a stakeholder and community survey, meetings with community leaders that have special knowledge and expertise regarding certain populations, secondary data sources such as the U.S. Census Bureau and County Health Rankings, public comments from previous assessments, and institutional knowledge by Sanford employees locally and across the Sanford enterprise.



CHILD GETS CRITICAL CARE NEAR HOME

Three-year-old Kiera and mom Carrie Ann stuff a lot into their regular visits to Sanford Children's Hospital.

"Today we are here for Kiera's doctor's appointment," Carrie Ann said. "We are so happy that we live here in Sioux Falls. That we are able to access this hospital."

Unfortunately, Kiera has been coming to Sanford Children's, known as the Castle of Care, since she was a baby. That's when a belly rash led to a biopsy.

"It came back as a very rare blood disease called Langerhans cell histiocytosis," Carrie Ann said.

Pediatric oncologist Kaye Wagner, M.D., says it's where your immune system basically attacks some of your normal cells. So, we have to give chemotherapy to help get that under control.

Dr. Wagner says Kiera gets a week of chemo each month for the cancer-like blood disease.

"It is unique that we're able to provide that care," Dr. Wagner said. "It requires specialty training like someone with an oncology background like we all have. So, it's great to be able to provide that for families so they don't have to leave the area."

It saves Kiera's family time and money, allowing them to focus on Kiera's health.

Read the full article from Sanford Health News: 3-year-old with rare cancer-like disease gets care near home.

2ND ANNUAL SUMMIT

The health of rural America is taking center stage thanks to the Summit on the Future of Health Care hosted by Sanford Health in Sioux Falls, South Dakota.

Industry leaders, health care advocates and national policymakers descended on the Sanford Barn for

exciting discussions surrounding workforce challenges and solutions at the second annual day-long summit.

Bill Gossens, president and CEO of Sanford Health, kicked off the event by making a pledge to people living in rural communities.

"We are going to guarantee that their ZIP codes will not limit the level of care that they receive," Gossens said. "We believe that the 20% of the United States that lives in rural America deserves the same access to world-class care."

A Time magazine report adds: 60% of health outcomes are determined by a person's ZIP code.

Shortages of health care providers in rural areas can worsen rural health disparities, according to the National Rural Health Association.

"The key risk to us achieving those aspirational targets for this next year really will rise and fall on our workforce," Gossens said regarding physicians, nursing staff and more. "Those incredible caregivers and those who support our caregivers. We need to make sure we not only retain them but we think about how do we continue that pipeline into the future."

Read the full article from Sanford Health News: Health care workers in rural America.

SHORTENING DISTANCE TO CARE

Residents of rural North Dakota welcome Sanford Virtual Care's first, satellite clinic.



Community Health Needs Assessment

4 Score to take the survey

The survey data collected will merge in with vital information that can be used to inform and influence system and regional strategy to better serve our communities.

Following the completion of the 2022-2024 report, Sanford Health determined that the survey collection process was an area for improvement. As noted, a multi-step process minimizes limitations that may exist among individual components. Efforts to improve representation across demographics is a focus for current and future cycles.

Sanford invested in a communications strategy that included an earned media campaign on local media outlets and the public-facing Sanford Health News (<https://news.sanfordhealth.org/>). The system also promoted the survey internally through the organization's intranet, all-staff emails, and newsletters.

Internal efforts were supported with a robust external promotional campaign that included, a digital media program yielding 3.6 million impressions and a print ad campaign encouraging Native American communities to participate

through placements in DeBahJiMon Magazine, Anishinaabeg Magazine and MHA Times (Mandan, Hidatsa, Arikara). Further support was given to collecting surveys at various community events. The goal of these efforts was to increase participation by those underrepresented the previous cycle, including lower income, minority, and medically underserved populations.

Overall, survey respondents this year were better aligned to community demographics. The investment made by the system and partners to improve representation provides a base of learnings for future CHNA cycles.

Community and Stakeholder Survey

Community residents were asked a series of questions through an online survey designed in partnership with health experts and public health officials across the Sanford footprint to understand health needs. Survey design is based on the UW Population Health Institute model. Each respondent was asked to rate community drivers from poor to excellent. Any response other than excellent was offered a follow-up opportunity to comment on the reason for their ranking. Respondents were also asked a series of questions specific to their health care access, health care quality, barriers to care, travel to care, and insurance. The survey was sent to a sample of the Burleigh and Morton Counties in North Dakota, populations secured through Qualtrics, a qualified vendor. The full set of questions is available in the appendix.

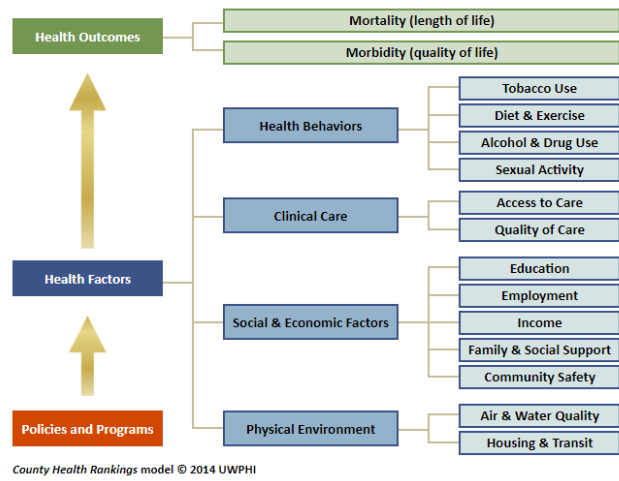
The survey was the first of multiple efforts to engage community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations. Stakeholders were sent the survey and asked to complete the instrument and then forward the survey to their respective populations for greater involvement. Additional investments to increase involvement in the survey are noted in the "Limitations" section of the report.

Survey data for the local community should be considered directional and best utilized in conjunction with additional data. A total of 1,118 respondents from the CHNA area completed

the survey. Promotional investments yielded a total of 9,714 completed surveys from across the Sanford footprint, an increase from 6,748 the previous cycle. The responses generated 48,643 open-ended responses and 1.76 million pieces of data (cells).

Secondary Data

County Health Rankings are based upon the UW Population Health model and serve as the main secondary data source utilized for the community health needs assessment. Alignment of the survey and secondary data within the UW Population Health model allows for greater connection of the data sets. Population data are sourced to the U.S. Census Bureau. Additional data sources may be used and are sourced within the document.



Health Needs Identification Methodology

The Center for Social Research at North Dakota State University was retained to develop the initial community health needs list for each community, building upon their involvement during the previous cycle. The following methodology was used to develop the significant health needs presented later in the report:

- Survey data was stratified into representative groups based upon population: large urban communities, medium sized communities, and rural communities. The three groups were analyzed separately. Bismark is included with Sioux Falls SD and Fargo ND.
- To identify community health care needs, each community's score by question was compared to the average stratified composite of the comparative group. For example, if the composite stratified system-wide average score is 4 and an individual community's average response was 2.5, which would suggest an issue of concern and a potential community health care need to be highlighted in the summary findings.
- Upon determination of a potential strength or need, County Health Rankings (<https://www.countyhealthrankings.org/>) and responses from open-ended questions provided additional insights into the drivers of the respective needs.
- A similar methodology was also used to provide additional insights into findings from County Health Rankings data with relevant health needs highlighted in the survey findings.
- Health needs identified through either the survey or County Health Rankings data but not both were also included in the findings.
- The Center for Social Research validates the findings of the primary research by engaging at least two internal reviewers. Each reviewer has their own technique and strengths to review the findings; however, they check for accuracy in the data by reviewing the code/syntax, the output, the correct representation of the data in the report, verbiage, consistency, context, and overall readability. Both reviewers also supported previous CHNA reports.

Community Asset Mapping

Asset mapping was conducted to locate community resources available to address the assessed needs. Each unmet need was researched to determine what local resources are available. Once gaps were determined, the prioritization exercise followed with key stakeholder groups determining top needs for their community.

A positive development since the previous CHNA report is the integration of findhelp.com into the Sanford Health digital ecosystem. In 2022, the organization implemented findhelp, an online tool, incorporating contact and referral information to connect community-based organizations with patients to meet health-related social care needs. The system is available to the health care team and as a public facing site for self-navigation by consumers. A link is included on every after-visit summary provided to Sanford Health patients and is available on Sanfordhealth.org and in MyChart. Patients can receive information in the format that is meaningful to them (electronic or paper) and in their preferred language. The tool is used to identify local resources as part of the community asset mapping section of this report.

Community Listening Sessions and Interviews

Community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations were further included in the process during two facilitated focus group sessions held in April 2024. Participants represented various sectors of the community including health care, community/nonprofit, government, and education. Sand Consulting, based in Omaha, Nebraska, facilitated the discussions.

The social determinants of health (SDOH) were used as the framework for the focus group questions. Knowing that only 20% of the factors that influence health are about medical care and that 80% reflect the conditions in which we are born, grow, live, work and age, this framework was meant to help participants think about health in a broader perspective. SDOH includes Economic Stability, Neighborhood & Built Environment, Social and Community Context, Health Care, and Education. Three questions were asked for each SDOH.

Follow-up interviews were conducted with four community leaders who were unable to attend the focus groups. These virtual interviews were conducted between April 11-16, 2024.

Priority Needs Identification

Upon completion of the multipronged assessment process as detailed above, three health needs were identified by consensus of CHNA assessment coalition partners. Coalition partners adopted identical priority needs but are developing individual Implementation Plans. Consensus was based upon all factors, including primary and secondary data, input from the community, and scalability of current hospital programs and resources to address the identified needs efficiently and effectively. All identified needs not addressed in the implementation plan were shared with other community partners for action. Requests for survey data and other CHNA assets by public health organizations, governmental bodies, and community partners were and continue to be supported.

Priority needs identified by the coalition partners to address in their respective Implementation Plans include:

1. Healthy Living
2. Adolescent Mental Health
3. Access to Care

COMMUNITY HEALTH NEEDS ASSESSMENT FINDINGS

Sanford Health completes a community health needs assessment (CHNA) every three years to assist in identifying unmet health needs in the community, and then strategically plan how to best address those needs. As part of this effort, from October through December 2023, residents of 21 communities served by Sanford Health were invited to complete an online community survey to help identify unmet health needs across a range of social determinants of health. Sanford Health and the NDSU Center for Social Research partnered to analyze data from the primary survey research along with key secondary data points as part of the CHNA process.

For the purposes of this assessment, the Sioux Falls market area is defined as the combination of Lincoln, McCook, Minnehaha, and Turner counties in South Dakota. The community health summary and identified health needs presented below were identified through a mix of primary and secondary research. Priority was given to the key topics rated lowest by respondents of the community survey, with further analysis provided through secondary research using the 2023 County Health Rankings (CHR) data. Areas of focus that may not have been raised by the community survey but shown to be an area of focus through secondary research, are also included. To further assist in identifying community health needs, survey and CHR data were collected for similar-sized market areas served by Sanford Health. Similar-sized market areas identified for and included in this analysis include Bismarck, ND; Fargo, ND; and Sioux Falls, SD. For each measure, averages were calculated for each of the market areas and for the group as a whole for comparison purposes. Context and research provided to explain the importance of a particular health topic were obtained from CHR unless otherwise noted. A total of 1,912 respondents from the Sioux Falls area completed the survey.

Community Health Summary

Survey respondents were asked to rate various issues impacting health in their community and issues impacting their personal health and wellness on the following 1 to 5 scale: 1= poor, 2= fair, 3= good, 4= very good, 5= excellent.

Overall, perceptions among survey respondents in the Sioux Falls area regarding the following community health issues were positive. Average scores for health care quality (average score=3.96), access to exercise opportunities (average score=3.75), environmental health (average score=3.73), employment and economic opportunities (average score=3.57), community safety (average score=3.55), access to healthy foods (average score=3.35), and quality early child care (average score=3.01) in the Sioux Falls market were all above 3.00. However, average scores for survey respondents in the Sioux Falls area were lower than the comparison group average for access to healthy foods, employment opportunities, and environmental health.

When asked about their personal health, survey respondents in the Sioux Falls area rated their current health and wellness as good (average score=3.29) and their current ability to access health care services as slightly better (average score=3.86). Both scores were highest among similar-sized markets served by Sanford Health. CHR data indicate that Lincoln County is among the healthiest counties in South Dakota and McCook, Minnehaha, and Turner counties rank in the upper-middle range of South Dakota counties in terms of overall health. However, the following areas of concern were identified for further discussion (in no particular order).

Top Health Needs

Access to Affordable Health Care

When survey respondents in the Sioux Falls area were asked about the most important health care issues impacting their community, the cost of health care was the top issue. In addition, when respondents were asked about their biggest health care concerns for themselves and their family (concerns they face on a regular basis), cost and the ability to afford needed health care was also their top concern. Fortunately, most respondents in the Sioux Falls area received a routine checkup in the past year (89%). However, for those who did not, cost and the inability to afford care were among the top reasons, behind not needing to see a doctor and the ability to get time off from work. In addition, most respondents and their families received necessary medical care in the past year. For the 16% of respondents who did not, the main reason was due to cost and the inability to pay for health care services (54%).

According to CHR, nine percent of people in the Sioux Falls area are uninsured, a rate which is higher than the average in the Bismarck and Fargo markets served by Sanford Health. Access to Affordable Health Care in Sioux Falls was discussed in focus groups and coalition meetings. The positives brought up in discussions had to do with Medicaid expansion and virtual care options and how access to affordable care continues to improve in Sioux Falls. There were also areas to improve with affordable health care and participants discussed Medicaid. The main issue was with providers, especially with dentists, not accepting those on Medicaid making access to oral health care a challenge for many. Access to affordable care was not included in the Implementation Plan as organizations are already working to improve the need.

Local Asset Mapping	
<p>Skilled Labor/Employment resources</p> <ul style="list-style-type: none"> • Aerotek, 5016 S. Bur Oak Pl #2, Sioux Falls • Bridges Employment Resource Center, 2300 W. 46th St., Sioux Falls • City of Sioux Falls Homeless Outreach, 224 W. 9th St., Sioux Falls • HireQuest Direct of Sioux Falls, 1405 W 12th St, Sioux Falls • Dress for Success (provides professional attire for job interviews & career development tools for women), 300 W 11th St, Sioux Falls • DSS Child Care Services (provides financial help for those seeking employment) - 800-227-3020 • Experience Works, 120 S Indiana Ave, Sioux Falls • Express Employment, 434 S. Kiwanis Ave Unit 2, Sioux Falls • Farmworker Jobs Program, 811 E. 10th St., Sioux Falls • Goodwill Job Center, 3401 S Duluth Ave, Sioux Falls 	<p>Skilled Labor/Employment resources (cont.)</p> <ul style="list-style-type: none"> • IMKO Workforce Solutions, 2507 S Minnesota Ave, Sioux Falls • Job Service, 811 E. 10th St. # 41, Sioux Falls • LSS Center for New Americans, 300 E. 6th St., Sioux Falls (provides employment services) • People Ready, 1109 E 14th St, Sioux Falls • SD Dept. of Labor, 811 E. 10th St. #41, Sioux Falls • Spherion, 1919 W 57th St Unit 105, Sioux Falls • Tradesmen International, 8617 S Marion Rd, Sioux Falls • Workforce Solutions, Chamber of Commerce, 101 Pierce St., Sioux Falls • Careers Unlimited Staffing LLC, 3905 S Western Ave Unit 201, Sioux Falls • LaborMax Staffing, 707 S Minnesota Ave, Sioux Falls • Short Staffed, 900 E 10th St, Sioux Falls • Plains Medical Staffing, 401 E. 8th Street Suite 213B, Sioux Falls
<p>Prescription Assistance programs</p> <ul style="list-style-type: none"> • CancerCare Co-payment Assistance Foundation 866- 552-6729 	<p>Health Insurance resources</p> <ul style="list-style-type: none"> • Sanford Health Plan, 300 N. Cherapa Place, Sioux Falls

<ul style="list-style-type: none"> · Freedrugcard.us · Rxfreecard.com · Medsavecard.com · rxgo.com · Needymeds.org · americasdrugcard.org · Southdakotarxcard.com · mygooddays.org · NORD Patient Assistance Programs – rare diseases.org/patient-assistance/ · SD Partnership for Prescription Assistance – pparx.org · Patient Access Network (PAN) Foundation – panfoundation.org · Pfizer RX Pathways – pfizerrxpathways.com · RXhope.com 	<ul style="list-style-type: none"> · SD Medical Insurance Program, 700 Governors Drive, Pierre · Wellmark Blue Cross Blue Shield, 1601 W. Madison Street, Sioux Falls · Avera Health Plan, 5300 S Broadband Ln., Sioux Falls · Dakota Care, 5300 S Broadband Ln., Sioux Falls · Medica – medica.com & 800-952-3455 (TTY:711) · Midwest Employee Benefits, 5000 S. Mac Arthur Ln Unit 103, Sioux Falls · Great Plains Medicare, 6045 S Louise Ave Ste 203, Sioux Falls <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>
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Access to Providers and Quality Health Care

While survey respondents in the Sioux Falls area rated their own ability to access health care as very good (average score=3.86), when respondents were asked about the most important health care issues impacting their community, access to health care services and providers was the second highest issue (behind cost and affordability).

Most respondents in the Sioux Falls area have a primary care provider (89%) and have been in for a checkup in the past year (89%); rates which are higher than the comparison group average. For the 22 percent of respondents who traveled for care in the past three years, travel was mainly due to needing a specialist (65%) and for better quality care (29%).

When asked which health care services they would like to see offered or improved in their community, 24 percent of respondents said walk-in/urgent care, 19 percent said dental care, and 17 percent said family medicine or primary care.

According to CHR, the Sioux Falls area has one primary care physician for every 931 people (a ratio which is better than similar-sized markets served by Sanford) and one dentist for every 1,602 people (a ratio which is worse than the similar-sized markets). Access to Providers and Quality Health Care was identified as an issue in the Sioux Falls MSA and when discussed in meetings with community leaders and members, consensus indicated there is still room for improvement. Participants in meetings brought up Community Health Workers as a positive trend with access and providing quality care to the community and those who might not have access to care regularly. Preventative care was brought up when talking about gaps in quality care, especially the importance of routine check-ups and screenings.

Local Asset Mapping	
<p>Urgent Care</p> <ul style="list-style-type: none"> · Sanford Sports Complex Acute Care and Orthopedic Fast Track Clinic, 4000 Brendan Ln, Sioux Falls · Sioux Falls Urgent Care, 7600 S Minnesota Ave, Sioux Falls · Sanford Health Downtown Clinic, 136 S Phillips Ave #102, Sioux Falls 	<p>Hospitals</p> <ul style="list-style-type: none"> · Sanford USD Medical Center and Hospital, 1305 W 18th St, Sioux Falls · Avera McKennan Hospital & University Health Center, 1325 S Cliff Ave, Sioux Falls · Avera Heart Hospital of South Dakota, 4500 W 69th St, Sioux Falls

<ul style="list-style-type: none"> · Urgent Care: Avera Family Health Center, 2100 S Marion Rd, Sioux Falls · Sanford 26th & Sycamore Acute Care and Orthopedic Fast Track Clinic, 4405 E 26th St, Sioux Falls · Sanford 69th & Minnesota Acute Care and Orthopedic Fast Track Clinic, 6110 S Minnesota Ave, Sioux Falls · Sanford 32nd & Ellis Acute Care and Orthopedic Fast Track Clinic, 2601 S Ellis Rd, Sioux Falls · My Sanford Nurse, 1305 W 18th St, Sioux Falls · Avera Urgent Care – Dawley Farm, 1600 S Highline Ave, Sioux Falls · Sanford Brandon Acute Care & Orthopedic Fast Track Clinic, 1105 E Holly Blvd, Brandon · Urgent Care: Avera 69th & Western, 1910 W 69th St, Sioux Falls · Sanford Health Occupational Medicine Clinic, 900 East 54th St N, Sioux Falls 	<ul style="list-style-type: none"> · Sanford Children’s Hospital, 1600 W 22nd St, Sioux Falls · Avera Specialty Hospital, 6100 S Louise Ave, Sioux Falls · Encompass Health Rehabilitation Hospital of Sioux Falls, 4700 W 69th St, Sioux Falls · Children’s specialty hospital at Lifescape, 2501 W 26th St, Sioux Falls · VA Medical Center-Sioux Falls, 2501 W 22nd St, Sioux Falls <p>Clinics</p> <ul style="list-style-type: none"> · Sanford Health Clinics: Multiple locations · Avera Clinics: Multiple locations · South Dakota Urban Indian Health Sioux Falls Clinic, 1200 N W Ave, Sioux Falls <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>
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Healthy Living

In the United States, many leading causes of death and disease are attributed to unhealthy behaviors. For example, poor nutrition and low levels of physical activity are associated with higher risk of cardiovascular disease, type 2 diabetes, and obesity. Tobacco use is associated with heart disease, cancer, and poor pregnancy outcomes if the mother smokes during pregnancy. Excessive alcohol use is associated with injuries, certain types of cancers, and cirrhosis.

When survey respondents in the Sioux Falls area were asked about their biggest health care concerns for themselves and their family (concerns they face on a regular basis), chronic health issues along with diet and exercise were top concerns behind affordability. The most commonly cited chronic health concerns involved weight loss, obesity, diabetes, and the heart. Diabetes is an important marker for a range of health behaviors. CHR data indicate that seven percent of adults in the Sioux Falls area has diabetes and 32% are obese, both of which are about average for similar-sized market areas served by Sanford.

Another chronic health concern raised by many survey respondents in the Sioux Falls area was the risk of viral infections and exposure to illness in public areas such as schools and child care. Regarding tobacco and alcohol usage, CHR data indicate that one in six (16%) adults in the Sioux Falls area are smokers and 22 percent of adults drink excessively – both percentages are similar to the comparison group average.

Local Asset Mapping	
<p>Healthy Nutrition resources</p> <ul style="list-style-type: none"> · Sanford dietitians, 1310 W 22nd St., Sioux Falls · Avera dietitians, 911 E 20th St Ste 200, Plaza 4, Sioux Falls 	<p>Healthy Nutrition resources (cont.)</p> <ul style="list-style-type: none"> · Saturday in the Park, 239 E Brian St., Tea · Sunday Vendors Market, 8409 W 12th St & Ellis Rd <p>Grocery Stores (some have multiple locations)</p>

<ul style="list-style-type: none"> • Kristin Sousek, Hy-Vee Dietitians (Multiple locations) • Community Garden, Leaders Park, 500 N Leadale Ave, Sioux Falls • County Extension classes, 2001 E. 8th Street, Sioux Falls • Falls Community Clinic dietitians, 521 N. Main Ave, Sioux Falls • Great Life nutritional classes, 4600 S. Tennis Lane, Sioux Falls • SE Technical Institute classes, 2205 N. Career Avenue • SF Urban Indian Health, 300 N Phillips Ave #120, Sioux Falls • VA weight management program, 2501 W. 22nd St., Sioux Falls • Wayne & Mary's Nutrition Center, 3700 S Kiwanis Ave Unit 1, Sioux Falls Farmers Markets: • Brandon Farmers Market, 925 N Splitrock • Falls Park Farmers Market, 131 E Falls Park Dr • Lake Lorraine Farmers Market, 2400 S Marion Rd • Sanford Wellness Center Farmers Market, 4201 S Oxbow Ave 	<ul style="list-style-type: none"> • ALDI, 2808 S. Louise, Sioux Falls • Beeryozka Grocery, 3301 E. 26th St., Sioux Falls • Fareway (Multiple locations) • Franklin Food Market, 711 N. Cliff Ave., Sioux Falls • Global Foods Grocery, 1002 W. 6th St., Sioux Falls • Hy-Vee (several locations) • Pomegranate Market, 4815 S. Louise Ave, Sioux Falls • Sunshine Foods, 530 S. 2nd Ave. Sioux Falls • Tienda America, 114 S. Franklin Ave., Sioux Falls • Thanh Mai, 824 E. Rice St., Sioux Falls • The Co-op Natural Foods, 410 W. 18th St., Sioux Falls • Walmart (Multiple locations) • Eat Well Mobile Market – siouxfallsthive.org/mobile-market-times-and-locations • Fair Market Sioux Falls (East and West Location) • The Fruit Truck Market, 523 N Kiwanis Ave, Sioux Falls • Natural Grocers, 2601 W. Louise Ave., Sioux Falls
<p>Physical Activity Resources</p> <ul style="list-style-type: none"> • SF Parks & Recreation Dept, 231 N Dakota Ave, Sioux Falls • 24/7 Fitness, 300 N. Dakota Ave., Sioux Falls • Anytime Fitness (multiple locations) • Avera McKennan Fitness Center, 3400 S. Southeastern Ave., Sioux Falls • Air Madness, 310 W. Industrial Dr., Harrisburg • Champion Legacy Dance Studio, 3320 S. Bedford Avenue, Sioux Falls • Coast to Coast Fitness, 27294 Verhey Pl, Tea • Cross Fit SF, 3505 S. Phillips Ave, Sioux Falls • Crunch Fitness, 4001 S Louise Ave, Sioux Falls • Fit Body Boot Camp, 3324 S Duluth Ave, Sioux Falls • Flex Gym LLC, 3701 N Cliff Ave, Sioux Falls • Form Fitness, 2210 W. 69th St. Unit 150, Sioux Falls • GreatLIFE Fitness Clubs (multiple locations) • Planet Fitness, 1509 W. 41st St., Sioux Falls • Sanford Wellness Center, 4201 S. Oxbow Ave. Sioux Falls • [solidcore], 441 W 85th St Unit 517, Sioux Falls • Next Edge Academy, 909 E 8th St, Sioux Falls 	<p>Physical Activity resources (cont.)</p> <p><i>Bike Trails:</i></p> <ul style="list-style-type: none"> • Yankton Trail Park, 3901 S. Minnesota Ave., Sioux Falls <p><i>Hiking:</i></p> <ul style="list-style-type: none"> • Cherry Rock Park, 1800 E. 18th St. • Falls Park, 131 E. Falls Park Dr. • Family Park, S. Ellis Road • Great Bear, 5901 E. Rice St. • Outdoor Campus, 4500 S. Oxbow Ave. <p><i>Disc Golf:</i></p> <ul style="list-style-type: none"> • Spencer Park, 3501 Cliff Ave. • Tomar Park, 100 W. Twin Oakes Rd • Tuthill Park, 3500 S. Cliff Ave. <p><i>Public Swimming Pools:</i></p> <ul style="list-style-type: none"> • Drake Springs Family Aquatic Center, 301 S. Fairfax Avenue • Frank Olson Pool, 4101 E 16th St • Laurel Oak Family Aquatic Center, 3401 E 49th St • McKennan Wading Pool, 1500 S 3rd Ave • Midco Aquatic Center, 1601 S Western Ave • Pioneer Spray Park, 1789 E Pine St • Kuehn Park Pool, 2309 Kuehn Park Road • Hayward Splash Pad, 400 N Valley View Rd • Terrace Park Family Aquatic Center, 1001 W. Madison Street

<ul style="list-style-type: none"> • YMCA, 220 S Minnesota Ave., Sioux Falls <p><i>Golf Courses:</i></p> <ul style="list-style-type: none"> • Bakker Crossing Golf Course, 47172 S. Clubhouse Trail, Sioux Falls • Elmwood Golf Course, 2604 W. Russell St., Sioux Falls • Kuehn Park Golf Course, 2901 S. Kuehn Pk. Rd., Sioux Falls • Minnehaha Golf Course, 3101 W. 22nd Street, Sioux Falls • Prairie Green Golf Course, 600 E. 69th St., Sioux Falls • Willow Run Golf Course, 8000 E. Arrowhead Pkwy., Sioux Falls <p><i>Ice Skating:</i></p> <ul style="list-style-type: none"> • Sherman Park Rink, 2705 W. 12th Street, Sioux Falls <p><i>Skiing:</i></p> <ul style="list-style-type: none"> • Great Bear Ski Valley, 5901 E. Rice Street <p><i>Mountain Biking:</i></p> <ul style="list-style-type: none"> • Leaders Park, 500 N Leadale Ave., Sioux Falls <p><i>Biking Clubs:</i></p> <ul style="list-style-type: none"> • Falls Area Bicyclists, P.O. Box 91741 • Falls Area Single Track – fallsareasingletrack@gmail.com 	<p><i>Tennis Courts:</i></p> <ul style="list-style-type: none"> • Country Club, 3400 W. 22nd St. • Great Life, 4600 S. Tennis Lane • Huether Family Match Pointe, 4210 Bobhalla Dr. • Kuehn Park, 2501 S. Kuehn Pk. Rd. • Laurel Oak Park, 3401 E. 49th St. • McKennan Park Tennis Courts, 408 E. 21st Street • Sanford Sports Complex, 2210 W. Pentagon Place • Nusier Salem Field, Tennis Courts, 1099 N. Menlo Ave. • Tomar Park, 100 W. Twin Oaks Rd. <p><i>Bowling:</i></p> <ul style="list-style-type: none"> • Eastway Bowl, 3201 E. 10th St., Sioux Falls • Empire Bowl, 3800 S. Westport Ave, Sioux Falls • Great Life Suburban Lanes, 2621 S. Spring Ave, Sioux Falls • Sport Bowl, 1901 W. Burnside St., Sioux Falls
<p>Obesity Resources</p> <ul style="list-style-type: none"> • SF Weight Loss Surgery Support Group, 1305 W. 18th Street, Sioux Falls <p><i>Clinics:</i></p> <ul style="list-style-type: none"> • Avera dieticians, 911 E 20th St Ste 200, Plaza 4, Sioux Falls • Falls Community Health dieticians, 521 N. Main Ave, Sioux Falls • Sanford dietitians, 1310 W 22nd St., Sioux Falls • Sioux Falls VA Center dieticians, 2501 W. 22nd Street <p><i>Weight Loss Programs:</i></p> <ul style="list-style-type: none"> • Glow – Glorious Lifestyle – Optimal Weight, 1601 E. 69th St., Sioux Falls • Your Foundation of Health, 1138 N Main Ave, Sioux Falls 	<p>Obesity resources (cont.)</p> <ul style="list-style-type: none"> • Wayne & Mary’s Nutrition Center, 3700 S Kiwanis Ave Unit 1, Sioux Falls • Healthy Systems, 3101 W. 41st St., Sioux Falls • Ideal Weight Loss Program, 4703 E. 26th St., Sioux Falls • Profile Plan, 401 W. 69th St., Sioux Falls • Simply Ideal Weight Loss, 5109 S. Crossing Pl., Sioux Falls • Fit Body Boot Camp, 3324 S Duluth Ave, Sioux Falls • Weight Watchers, 2101 W. 41st St. Unit 2020, Sioux Falls <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>

Mental Health

Mental health includes our emotional, psychological, and social well-being and affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood¹.

When survey respondents in the Sioux Falls area were asked about the most important

¹ U.S. Department of Health & Human Services, MentalHealth.gov. Available at <https://www.mentalhealth.gov/basics/what-is-mental-health>

health care issues impacting their community, mental health was among the top three issues. Mental health was also among the top four health care concerns that respondents and their families face on a regular basis. When survey respondents in the Sioux Falls area were asked which health care services they would like to see offered or improved in their community, most said behavioral and mental health services (68%) followed by addiction treatment (38%).

According to CHR, adults in the Sioux Falls market average 3.3 mentally unhealthy days each month and 11 percent of adults average at least 14 days of mental distress per month (both rates are the lowest when compared to similar-sized markets). One of the most important measures of mental health within a community is suicide. CHR data indicate that there are 17 suicides for every 100,000 people in the Sioux Falls area, a rate similar to those in the Fargo and Bismarck market areas. In addition, there are 13 drug overdose deaths for every 100,000 people in the Sioux Falls area (which is the highest rate among similar-sized market areas).

According to CHR, the Sioux Falls area has one mental health provider for every 448 people (which is slightly worse than similar-sized markets served by Sanford Health).

Local Asset Mapping	
<p>Substance Abuse resources</p> <ul style="list-style-type: none"> • Al-Anon, 41 W. Sioux Street, Sioux Falls • Alcoholics Anonymous (many locations) • Arch Halfway House, 516 W. 12th St, Sioux Falls • Avera Behavioral Health, 4400 W. 69th St., Sioux Falls • Avera Addiction Recovery Program, 2412 S. Cliff Ave, Sioux Falls • BAART Programs, 2519 W 8th St, Sioux Falls • Bartels Counseling, 7520 S Grand Arbor Ct Ste 145, Sioux Falls • Carroll Institute, 310 S. 1st Ave., Sioux Falls • Choices Recovery Services, 622 S Minnesota Ave, Sioux Falls • City of Sioux Falls Homeless Outreach, 224 W. 9th St., Sioux Falls • Clarity Counseling, 3220 W 57th St., Sioux Falls • Counseling Resources, 4109 S. Carnegie Circle, Sioux Falls • Dakota Drug & Alcohol Prevention, 822 E. 41st St. Ste 235, Sioux Falls • Face It Together, 5020 S. Tennis Lane #4, Sioux falls • First Step, 4320 S. Louise Ave. Unit 200, Sioux Falls • Glory House, 4000 S. West Ave., Sioux Falls • Stacy Gorman Counseling, 6809 S. Minn. Ave. Unit 103, Sioux Falls • Great Plains Psychological Services, 4105 S. Carnegie Cir, Sioux Falls 	<p>Substance Abuse resources (cont.)</p> <ul style="list-style-type: none"> • Narcotics Anonymous meetings (many locations) • New Day Counseling, 1320 Rushmore Dr #107, Brandon • Phillips Mental Health, 5010 S Minnesota Ave Unite 200, Sioux Falls • Prairie View Prevention Services, 822 E. 41st St., Sioux Falls (school based intervention) • Psychiatric Services, LLC, 2116 S Minnesota Ave Ste 2A, Sioux Falls • Psychotherapy Associates, 1601 E 69th St Ste 101, Sioux Falls • Renew Counseling, 3400 W 49th St, Sioux Falls • Safe Home, 320 W. 3rd St., Sioux Falls (permanent housing for persistently homeless adults who have severe alcohol issues) • Sanford Psychiatry & Psychology Clinic, 2400 W. 49th St, Sioux Falls • Sioux Falls Urban Indian Health, 1200 NW Ave & 300 N Phillips Ave #120, Sioux Falls • Sioux Falls Wellness Counseling, 3508 S Minnesota Ave Ste 100, Sioux Falls • Sioux River Mental Health Services, 431 N Phillips Ave Ste 340, Sioux Falls • Stolsmark, Erin – revival Counseling Services, 4948 E 57th St, Sioux Falls • Stronghold Counseling, 4300 S. Louise Ave Unit 201, Sioux Falls • Tallgrass Recovery / Transitional Living Corp., 27048 Tallgrass Ave., Sioux Falls

<ul style="list-style-type: none"> • Heisler Adolescent Inpatient Program, 3577 S Grange Ave, Sioux Falls • Integrative Wellness, 5000 S. Minn. Ave Unit 200, Sioux Falls • Keystone Outreach, 7511 S. Louise Ave., Sioux Falls • LaVelle & Associates, 5024 S. Bur Oak Pl #212, Sioux Falls • Minnehaha Co. Detox Center, 500 N. Minn. Ave., Sioux Falls 	<ul style="list-style-type: none"> • VA Medical Center, 2501 W. 22nd Street, Sioux Falls • Volunteers of America Dakotas, 1310 W 51st St., Sioux Falls
<p>Mental/Behavioral Health resources</p> <ul style="list-style-type: none"> • Avera Behavioral Health, 4400 W. 69th St, Sioux Falls • Behavior Management Counseling Service, 3610 S. Western Ave #2, Sioux Falls • Bartels Counseling, 7520 S Grand Arbor St Ste 145, Sioux Falls • Bethesda Christian Counseling, 400 S. Sycamore Ave #105-3, Sioux Falls • Caminado Juntois (Spanish speaking counselor), 311 E 14th St, Sioux Falls • Catholic Family Services, 523 N. Duluth Ave, Sioux Falls • Center for Family Medicine, 1115 E. 20th St, Sioux Falls • Children’s Home Society, 801 N. Sycamore Ave, Sioux Falls • Barbara Christensen Counseling, 6809 S. Minnesota Ave Unit 102, Sioux Falls • Clarity Counseling, 3220 W 57th St. Ste 100A, Sioux Falls • Compass Center, 1704 S Cleveland Ave Ste 3, Sioux Falls • Community Counseling Clinic, 2109 S. Norton Ave, Sioux Falls • Credo Counseling, 5024 S. Bur Oak Place Ste 212, Sioux Falls • Dakota Oak Counseling, 3220 W. 57th St #100a-1, Sioux Falls • Digatono, Daniel T. Counseling, 4410 S. Tennis Ln, Sioux Falls • Discover Wellness, 2121 W. 63 Pl., Sioux Falls • Emotions Anonymous support group, P. O. Box 4245 <ul style="list-style-type: none"> • Empire Mental Health Support, 737 W. 10th St., Ste. 103, Sioux falls • Empire Mental Health, 1110 E 77th St, Sioux Falls • Kristen Ericsson Counseling, 600 N. Main Ave #105, Sioux Falls • Evenson Counseling, 5000 S Broadband Ln Unit 119, Sioux Falls 	<p>Mental/Behavioral Health resources (cont.)</p> <ul style="list-style-type: none"> • LaVelle & Associates, 5024 S. Bur Oak Pl #212, Sioux Falls • LifeGate Christian Counseling, 6820 W. 26th St, Sioux Falls • LifeMarks Behavioral Health, 1310 W. 51st St., Sioux Falls • LifeScape, 1020 W. 18th St, Sioux Falls • Lighting a New Way, 1500 S. Sycamore Ave. Unit 102, Sioux Falls • LSS Counseling, 705 E. 41st St Ste 200, Sioux Falls • Maass, Ronda Counseling, 4410 S. Tennis Ln, Sioux Falls • Moore Counseling, 5421 W 41st St Unit 207, Sioux Falls • NAMI (National Alliance on Mental Illness), 121 S. Main Ave. Ste E, Sioux Falls • New Day Counseling, 1320 E. Rushmore Dr #107, Brandon • New Idea Counseling, 2500 W. 49th St, Sioux Falls • Phillips Mental Health, 5010 S Minnesota Ave Unit 200, Sioux Falls • Psychiatric Services, LLC, 2116 S Minnesota Ave Ste 2A, Sioux Falls • Psychological Solutions, 5032 S Bur Oak Pl Unit 210, Sioux Falls • Psychotherapy Associates, 1601 E 69th St Ste 101, Sioux Falls • Renew Counseling Services LLC, 3400 W 49th St, Sioux Falls • Resolutions Counseling, 6116 S. Lyncrest Ave Ste 103, Sioux Falls • Restoration Counseling, 6809 S. Minn. Ave Ste 103, Sioux Falls • Restored to New Life Services, 1915 E 8th St Ste 102, Sioux Falls • Revival Counseling Services, 4948 E 57th St, Sioux Falls • Ritzman Counseling, 3701 W. 49th St. Ste 204B, Sioux Falls

<ul style="list-style-type: none"> • Family Service, Inc., 2210 W. Brown Pl, Sioux Falls • Family Ties Christian Counseling, 3500 S. Phillips Ave Ste 121, Sioux Falls • Four Directions Counseling, 315 N Main Ave #201, Sioux Falls • Gorman, Stacy LLC, 6809 S. Minn. Ave. Unit 103, Sioux Falls • Great Plains Psychological Services, 4105 S. Carnegie Cir, Sioux Falls • Guth, Mary T. Counseling, 3610 S. Western Ave., Sioux Falls • Hansen-Mayer, Brenda, 1601 E. 69th St #202, Sioux Falls • Harp, Tina Counseling, 5024 S Bur Oak Pl Ste 113B, Sioux Falls • Hauck, Stacey Counseling, 1601 E. 69th St #202 • Helpline Center / 211 Response, 521 N Main Ave. Ste 201, Sioux Falls • Heuermann Counseling Clinic, 2210 S. Brown Pl, Sioux Falls (free short-term counseling) • Holm, Ellen Counseling, 4410 S. Tennis Ln, Sioux Falls • Integrative Wellness, 5000 S. Minn. Ave Unit 200, Sioux Falls • Journey Therapy and Counseling, 1500 S Sycamore Ave Ste 200, Sioux Falls 	<ul style="list-style-type: none"> • Salmen, Latanda, LLC, 4001 W. Valhalla Blvd. Unit 101, Sioux Falls • Sanford Behavioral Health, 2400 W. 49th St, Sioux Falls • Sanford Women’s Mental Health Services, 5019 S. Western Ave Unit 200, Sioux Falls • SE Behavioral HealthCare, 2000 S Summit Ave, Sioux Falls • Sioux Empire Christian Counseling, 2000 S. Sycamore Ave #101, Sioux Falls • Sioux Falls Psychological Services, 2109 S. Norton Ave, Sioux Falls • Sioux Falls Wellness Counseling, 3508 S Minnesota Ave Ste 100, Sioux Falls • Stronghold Counseling, 4300 S. Louise Ave Unit 201, Sioux Falls • Thrive Counseling and Evaluation, 3701 W 49th St, Sioux Falls • VA, 2501 W. 22nd St, Sioux Falls • Vet Center, 5020 S Broadband Ln Ste 100, Sioux Falls • Wellspring Therapy Center, 4301 W 57th St Unit 100, Sioux Falls • Kannan Clinic, 6709 S. Minn. Ave. #202, Sioux Falls • Kimberly Keiser & Assoc., 2101 W 69th St Ste 103, Sioux Falls • Key Solutions, 3800 S. Kiwanis Ave., Sioux Falls
<p>Tobacco Cessation resources</p> <ul style="list-style-type: none"> • Avera Health, 1325 S. Cliff Ave., Sioux Falls • Falls Community Health Clinic, 521 N. Main Ave, Sioux Falls • National Cancer Institute Smoking QuitLine – 877-448- 7848 • Prairie View Prevention Services, 822 E. 41st St, Sioux Falls (school-based intervention) • QuitLine, SDQuitline.com • QuitNow – 800-784-8669 	<p>Tobacco Cessation resources (cont.)</p> <ul style="list-style-type: none"> • Sanford Clinics – all locations • Sanford Health lung screen, 1420 W 22nd St Ste 407, Sioux Falls • Sanford Health Plan (covers meds for smoking cessation), 300 N. Cherapa Place, Sioux Falls • SD Department of Health, 600 E. Capitol Ave., Pierre (many resources) <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>

Quality Child Care

Participation in high-quality early childhood care and education programs can have positive effects on children’s cognitive, language, and social development, particularly among children at risk for poor outcomes².

On average, survey respondents in the Sioux Falls area rated the quality of child care, day care, and preschool as good (average score=3.01); however, 31% of respondents rated the quality of child care as poor or fair. When asked to explain why they rated child care quality as poor or fair, respondents cited an overall lack of child care providers within their community, regardless of cost. In addition, respondents focused on the need for more options for parents working shifts, the long wait lists for existing providers (sometimes a year or longer), and the

² Child Trends, Early Childhood. Available at <https://www.childtrends.org/research-topic/early-childhood>

high costs of available care.

The U.S. Department of Health and Human Services has historically considered child care affordable if the total expense consumes less than 10 percent of household income, and more recently proposed an affordability threshold set at 7 percent of household income³. According to CHR, the average household in the Sioux Falls area spent 22 percent of its income on child care, which is three times the proposed threshold for affordability. Child care is not included in the Implementation Plan as other organizations with expertise in the field are working to address the need.

Local Asset Mapping: Licensed Daycare Providers and After School Programs

LIL' TOT STOP, 236 ST. OLAF Ave, BALTIC
BALTIC Y-KIDS, 1 BULLDOG AVE, BALTIC
BRIGHT STEPS PLAYCARE, 25472 475TH AVE., BALTIC
ANDERSON, BRENDA, 500 KYLE Ave, BALTIC
THE PLAYHOUSE CHILDCARE CENTER, 504 LOVELY Ave, BALTIC
HAUGE, KATHLEEN, 305 E CONIFER ST, BRANDON
DYBDAHL, MARY, 221 NORTH NEEDLES, BRANDON
B&G CLUB ROBERT BENNIS ASE, 2001 S SIOUX BLVD, BRANDON
B&G CLUB BRANDON ELEMENTARY ASE, 501 EAST HOLLY BLVD, BRANDON
MEYER, SUSAN, 48148 258TH ST, BRANDON
ONCE UPON A TIME, 100 EAST CEDAR ST, BRANDON
BULTJE, VALERIE, 2416 E LOPEZ Ln, BRANDON
THIER, CHRIS, 412 WESTVIEW Dr, BRANDON
IBACH, STEPHANIE, 48280 HWY 42, BRANDON
HONEY BEE ACADEMY, 101 EAST REDWOOD Cir, BRANDON
SCHOOL OF EARLY EDUCATION -BRANDON, 701 8TH ST, BRANDON
STOUGH, TERA, 700 NORTH GARNET Cir, BRANDON
RUSSELL, BRITTANY, 120 W RIVER OAK CT, BRANDON
BUILDING BLOCKS CC AND LC, 1714 W FRONTIER ST, BRANDON
LECHNER, KAYLA, 301 N JUNIPER AVE, BRIDGEWATER
THE LEARNING BRIDGE, 441 NORTH WALNUT Ave, BRIDGEWATER
CANISTOTA B4 & AFTER SCHOOL PROGRAM, 431 W. 4TH AVE., CANISTOTA
JOHNS, SHANNON, 520 N. LEWIS, CANISTOTA
LATCHKEY BEFORE & AFTER SCHOOL, 724 NORTH SANBORN ST, CANTON
LAUBACH, LAUREL, 47991 281ST ST, CANTON
SEHR, MICHELLE, 805 E. ELMWOOD AVE, CANTON
CANTON AREA PRESCHOOL & CHILDCARE, 220 S BARTLETT ST, CANTON
GREEN, ELIZA, 616 N LINCOLN ST, CANTON
GAFFER, KELLY, 244 N MILWAUKEE ST, CANTON
CENTERVILLE OST PROGRAM, 610 LINCOLN ST, CENTERVILLE
TINCH, SAVANNAH, 210 FLORIDA ST. SUITE 2, CENTERVILLE
CYPHER, HILARY, 46116 248TH ST, COLTON
CROOKS COMMUNITY CHILD CARE CENTER, 105 S. WEST AVE SUITE 101, CROOKS
BITNER, KATHLEEN, 1211 N GARFIELD AVE, DELL RAPIDS
DELL RAPIDS COMMUNITY HAVEN OST, 613 STATE Ave, DELL RAPIDS
DEUTER, STEPHANIE, 601 PRAIRIE VIEW Cir, DELL RAPIDS
HENDRICKSON, KATY, 512 NORTH CLARK Ave, DELL RAPIDS
LIL' BUG'S LEARNING CENTER, 501 W 4TH ST, DELL RAPIDS
THE SANDLOT, 415 N HIGHWAY 77, DELL RAPIDS
JENSEN, PAMELA, 44002 283RD ST, FREEMAN
STOTERAU, NICOLE, 48464 253RD ST, GARRETSON
BLUE DRAGON ACADEMY, 701 1ST. ST., GARRETSON
ZELL, MALLORY, 48609 254TH ST, GARRETSON
SNICKLEFRITZ SOUTH, 414 NORTH CLIFF Ave, HARRISBURG
TIGER TOTS PRESCHOOL AND CHILDCARE, 100 SOUTH SHEBAL Ave, HARRISBURG
SNICKLEFRITZ PREP SOUTH, 410 NORTH CLIFF Ave, HARRISBURG
BARNES, AMANDA (KRUGER), 411 ADRIANNA Ave, HARRISBURG
EMBE HARRISBURG FREEDOM OST, 1101 TOM SAWYER TRAIL, HARRISBURG
EMBE HARRISBURG LIBERTY OST, 200 WILLOW ST, HARRISBURG

³ Child Care and Development Fund (CCDF) Program, A Proposed Rule by the Health and Human Services Department on 12/24/2015, <https://www.federalregister.gov/documents/2015/12/24/2015-31883/child-care-and-development-fund-ccdf-program>

BLAIR, KELSEY, 308 THELMA AVE, HARRISBURG
 SNICKLEFRITZ SOUTH KIDS CLUB, 412 N CLIFF AVE, HARRISBURG
 UTHE, KATELYN, 712 SAINT GREGORY ST, HARRISBURG
 BLOOM & GROW ACADEMY, 451 SHADOW CREEK DR., HARRISBURG
 WINKEL, DALANA, 1102 HEMLOCK CIR., HARRISBURG
 NANA'S LOVE BUGS DAYCARE/PRESCHOOL, 225 CREEKSIDE AVE., HARRISBURG
 INGVALL, HANNA, 1104 PERRY LN., HARRISBURG
 HAPPY HEARTS, 419 N OAKS Ave, HARTFORD
 IMAGINATION STATION, 207 SOUTH MAIN AVE, HARTFORD
 MALLINGER, MELISSA, 105 N. KELLEY Ave, HARTFORD
 CHRIST LUTHERAN CHURCH DAY CARE, 701 N. MAIN AVE., HARTFORD
 TRINITY LEARNING CENTER, INC., 46448 263RD ST, HARTFORD
 STEPPING STONES PRESCHOOL CENTER, 412 E. SD HWY 38, HARTFORD
 YMCA KARE PROGRAM, 705 E 2ND ST, HARTFORD
 BOLLINGER, AMANDA, 100 E. 9TH ST. LOT 1B, HARTFORD
 BECKER'S BRIGHT BEGINNINGS, 210 S MAIN ST, HUMBOLDT
 GIBBENS, JODY, 416 S. ANNWAY ST., HUMBOLDT
 ELWAYS, SARA, 316 S. MAIN ST., HUMBOLDT
 COUGAR KIDS, 501 ADAMS ST, HURLEY
 RIPPENTROP, TERESA J., 1008 3RD AVE W, LENNOX
 TOTALLY KIDS BEFORE & AFTER SCHOOL, 305 W 5TH AVE, LENNOX
 POPPENS, MARLA J., 916 SOUTH ELM ST, LENNOX
 HANSON, JESSICA, 204 S. ACADEMY ST, LENNOX
 KIDZ COTTAGE LEARNING CENTER, 1100 S MAIN ST, LENNOX
 STEPPING STONES MONTROSE, 311 S. CHURCH AVE., MONTROSE
 STEPPING STONES SCHOOL PROGRAM, 309 S CHURCH AVE, MONTROSE
 PARKER LEARNING CENTER, 330 W 2ND ST., PARKER
 LITTLE PHEASANTS, 115 N. MAIN ST, PARKER
 MELISSA'S LITTLE LAMBS, 27589 WALNUT AVE, PARKER
 EM'S EASTSIDE EXPLORERS, 585 EASTSIDE AVE, PARKER
 RENBERG ELEMENTARY CLC, 47260 258TH ST, RENNER
 THE CRAYON BOX I, 301 E. BROWN AVE., SALEM
 THE CRAYON BOX II, 311 E. BROWN AVE., SALEM
 THE CRAYON BOX III, 321 E. BROWN AVE., SALEM
 TEA AFTER SCHOOL KIDS-LEGACY, 525 NORTH COLE, TEA
 KLEMISCH, ABIGAIL, 515 WEST APPLE ST, TEA
 SUPER TITANS, 725 E KEVIN Dr, TEA
 RIEGER, SHELBY, 401 EAST MARY MOORE Dr, TEA
 TEA AFTER SCHOOL KIDS VENTURE, 101 E 7TH ST., TEA
 TEA TRAILBLAZERS CHILD CARE CENTER, 2100 DEVON AVE., TEA
 KIDS CLUB, 800 E RYAN Dr, TEA
 INSPIRE LEARNING CENTER, 910 N MAIN AVE SUITE 105, TEA
 THE PURPLE CRAYON, 500 E. 1ST ST., TEA
 COZY CORNER DAYCARE LLC, 405 BROADWAY Ave, VALLEY SPRINGS
 TOTALLY KIDS-WORTHING, 230 S CEDAR ST, WORTHING
 HYRONIMUS, BRENDA, 408 WEST 1ST, WORTHING

Sioux Falls

LIFE CHANGE LEARNING CENTER, 6300 W 41ST ST COGLEY, MOLLY, 4900 W. MESA PASS ALEXANDER, PENNY, 931 N. WALTS AVE FIRST BAPTIST CHILDREN'S CENTER, 1401 S COVELL AVE OORLOG, ANGELA, 5505 W. DARDANELLA RD PETERSON, SUSAN KAY, 1309 S WILLOW AVE HOFER, JANET, 8100 W. 48TH ST STARK, KRIS, 7901 W MAPLE ST HOLTHE, JENNIFER, 105 S MARQUETTE Cir BARWARI, NAHIDA, 1204 S. MAC DOUGAL Cir WERNER, LEANN, 6507 W. JADE PLACE OCHSNER, VIRGINIA, 6300 E 33RD ST. LSS @ SOUTHERN HILLS DAY CARE, 3400 EAST 49TH ST STRATMAN, DANETTE (DANI), 2404 EAST 12TH ST DIXON, TAMARA, 1018 E. HERMOSA Dr ABIDING SAVIOR UNDER CHRIST'S CARE, 4100 SOUTH BAHNSON Ave BIG EAGLE, BRENDA, 5813 W. BLUESTEM ST	THOMAS, BRIANA, 4044 S APPOLLONIA CT B & G CLUB INSPIRATION ELEM. ASE, 3401 SOUTH SPARTA AVE. CULTIVATE CHILDCARE PREP SCHOOL, 4801 S. HOSTA AVE. CARE AT AXTELL, 201 N. WEST Ave DUGGAN, CORRIE, 1618 E. 5TH ST TRUKS-N-TRYKES @ GOLDEN GATEWAY, 5705 E. TAHOE ST. BALOMOG, JEANNE D'ARC, 304 N. MEYER Ln APPLE BLOSSOM ACADEMY, 1600 S SYCAMORE AVE HEWITT, ASHLEIGH, 3100 E. 13TH ST CHRISTENSEN, SHAUN, 3213 S 5TH AVE 605 PREP, 2908 SOUTH PHILLIPS Ave ACHIEVEMENT ACADEMY, 909 W 33RD ST. LEE, KATINA, 904 N MENLO AVE LITTLE WINGS PRESCHOOL, 1208 W 51ST ST STE 3 CELEBRATE KINGDOM KIDS, 1000 S SYCAMORE AVE BETHEL LUTHERAN AFTER SCHOOL CARE, 1801 SOUTH VALLEY VIEW ROAD
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<p>CHASTAIN, THERESA, 908 NORTH LEADALE Ave KOST, DEANNA, 7212 W. ROSEMONT Ln MEARS, BARBARA, 1705 N JESSICA AVE GONZALEZ, HEATHER, 3301 SOUTH STEVEN Cir DUNNICK, CAMILLE, 1016 N. PRAIRIE ROBINSON, TRACY, 2221 SOUTH GRINNELL Ave FERGUSON, CAROL, 1001 N SYCAMORE Ave KINSEY, TONJA, 6101 W. STERLING Dr LOHAN, LYNETTE, 4101 S. THUNDERBIRD TRAIL OLTMANN'S, JENNIFER, 1304 W. 15TH ST AWARE, KEZHAL, 2917 EAST 12TH ST CAMPUS LEARNING CENTER FOR CHILDREN, 909 WEST 33RD ST EMBE - DOWNTOWN CHILDCARE, 300 W 11TH ST KING, SUE, 2720 SOUTH GROVELAND AVE. HEMPHILL, NICOLE (WICKS), 525 S JEFFERSON AVE. BRAMSTEDT, LAURIE, 6705 W. 47TH ST SCARBROUGH CENTER, 2304 LACKEY PLACE HARTLE, WANDA, 4708 EAST 49TH ST WARD, TINA, 6408 W WESTVIEW RD. REMILLARD, TAMMY, 2708 WEST 26TH ST SATRE, ASHLEY, 3104 EAST 12TH ST WATSON, JHERI, 3212 SOUTH GRACE Ave PEACE C.A.R.E., 5509 WEST 41ST ST GOOD NEWS CHILDREN'S CENTER, 1800 SOUTH VALLEY VIEW RD. INTER-LAKES COM. ACTION-SIOUX FALLS, 505 NORTH WESTERN Ave LIL TROOPERS LEARNING CENTER, 1400 S. DULUTH AVE MCCONNIEL, CYNTHIA, 3201 S. DUBUQUE AVE WALKER-SWENSON, JODI, 4405 E. 42ND ST ST. MICHAEL SCHOOL, 1610 S. MARION ROAD GROSDIDIER, KELLY JO, 2708 S WILLIAMS AVE ST. LAMBERT SCHOOL, 1000 S. BAHNSON AVE HOLY SPIRIT SCHOOL, 4309 S. BAHNSON Ave ST. MARY SCHOOL, 2000 S 4TH Ave GO KIDS DAYCARE & LEARNING CENTER, 6820 W. 26TH ST BORAH, LORI LYNN, 3101 S ALPINE Ave WILTSE, DIANE, 1942 S. CLEVELAND Ave FENICLE, JENNIFER, 5105 W. ST. JAMES Dr CHRIST THE KING SCHOOL, 1801 S LAKE Ave EDWARDS, SUSAN, 7908 WEST WILSON Dr GACKE, RACHAEL (BRANDENBURG), 1512 S. DALE Dr LSS @ HILLTOP OST, 1312 SOUTH BAHNSON Ave HAASE, MICHELLE, 4013 W. MESA PASS SCOTT, JILANN, 1420 E. 5TH ST ST. KATHARINE DREXEL SCHOOL, 1800 S. KATIE Ave SUITE 2 IHNNEN, SUE, 1209 EAST 28TH ST B&G CLUB FRED ASSAM ELEMENTARY ASE, 7700 EAST WILLOW WOOD AVE RANG, LEESA, 116 S. GRANGE AVE. NILSEN, MINDY, 3237 S NEWCASTLE CT COOMES, KANDICE, 1613 S. CAMEO WAY HOPE C.A.R.E DAY CARE #2, 1700 SOUTH CLIFF Ave DISCOVERY LEARNING CENTER, 3314 S. VALLEY VIEW ROAD KIDSTOP, 401 SOUTH SPRING Ave KLINSKI, MARSA, 5409 W 45TH ST HOLY CROSS PRESCHOOL/EXTENDED CARE, 1300 SOUTH SERTOMA Ave SNICKLEFRITZ ON SYCAMORE, 2412 SOUTH SYCAMORE Ave SPALDING, AMBER, 324 N MEYER Ln GLANVILLE, LAURA, 735 S. HAWTHORNE Ave DAVENPORT, KATY, 46851 265TH ST COMPASSION CHILD CARE, 1921 EAST 8TH ST BUSHEE, SHIRLEY, 2605 S WEST AVE. RENDER, DAVID, 4813 S. NICHOLAS AVE SCHOOL OF EARLY EDUCATION - SF, 3704 S. MARION RD</p>	<p>BARGER, SUMMER, 5320 W 52ND ST. LITTLE TYKES UNIVERSITY-FIREHOUSE42, 315 S. WHITEWOOD Cir OWSLEY, JAMIE, 3212 SOUTH GREENWOOD Ave FOUCHE, AMANDA, 1011 N LINCOLN AVE MCCROSKEY, JESSICA, 2001 E. ELIZABETH Dr DUTOR-OUALLO, MALIA, 4821 S DUNLAP AVE HAYWARD ELEMENTARY CLC, 400 N VALLEY VIEW RD JFK ELEMENTARY CLC, 4501 S HOLBROOK AVE OSCAR HOWE ELEMENTARY CLC, 2801 S VALLEYVIEW RD RFPETTIGREW ELEMENTARY CLC, 7900 W 53RD ST TERRY REDLIN ELEMENTARY CLC, 1721 E AUSTIN ST ROBERT FROST ELEMENTARY CLC, 3101 S 4TH AVE LAURA WILDER ELEMENTARY CLC, 2300 S LYNDAL AVE JANE ADDAMS ELEMENTARY CLC, 2511 W BROOKINGS ST. HAWTHORNE ELEMENTARY CLC, 601 N SPRING AVE GARFIELD ELEMENTARY CLC, 2421 W 15TH ST HARVEY DUNN CLC, 2400 S BAHNSON AVE EUGENE FIELD CLC, 501 S HIGHLAND AVE LAURA B ANDERSON CLC, 1600 N WAYLAND AVE ROSA PARKS CLC, 5701 E RED OAK Dr SUSAN B ANTHONY CLC, 2000 S DAKOTA AVE ANNE SULLIVAN CLC, 3701 E 3RD ST SONIA SOTOMAYOR CLC, 1510 SOUTH LAKE AVE JOHN HARRIS CLC, 3501 E 49TH ST CLEVELAND CLC, 1000 S EDWARD DR LOWELL CLC, 710 W 18TH ST DISCOVERY CLC, 1506 S DISCOVERY AVE MUNCE, BRIANNA, 2012 S GRANGE AVE TARPLAH, CYNTHIA, 3713 S WEST AVE. BROOKS, AMBER, 2810 E. BISON TRAIL #3 KEEFE, REBEKAH (BERVEN), 4912 S KLEIN AVE #26 NXT GEN KIDZ, 3300 W 49TH ST ARECHIGA, TESSA, 7915 E. 38TH ST. CENTRAL DOWNTOWN CHILDREN'S CENTER, 1117 W. 11TH ST THEISS-RHODY, BRANDI, 26495 N. HOLLAND AVE. LEARNING LADDER ADVENTURES LLC, 407 N SPRING AVE GIMME-A-BREAK,LLC., 2425 S. SHIRLEY AVE.#113 LEMKE, MICHELLE, 711 W 35TH ST. PIERRE-PAUL, DENIESE, 1400 E 71ST ST N SFSJ JR.KINDERGARTEN EC AT JFK, 4501 S HOLBROOK AVE SFSJ JR.KINDERGARTEN EC AT RFROST, 3101 S 4TH AVE APPLE TREE WEST, 6400 W 43RD ST COLON-FUENTES, NICOLE, 4900 S EMMA Ln VERBESKI, JESSI, 6415 W 55TH ST HINKS CIERRA, 3604 S HOME PLATE AVE VIBRANT MINDS LEARNING CENTER, 4101 W VALHALLA BLVD STUBBLEFIELD, JESSICA, 5000 S. BAHNSON AVE APT 312 TRUKS-N-TRYKES @ COPPER CREEK, 6115 E SILVER MAPLE Cir BRUE, BRENDA L., 3201 N. FIERO PLACE EMBE - SOUTH CHILDCARE, 3510 WEST RALPH ROGERS ROAD LEDBETTER, ANGELA, 5316 S. ANTHONY AVE AHRENDT, KAREN, 5412 S LANDSDOWN Dr LAWSON, AMY, 5417 S. DONEGAL AVE. SF LUTHERAN EAGLE CARE, 6715 S BOE Ln RIECK, KAREN, 5608 SOUTH MEGAN Ave BOEDECKER, BARBARA, 3610 W. HUGHES PLACE MCGARY, JENNY, 4100 W. 90TH ST WIECZOREK, DENISE, 5508 S. CHUCK Dr VOLKERS, CANDY, 6605 S. CRANE Ave PIESCHKE, KRISTINA, 6301 S. MOGEN AVE B&G CLUB EXPLORER ELEMENTARY ASE, 4010 WEST 82ND ST</p>
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<p>GOOD SHEPHERD EARLY CHILDHOOD, 4800 S SOUTHEASTERN AVE JUMA, FATUMA, 7110 SOUTH BRIDGER PLACE PRECIOUS ANGELS LEARNING CENTER, 4109 SOUTH SOUTHEASTERN Ave STAPLES, ANDREA, 4009 S. TERRY AVE MAGER, HEATHER, 1821 E 31ST ST N LITTLE TYKES UNIVERSITY - SYCAMORE, 720 SOUTH SYCAMORE Ave LSS @ HERE4YOUTH, 300 EAST 6TH ST ADCOCK, LYDIA, 2905 S HAWTHORNE AVE RUST, CYNTHIA, 7408 W. 15TH ST TEA AFTER SCHOOL KIDS-FRONTIER, 2700 W LANCASTER LIVERMONT, ALYSIA, 1012 NORTH RICHMOND Cir LIL' HANDS LIL' FEET, INC., 601 S CLEVELAND AVE PITTER PATER PLAYHOUSE, 8610 W 22ND ST. TRUKS-N-TRYKES 3, 2600 S. MINNESOTA AVE. HIS ARK CHRISTIAN CHILD DEV CENTER, 5500 W. 26TH ST KINDER ACADEMY, 5612 W UNIVERSITY TRL YOUNGER, DINORAH, 5804 W BREAM Dr MEZA, LUZ, 4720 S. TRIBBEY TRAIL FOR THE LOVE OF CHILDREN, 3700 SOUTH WESTPORT Ave WILDFLOWER ACADEMY, 711 N LAKE Ave WULF, MIRANDA (ZAHN), 320 E ASPEN Cir LITTLE EXPLORERS CHILDCARE, 2420 W. 8TH ST TRUKS-N-TRYKES PLAYCARE, 3400 S. CENTERFIELD PLACE ENCORE CHILDCARE CENTER, 5111 E ROSA PARKS PLACE B & G CLUB EMPOWER CAMPUS, 2001 E 8TH ST. CULTIVATE CHILDCARE NURSERYCARE, 4825 S. HOSTA AVE. CHAVARRIA, ROSA LINDA, 1401 EAST 71ST ST N PEACE CARE @ WESTSIDE, 3901 N OKLAHOMA AVE LA PETITE ACADEMY 7692, 4003 W. BENSON ROAD DEPPE, LINDSEY, 2817 S GLENDALE AVE GRAHAM ACADEMY PRESCHOOL, 301 S MAIN AVE THORSON, ERICA, 8908 WEST 22ND ST</p> <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>	<p>CENTRAL PRESCHOOL & KINDERGARTEN, 3100 W. RALPH ROGERS ROAD DEKNIKKER, NICHOLE, 46639 269TH ST SENST, THERESA, 3205 E STONEY BROOK TRAIL KAUFFMAN, SHAWNDRRA, 7611 S. ROSE CREST CT THE BAAN DEK MONTESSORI, 1836 W. GRAND ARBOR Cir B&G CLUB 57TH ST. LEARNING CENTER, 5015 S. CROSSING PL SUITE 150 B&G CLUB JOURNEY ELEMENTARY ASE, 6801 SOUTH GRANGE Ave SIOUX FALLS CHRISTIAN SCHOOL, 6120 S CHARGER Ave BUNKOWSKIE, JOLENE, 5501 S LANDSDOWN DR KID'S CROSSING DAYCARE CENTER, 6101 S. MOGEN Ave SUITE 5 HEADLEY, RACHELLE, 7604 S ERICA DR TRUKS-N-TRYKES 2, 5000 S MACARTHUR LN SUITE 101 SPROUTING IVY ACADEMY, 5301 S SOLBERG AVE DISCOVERY LEARNING CENTER SOUTH, 5310 S BROADBAND Ln EMBE HARRISBURG ENDEAVOR OST, 2401 W 95TH ST BRIGHT EYES DAYCARE, 7101 S. MINNESOTA AVE. GROSDIDIER, NICHOLE, 5204 S. LANDSDOWN DR EMBE HARRISBURG HORIZON OST, 5800 S BAHNSON AVE ALPEROWITZ, CHAYA (MUSSIE), 2900 W OLD YANKTON RD BAKER, PENNY, 6308 W. MISTY GLEN PLACE HOERTH, TIFFANY, 8004 S HACKROTT CIR LUKUKU, LILIANN, 7301 W JACOB Cir LONG, AMBER, 7716 W. WATERFORD ST EMMANUELI, WITNESS, 5608 W. MERIDIAN PLACE LA PETITE ACADEMY 7694, 5115 SOUTH CLIFF Ave LA PETITE ACADEMY 7693, 7900 S. CINNAMON RIDGE PLACE LITTLE TYKES UNIVERSITY - BISON, 3210 E. BISON TRAIL B & G CLUB ADVENTURE ELEMENTARY ASE, 27220 472ND Ave CREATOR'S KIDS, 6804 S LYNCREST PL KIDS'R'KIDS OF PRAIRIE HILLS, 2201 W TREVI PLACE SECHSER, NOEL, 5304 SOUTH LANDSDOWN DR. SANOW, JESSICA, 5113 S DANBERRY Dr HARRIS, ALLISON, 5408 S. SPIREA AVE.</p>
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Long-Term Senior Care

Safe, quality, affordable housing is fundamental to a healthy life. Healthy homes can improve lives and provide a foundation of health for individuals and families, but unhealthy homes can just as easily undermine quality of life and even cause poor or substandard health. A safe, quality, and affordable home is paramount to healthy aging⁴.

Respondents in the Sioux Falls area rated the quality of long-term care, nursing homes, and senior housing as slightly less than good (average score=2.93) – and 35% of respondents rated the quality as poor or fair. When respondents who rated the quality of long-term care, nursing homes, and senior housing as poor or fair were asked why they did so, responses referenced an overall lack of affordable senior housing, limited or no long-term care availability, staffing shortages for existing facilities, and a lack of trained staff. When respondents in the Sioux Falls area were asked which health care services they would like to see offered or improved in their community, 33% of respondents said long-term care. The Good Samaritan Society is building a new senior care facility in the community with initial openings planned for 2026. The need will be addressed as part of the “Access to Care” priority in the Implementation Plan.

⁴ The Urban Institute, Urban Wire: Aging. Available at <https://www.urban.org/urban-wire/topic/aging>

Local Asset Mapping	
<p>Long-Term Care resources</p> <ul style="list-style-type: none"> • Avera Prince of Peace, 4513 S. Prince of Peace Pl Ste 1, Sioux Falls • Bethany Lutheran Home, 1901 S. Holly Ave., Sioux Falls • Dow Rummel Village, 1321 W. Dow Rummel St., Sioux Falls • Good Samaritan, 401 W. 2nd St., Sioux Falls • Luther Manor, 1500 W. 38th St., Sioux Falls • Good Samaritan Village, 3901 S. Marion Road, Sioux Falls • Avantara Norton, 3600 S. Norton Ave, Sioux Falls 	<p>Home Care/Respite Care resources</p> <ul style="list-style-type: none"> • Comfort Keepers, 4300 S. Louise Ave. #302, Sioux Falls • Home Instead, 5421 W 41st St Ste 208, Sioux Falls • Home Style Health Assistance of SF - 605-610-8448 • Sanford Home Care, 2710 W. 12th Street, Sioux Falls • Sanford Home Medical Equipment, 2710 W. 12th St, Sioux Falls • SD Dept. of Human Services respite care program, 3800 E. Hwy. 34, Pierre • Synergy Home Care, 108 E. 38th St. #600, Sioux Falls
<p>Assisted Living resources</p> <ul style="list-style-type: none"> • Avera Prince of Peace, 4513 S. Prince of Peace Pl Ste 1, Sioux Falls • Cayman Court, 4101 W. Cayman Street, Sioux Falls • Dow Rummel Village, 1321 W. Dow Rummel St., Sioux Falls • Edgewood Sioux Falls, 3409 E. 5th St.; 3401 W. Ralph Rogers Rd.; 1810 S Dorothy Ave, Sioux Falls • Good Samaritan Society, 3901 S. Marion Rd., Sioux Falls; 4400 Creekside Cir., Sioux Falls • Inn on Westport, 4000 S. Westport Ave., Sioux Falls • Meadows on Sycamore, 130 N. Sycamore Ave, Sioux Falls • Prairie Crossings, 1800 S. Dorothy Ave, Sioux Falls • Ponderosa Lodge Senior Living, 7400 S. Louise Ave., Sioux Falls • Stoney Brook Suites, 4501 E. Pampas Pl, Sioux Falls • Trail Ridge, 3408 W. Ralph Rogers Rd, Sioux Falls • Washington Crossing, 4709 E. 6th St, Sioux Falls • Touchmark at All Saints, 111 W. 17th St., Sioux Falls <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>	

Public Transportation

Transportation systems help ensure that people can reach everyday destinations, such as jobs, schools, healthy food outlets, and health care facilities, safely and reliably. Public transportation services play an important role for people who are unable to drive, people without access to personal vehicles, children, individuals with disabilities, and older adults⁵.

Respondents in the Sioux Falls area rated community access to daily transportation as less than good (average score=2.72). When respondents who rated community access to daily transportation as poor or fair were asked why they did so, responses focused on limited bus routes and hours of operation, making it an inefficient option for school, work, and appointments. Respondents added that there are additional difficulties for seniors and those with disabilities to manage existing public transit options. Responses also suggested that for respondents in rural areas or living outside of Sioux Falls proper, public transportation is limited to taxi service, Lyft, or Uber – services which, if available, are much more expensive.

⁵ Centers for Disease Control and Prevention, Office of the Associate Director for Policy and Strategy, Population Health and Healthcare Office. Available at <https://www.cdc.gov/policy/hst/hi5/publictransportation/index.html>

Other organizations have the expertise to address the need. As such, it is not included in the Implementation Plan.

Local Asset Mapping	
<p>Transportation resources</p> <ul style="list-style-type: none"> • Calvary Episcopal Cathedral, 500 S. Main Ave., Sioux Falls (gas assistance) • Center of Hope, 1905 E 8th St., Sioux Falls (low cost bikes for work; bike repair) • Disabled American Veterans, 1519 W. 51st St, Sioux Falls • Elite Transport, 5000 W 14th St, Sioux Falls • Pass-It-On, 521 N Main Ave. Ste 201, Sioux Falls(bus passes) • Project C.A.R., 2425 S Western Ave., Sioux Falls • Sioux Area Metro (SAM), 500 E Sixth St, Sioux Falls • SAM On Demand (Via) – mobile app 	<p>Transportation resources</p> <ul style="list-style-type: none"> • Sioux Empire Wheels to Work, 5400 W 57th St #7, Sioux Falls • Sioux Falls Wheelchair Transit Plus, 123 W. 43rd St., Sioux Falls • Siouxland Paratransit Services, 208 N. Detroit Avenue • Wheelchair Express, 310 S Conklin Ave, Sioux Falls • Workers on Wheels (WOW), 2300 W. 46th St., Sioux Falls <p>For Additional Resources Reference: https://sanford.findhelp.com/</p>

Affordable Housing

There is a strong and growing evidence base linking stable and affordable housing to health. As housing costs have outpaced local incomes, households not only struggle to acquire and maintain adequate shelter, but also face difficult trade-offs in meeting other basic needs. When the majority of a paycheck goes toward the rent or mortgage, it can be difficult to afford doctor visits, healthy foods, utility bills, and reliable transportation to work or school. This can, in turn, lead to increased stress levels and emotional strain.

Respondents in the Sioux Falls area rated the availability of affordable housing in their community as less than good (average score=2.19) and lower than any other community health issue. When asked to explain why they rated community access to affordable housing the way they did, respondents suggested that prices for single family homes (new and existing) and rental rates (even for studio and 1-bedrooms) are inflated and continue to rise at a pace that exceeds any rise in wages for middle- and low-income individuals. In addition, respondents indicated that more affordable properties, if found, are mostly in poorer condition or have safety concerns.

CHR data indicate that 11 percent of households in the Sioux Falls area have severe housing problems (i.e., overcrowded, high housing costs, lack of kitchen facilities, or lack of plumbing facilities) and nine percent of households spend at least 50 percent of their household income on housing costs – both rates are similar to comparison group average. The Good Samaritan Society is building a new senior care facility in the community with initial openings planned for 2026, which may have a positive impact on affordable housing for seniors. However, the need is not included as the hospital does not have the expertise or competencies to effectively address the need.

Local Asset Mapping	
<p>Housing resources</p> <ul style="list-style-type: none"> • City of Sioux Falls Homeless Outreach, 224 W. 9th St. 	<p>Low Income Apartments</p> <ul style="list-style-type: none"> • Baha Townhouses, 4017 S. Baha Avenue • Baumgartner Apts., 425-1/2 N. Nesmith

<ul style="list-style-type: none"> • Community Outreach (financial assistance for rent/deposit, prevention of eviction), 225 E. 11th Street • Fair Housing Program, 224 W. 9th • Habitat for Humanity, 721 E. Amidon • Homebuyers Assistance Program, 224 W. 9th St. • HUD South Dakota, 2400 W. 49 St. • Inter-Lakes Community Action Partnership, 505 N. Western Ave. • LSS Center for Financial Resources (homeownership counseling), 705 E. 41st St. • Moving Assistance Program, 2707 W. 33rd Street (for those who cannot afford to move to a better or safer living situation) • Safe Home, 320 W. 3rd St. (permanent housing for persistently homeless adults who have severe alcohol issues) • SD Housing Locator – sdhousingsearch.com • Section 8 Housing Voucher, 630 S. Minnesota Ave. • Sioux Empire Housing Partnership, 200 N. Phillips Ave. • Sioux Falls Community Development - Affordable Housing, 2235 W. 10th St. • Sioux Falls Housing, 630 S. Minn. Avenue • Sioux Falls Housing & Redevelop. Commission, 224 W. 9th Street 	<ul style="list-style-type: none"> • Beadle Plaza, 1000 E. 14th St. • Canterbury House, 3501 S. Terry Ave. • Cathedral Heights Senior Affordable Apts., 720 W. 5th St. • Collins Apts., 520 N. Spring • Creekside Apts., 4800 W. 57th St. • Crescent Villa, 5501 W. 46th St. • City Center Apts., 620 N. Main Ave. • Eastview Apts., 3300 E. 11th St. • Falls Park Apts., 3601 N. Career Avenue • Falls View Apts., 313 W. 2nd St. • Greenway Apts., 3008 E. 26 St. • Harvest Apts., 3210 E. 31st St. • Hawthorne Hall, 4021 S. Hawthorne Ave. • Heritage Apts., 1818 E. 3rd St. • Horizon Apts., 4601 Tennis • Hospitality Apts., 3510-B S. Terry • Huey Apts., 112 N. Phillips Ave. • L'Abri, 100 W. 6th • Meadowland Apts., 3601 S. Marion Road • Murray Apts., 2500 W. Madison St. • Olive Grove, 4904 Kirkwood Circle • Pasque Meadows, E. Brennan & 3rd Street • Spring Hill Apts., 16th St. & Blaine Avenue • Tower of David Senior Apts., 320 S. 3rd Avenue • Town Park Apts., 2068 S. Cleveland • Western Heights Apts., 2201 West 46th St.
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Implementation Plan for Prioritized Needs

Priority 1: HEALTHY LIVING

Current Activities

Sanford has obtained Administration for Community Living Grant funding to partner with local community agencies to provide fall prevention screening and evidence-based fall prevention programs for older adults in the community.

Projected Impact

Upon completion of the three-year Implementation Plan, the community would see a decrease in older adult injury falls.

Goal 1: Expand access to fall prevention education.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
Coordinate fall prevention education and awareness for older adults and caregivers	Partner with South Dakota Fall Prevention Coalition (SDFPC) to create and maintain an online Fall Prevent Webpage specifically for consumers containing fall prevention education and resources.	Maintain at least 2 Sanford professional staff (RN or Rehab) on the SDFPC, with active representation on subcommittees. Minimum 1 hr/month per participant.	CNO, Administration for Community Living Fall Grant Co- Directors - Karla Cazer, Geriatric CNS, FCN Coordinator, Abigail Gramlick-Mueller, Nurse Scientist; Injury Prevention, LEAD Staff	SD Falls Prevention Coalition, SD Department of Health/Injury Prevention; Sioux Falls Department of Health
Increase the number of community-based older adults and persons with disabilities participating in evidence-based fall prevention programs.	Number of people who participate in fall prevention EBP per year	ACL Grant Funding <ul style="list-style-type: none"> • Grant co-directors • CAPABLE RN, OT, Handyworker, • A Matter of Balance Master Trainer (Physical Therapist) • Injury Prevention Coordinator – Trauma Center 	As above and Volunteer Services	Falls Community Health, Faith Community Nurse Connection, SF Department of Health, SF Fire & Rescue, SF Parks & Recreation, Active Generations, Sanford Wellness Center, SD Fall Prevention Coalition

		<ul style="list-style-type: none"> Sanford Volunteer lay leaders Sanford Marketing <ul style="list-style-type: none"> Media stories Ads Social Media Flyers/brochures 		
Collaborate with SF Community Health & Public Safety to implement fall prevention efforts.	Decrease percentage of 911 lift assist calls within the city	CAPABLE	Grant Directors	Falls Community Health; SF Department of Health and Sioux Falls Fire & Rescue,

Goal 2: Increase Sanford Health provider awareness and knowledge of the importance of fall prevention.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
Educate providers on fall prevention programming and available interventions.	Increase provider referrals to fall prevention EB Programs	Sanford Marketing <ul style="list-style-type: none"> Internal CI-Ops Epic Referral process/tracking ACL Grant Presentations to providers & internal departments by Grant co-directors, injury prevention staff	Fall Prevention Grant Directors, Injury Prevention, Marketing	South Dakota Falls Prevention Coalition (SDFPC), SD Department of Health – Injury Prevention; SD Department of Human Services

Priority 2: ADOLESCENT MENTAL HEALTH

Current Activities

Behavioral health care access has been enhanced with the recruitment of additional providers and placing behavioral health triage therapists in all primary care clinics. The PHQ-2 assessment is given at all primary care visits.

Projected Impact

Upon completion of this goal, more area youth will have access to mental and behavioral health information, education, and services.

Goal 1: Increase depression screening with patients aged 12 – 18 years old.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
Enhance annual depression screening for age 12 and above through: -Digital experience -EMR optimization -Workflow development and execution	-Increase screening volumes -Increase depression screening rates -Improve consistent follow-up planning for positive screens	IT, Clinical Informatics, Marketing, EDS, Quality, Project Management	Sanford executive leadership, and physician and nurse leaders	Referral partners such as 211 Helpline and 988 Suicide Hotline

Goal 2: Enhance overall access to behavioral health and mental health services for area youth.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
Continue to recruit BH providers including IHTs to increase access to behavioral health care at primary care locations	# providers	Physician Recruitment, Marketing	Sanford Clinic Team	
Leverage virtual services to increase access to BH care	Virtual care visits	Staff time and resources	Sanford Clinic and Virtual Care teams.	

Priority 3: ACCESS TO CARE

Current Activities

Walk-ins, video visits, e-visits, online scheduling, and same-day access are available at all primary care locations. Appropriate preventive screenings are offered along with educational information on wellness and disease prevention.

Projected Impact

Upon completion of the three-year Implementation Plan, more area residents will have received appropriate/needed care

Goal 1: Increase rates of preventive screenings for cancer.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
Establish annual colorectal (CRC) screening program to reach overdue, average-risk patients through mailed stool-based tests (SBT).	Increase SBT screening volumes. Increase CRC screening rates. Develop sustainability plans.	IT, Clinical Informatics, EDA, Marketing, Quality, Population Health	Executive leadership, physician and nurse leaders	Test kit vendors
MyChart reminders for needed screenings		IT, Clinical Informatics, Marketing, Quality	Executive leadership and Quality partners	
Educate medically-underserved populations on government programs and individual coverage options		TBD based upon the completion of an assessment	Patient Financial Services, Marketing, Community Relations, Care Management	Community Health Workers, 211/Helpline

Goal 2: Increase access to senior care services.

Actions/Tactics	Measurable Outcome & Timeline	Resources to be Committed	Leadership	Community partnerships and collaborations, if applicable
-Develop and build Good Samaritan Society – Founder’s	-Construction timeline and opening date	-Skilled nursing, assisted & independent living, home health; Sanford	-Good Samaritan Society and Sioux Falls teams	-City of Sioux Falls

Crossing senior living campus		clinic; Lewis Drug		
-Continue to recruit and retain RNs and CNAs in long-term care centers	-number of open positions	-Recruitment campaigns -Ongoing review of wages -Employee experience feedback	-Good Samaritan Society team and Human Resources	-Local technical and Nursing schools -State and federal legislators
-Advocate for policies that support long-term care sustainability and protect access to senior care	-Medicaid reimbursement rates -Grants and other programs	-Long-term care leaders -Advocacy communications	-Public Policy and Good Samaritan Society teams	-State legislators -SDAHO -SDHCA -South Dakota LTC providers

Needs Not Addressed

Needs identified during the CHNA process that are not prioritized in the preceding implementation plan were deemed to be less urgent in nature, are being addressed by other community individuals, resources, or organizations, or the hospital does not currently have the appropriate resources to prioritize the work at this time. For more information on needs not addressed, refer to the sections on each specific need above. Although not included in the Implementation Plan, the hospital supports efforts to address community needs, such as viewing the information collected within the Community Health Needs Assessment as a community benefit and sharing survey and assessment information with community partners to support the expansion or establishment of programs that reduce community needs. Additionally, Sanford Health further supports through its findhelp resource tool that informs patients and consumers of national and local resources. In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart.

EVALUATION OF 2022-2024 CHNA

System-wide Support and Utilization of the Community Health Needs Assessment Program

Sanford Health continues to integrate the CHNA report, supporting data, and Implementation Plans across the organization, including in the annual strategic planning program and operations. The Sanford Health Board of Trustees incorporated population health as an aspirational target metric necessary to become the “premier rural health system” in the country. The population health target aligns the work conducted through the CHNA with the overall evaluation of Sanford’s success.

CHNA data is made available throughout the planning process as needed as part of the annual strategic planning process, both internally and to external organizations that partner

with the system. Sanford also incorporated the CHNA into the capital expenditure request process to give a voice to the needs and concerns of this population.

In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart. Findhelp generated nearly 28,000 internal and external searches from within CHNA-defined communities on CHNA topics in 2022 and over 19,000 in 2023. The Sioux Falls CHNA area had 14,013 searches in 2022 and 2023.

Access to Care

Sanford Health was a member of a coalition of advocates, nurses, health care providers, farmers, faith leaders, and educators that worked to pass Medicaid Expansion in 2022, expanding eligibility to 40,000 people in SD. We continue to work with patients who are eligible to enroll for coverage to ensure they have appropriate resources and support.

Health care literacy and financial advocacy are ongoing efforts. We collaborate with Sanford Health Plan to help patients find affordable coverage. The hospital also has onsite financial advocates who specialize in health care coverage enrollment and help patients navigate Sanford's financial assistance program if eligible. We continue to invest in language services to ensure patients needing financial support do not face communication barriers.

We continue to enhance access through video visits, telehealth, e-visits, remote home monitoring and My Sanford Nurse. PCPs are able to reach more patients timely through virtual care options.

In 2021, Sanford Health announced a Virtual Care Initiative as part of our commitment to transform health care for patients living in rural and underserved areas. Virtual care services have continued to expand, both at the Medical Center and throughout the region. In 2023, Virtual Care, working with 33 regional network facilities, an increase from 26 the year prior, provided access to virtual services for Emergency services as well as tele Stroke and tele Burn. Cardiology, Endocrinology, Sleep, Surgery, and Urology were added as pediatric virtual options in 2023. CareSignal home monitoring expanded with 1507 patients enrolled in 2023 (Depression 606; COPD 437; Diabetes 360; Heart Failure 104), a large increase from the 71 enrolled in 2022. In total, the Sioux Falls region of Sanford Health conducted a total of 21,197 video visits and 13,293 e-visits in 2023. In CY2022 the total video visits were 24,000 and total e-visits were 12,800

Our call center, inclusive of our One Call system, the Clinical Call Center, and the My Sanford Nurse line responds to hundreds of thousands of calls per year. The Clinical Call center answers after hours calls for all the metro/network clinic locations, in addition to My Sanford Nurse calls. Last year, the center fielded over a half million calls – 550,633 from Jan 1 to Dec 31, 2023. In 2022, My Sanford Nurse had 47,743 calls and there were 233,045 One Call system calls bringing the total for the year to over a quarter of a million calls.

Chronic Disease Prevention

In 2022, Sanford USD Medical Center (SUSDMC) joined a new collaborative initiated by the City of Sioux Falls Public Health Dept.. This Community Health Improvement Plan is a complement to the CHNA but with a targeted focus on the Sioux Falls metro. The City, Sanford, Avera, and other community partners developed strategies to address gaps in preventive care, including screenings and vaccination rates. These efforts are a response to

assessment data indicating 12% of CHNA survey respondents did not receive medically necessary care in the past year and 21% do not have a PCP.

Sanford provides a team of experts who support patients at high risk of readmission and patients who have complex medical and social situations that impact their health outcomes. Comprehensive Care and Community Services is comprised of nurse practitioners, nurse case managers and social workers who meet the patient in their living situation, be it at home, an apartment, a homeless shelter, or the street. The goal is to work with the patient and family unit to improve the level of engagement with the health care team, establish with a provider and secure access to insurance/funding. The team works to impact social determinants of health, including housing and food insecurity, transportation, financial barriers including lack of health insurance and access to medications, that keep individuals from reaching their health goals. By resolving some of these barriers, patients can remain out of the hospital, receive preventive health care services, and achieve better health outcomes. This team carries a case load of around 60 patients at any given time and serves those in Sioux Falls and within a 30-mile radius.

Our Community Health Worker (CHW) program launched in July / August 2022 at primary care clinics in Sioux Falls. CHWs work with at-risk populations to ensure they receive appropriate care, including preventive care, and connect them to community resources and support services. 2023 was our first full year of all four Sioux Falls CHWs routinely seeing patients. In 2023, the CHW team in Sioux Falls had 1,416 face-to-face encounters with 745 patients.

In 2022, we launched a Match with a Doctor quiz on our website to help people find the right provider for their needs. We also added Community Health Workers (CHWs) at primary care clinics in Sioux Falls. CHWs work with the Medicaid population to ensure they receive appropriate care, including preventive care and connect them to community resources and support services. In 2022, our CHWs logged 658 encounters with this population.

SUSDMC did marketing and awareness campaigns in February for Heart Month. Our mobile heart screening truck was out in the community for a total of 48 days the last two years. Overall (in clinic & mobile) we did 20,693 screenings in 2022 and 2023 (Heart: 11,228 with 3,265 positive screens and Vascular: 9,465 with 190 positive screens). The YOY increase was 503 over the 2022 total number of screens.

In March, we promoted colorectal cancer month and healthy lifestyle habits to decrease risk. Educational information was shared and primary care staff advised patients as appropriate when due for a screening. SUSDMC had a colorectal cancer screening rate of 68.2% in 2023, on par with the previous year. An enterprise-wide project to improve colorectal cancer screening is currently underway.

SUSDMC attained a cervical cancer screening rate of 74.4% in 2023, exceeding our goal of 68.9%. We continue to encourage mammograms for patients as appropriate with a 2023 screening rate of 73.5%, moving closer to our long-term goal of 84.6%

Local schools have access to the Sanford fit program which engages and empowers children and families to make healthy lifestyle choices. Students learn about food, physical activity, mood and energy needs. In 2023, our region had 2,811 fit website users and 24,857 page views, bringing the two year total to 54,939 page views. The fit team conducted 76 events in Sioux Falls to 8,154 children in the past two years.

Mental Health and Addiction

We continue to expand behavioral health services commensurate to increasing demand. SUSDMC offers mental health services for any admitted patient and those that present to the Emergency Department in a mental health crisis. Patients are seen for suicidal ideation, depression, anxiety, PTSD, substance and addiction issues. Mental Health staff also see those with a new medical diagnosis such as cancer, pulmonary issues and postpartum depression. SUSDMC's mental health team consists of 15 Masters level counselors and clinical social workers to ensure any mental health needs are taken care of while a patient is hospitalized.

SUSDMC also offers two Integrated Health Therapists that see patients in our specialty clinics that are on the main SUSDMC campus. They are available for crisis counseling and follow up visits as needed at the same time as the patient's clinic visit.

Embedding Integrative Health Therapists within our primary care clinics ensures broader access for patients seeking outpatient care and ensuring regular, consistent screening and follow-up. Sanford Psychiatry and Psychology Clinic currently has 31 providers including physicians, advanced practice providers, psychologists, neuropsychologists, and behavioral health therapists.

In 2023, the clinic had 37,226 total completed appointments (36,505 in 2022) including over 4,849 new referrals (5,000 in 2022). We continue to offer both in person or virtual appointments to our established patients to meet the needs of those coming from a distance and/or for their convenience. In 2022 for example, of the over 36,000 visits, 2,827 were MyChart telemed home visits, 2,621 were telemed home visits (Facetime). We have three additional providers joining the clinic practice. Two physicians (one adult psychiatrist and one child & adolescent psychiatrist) and one behavioral health therapist will join our practice within the next five (by late 2024) months. Services offered include new patient evaluations, medication management, individual psychotherapy, psychological testing, neuropsychological testing, group therapy for DBT (Dialectical Behavior Therapy), pain management, anxiety/depression, and newly added adolescent DBT group. We have continued to add to our mental health team in primary care settings across Sioux Falls with the addition of behavioral health therapists working alongside our integrated health therapists. This has allowed increased access to individual counseling and crisis mental health care.

SUSDMC staff and providers follow enterprise best practices regarding opioid prescribing and treatment. The EMR prompts providers to check Prescription Drug Monitoring Program before prescribing opioids, perform routine yearly Urine Drug Screen tests, provide educational resources in dealing with prescribing opioids, and give Controlled Substance Agreements for patients using opioids chronically. The OneChart system has an Opioid Management dashboard where pain agreements, drug tests, and Naloxone compliance are monitored. There is also a Chronic Opioid Use Registry to see who has an updated Opioid Risk Tool assessing risk of opioid abuse and Pain Screening Tool.

Finally, SUSDMC has several staff that are part of the partnership that Sanford Health and Avera Health have with the City of Sioux Falls to form The Link. The Link is a community triage center providing a safe place for people experiencing a non-violent behavioral health crisis or needing care for substance abuse disorders to access immediate treatment and referral to support services. It offers our community an innovative approach to address gaps in critical services for people living with mental health and substance abuse challenges. We participate in various planning and operational committees and our President and CEO, Paul Hanson, is on The Link Board of Directors.

CONTACT INFORMATION

The Community Health Needs Assessment, Implementation Plan, and survey data are available online at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. The website includes current and historical reports.

Anyone wishing to receive a free printed copy, obtain information on any topic brought forth in the report, or offer public comments for consideration during the implementation plan or future Community Health Needs Assessment work, please contact us at Community.Benefits.Sanford@SanfordHealth.org or visit <https://www.sanfordhealth.org/about/community-commitment/community-health-needs-assessment>

APPROVAL

The information presented in the Community Health Needs Assessment and Implementation Plan were approved by the Sanford USD Medical Center Board of Directors at their October 2024 meeting. The Sanford Health Board of Trustees approved CHNA and Implementation Plans at their December 2024 meeting.

APPENDIX

Expanded Demographics⁶

Counties within the CHNA community definition have a combined population of 295,004 as of 2023, an increase of 6.6% over 2020 levels. Lincoln County had the largest growth rate of the four counties with increases of 12.4% over the period. For comparison, South Dakota grew at a 3.7% rate during the period.

The median value of owner-occupied housing varies greatly in the community with Lincoln and Minnehaha counties valued at \$292,200 and \$246,200 compared to \$175,300 and \$186,100 in Turner and McCook. Median household income is more balanced with only Lincoln County significantly higher at \$92,317. Similarly, Lincoln County has a lower share of individuals in poverty at 5.3% compared to 8.3% in Turner, 9.2% in Minnehaha, and 9.6% in McCook.

Fact	Turner County, SD	Minnehaha County, SD	McCook County, SD	Lincoln County, SD	South Dakota
Population estimates, July 1, 2023, (V2023)	9,027	206,930	5,809	73,238	919,318
Population estimates base, April 1, 2020, (V2023)	8,663	197,207	5,679	65,158	886,668
Population, percent change - April 1, 2020 (estimates base) to July 1, 2023, (V2023)	4.20%	4.90%	2.30%	12.40%	3.70%
Persons under 5 years, percent	5.70%	7.00%	8.10%	6.60%	6.40%
Persons under 18 years, percent	24.70%	25.10%	28.20%	26.30%	24.10%
Persons 65 years and over, percent	21.40%	13.90%	18.20%	14.80%	18.00%
White alone, percent	96.50%	84.90%	95.70%	93.10%	84.20%
Black or African American alone, percent	0.60%	6.90%	0.70%	2.30%	2.60%
American Indian and Alaska Native alone, percent	1.10%	3.00%	1.70%	0.80%	8.50%
Asian alone, percent	0.40%	2.20%	0.30%	1.80%	1.80%
Native Hawaiian and Other Pacific Islander alone, percent	Z	0.10%	0.10%	0.10%	0.10%
Two or More Races, percent	1.30%	2.80%	1.50%	2.00%	2.80%
Hispanic or Latino, percent	2.70%	6.10%	4.80%	3.10%	4.90%
White alone, not Hispanic or Latino, percent	94.50%	79.90%	92.10%	90.60%	80.70%
Housing Units, July 1, 2023, (V2023)	3,936	92,813	2,497	30,108	417,220
Owner-occupied housing unit rate, 2018-2022	78.80%	63.40%	82.10%	72.70%	68.40%
Median value of owner-occupied housing units, 2018-2022	\$175,300	\$246,200	\$186,100	\$292,200	\$219,500

⁶ <https://www.census.gov/quickfacts>

Median selected monthly owner costs -with a mortgage, 2018-2022	\$1,415	\$1,601	\$1,512	\$1,763	\$1,557
Median selected monthly owner costs -without a mortgage, 2018-2022	\$520	\$586	\$527	\$674	\$571
Median gross rent, 2018-2022	\$691	\$927	\$778	\$1,206	\$878
Language other than English spoken at home, percent of persons age 5 years+, 2018-2022	3.40%	9.40%	4.50%	5.90%	6.50%
Households with a computer, percent, 2018-2022	89.30%	95.50%	93.30%	97.70%	92.60%
Households with a broadband Internet subscription, percent, 2018-2022	81.70%	90.60%	86.30%	95.60%	86.80%
High school graduate or higher, percent of persons age 25 years+, 2018-2022	91.40%	93.10%	92.60%	96.00%	92.70%
Bachelor's degree or higher, percent of persons age 25 years+, 2018-2022	26.40%	34.20%	27.70%	41.80%	30.40%
With a disability, under age 65 years, percent, 2018-2022	5.60%	7.50%	7.40%	5.40%	8.00%
Persons without health insurance, under age 65 years, percent	10.90%	10.90%	12.90%	8.00%	9.80%
In civilian labor force, total, percent of population age 16 years+, 2018-2022	67.50%	74.10%	70.20%	75.60%	67.10%
In civilian labor force, female, percent of population age 16 years+, 2018-2022	61.10%	71.10%	64.90%	72.50%	63.70%
Mean travel time to work (minutes), workers age 16 years+, 2018-2022	26.3	17.9	25.5	18.6	17.4
Median household income (in 2022 dollars), 2018-2022	\$72,312	\$73,110	\$74,873	\$92,317	\$69,457
Per capita income in past 12 months (in 2022 dollars), 2018-2022	\$36,103	\$39,289	\$34,242	\$46,868	\$36,850
Persons in poverty, percent	8.30%	9.20%	9.60%	5.30%	12.50%
Total employer establishments, 2021	253	6,026	185	1,908	27,951
Total employment, 2021	1,454	119,796	957	24,371	363,923

Community Health Needs Assessment Survey

The survey tool was delivered online via Qualtrics. The survey questions in printed format are presented below as a reference. Surveys made available in English, Spanish, Somali, and Sudanese.

Thank you for your interest in the Community Health Needs Assessment. Your confidential responses are vital to helping understand the factors driving the health needs of the community.

RESIDENCE

Please enter your county of residence: _____

Please enter your zip code: _____

What is your current age? _____

COMMUNITY

How would you rate the quality of HEALTH CARE available in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

In your opinion, what is the most important HEALTH CARE issue your community faces?

How would you rate the quality of LONG-TERM CARE, NURSING HOMES & SENIOR HOUSING services in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

How would you rate the quality of CHILDCARE, DAYCARE & PRE-SCHOOL services in your community?

Poor

Fair

Good

Very Good

Excellent

Don't Know

Why did you give it that rating?

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How would you rate the availability of AFFORDABLE HOUSING in your community?

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

Why did you give it that rating?

How would you rate the ability of residents to ACCESS DAILY TRANSPORTATION in your community?

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

Why did you give it that rating?

How would you rate your community's EMPLOYMENT & ECONOMIC OPPORTUNITIES?

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

Why did you give it that rating?

How would you rate your community as being a SAFE place to live?

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

Why did you give it that rating?

How would you rate the ENVIRONMENTAL health of your community?

(clean air, clean water, etc.)

Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate the ability of residents to access HEALTHY & NUTRITIONAL FOODS in your community?

Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

How would you rate the ability of residents to access PHYSICAL ACTIVITY & EXERCISE OPPORTUNITIES in your community?

Poor Fair Good Very Good Excellent Don't Know

Why did you give it that rating?

YOUR HEALTH AND WELLNESS

Overall, how would you rate YOUR current state of health & wellness?

Poor Fair Good Very Good Excellent Don't Know

What is the biggest HEALTH CARE concern you or your family face on a regular basis?

Are there any health care services that you would like to see OFFERED or IMPROVED in your community?

- Yes Please answer next question
- No Skip to 'Your Health Care Usage' section

Please select the health care services you would like to see OFFERED or IMPROVED in your community. (Select all that apply)

- | | |
|--|--|
| <input type="radio"/> Addiction Treatment | <input type="radio"/> Heart Care |
| <input type="radio"/> Behavioral Health / Mental Health | <input type="radio"/> Labor and Delivery |
| <input type="radio"/> Cancer Care | <input type="radio"/> Long-Term Care / Nursing Homes |
| <input type="radio"/> Chiropractic Care | <input type="radio"/> Orthopedics and Sports Medicine |
| <input type="radio"/> Dental Care | <input type="radio"/> OBGYN / Womens' Care |
| <input type="radio"/> Dermatology | <input type="radio"/> Pediatrics / Childrens' Care |
| <input type="radio"/> Emergency / Trama | <input type="radio"/> Walk-in / Urgent Care |
| <input type="radio"/> Eye Services (<i>Ophthalmology, Optometry</i>) | <input type="radio"/> Other (<i>please specify</i>): |
| <input type="radio"/> Family Medicine / Primary Care | |
| <input type="radio"/> General Surgery | |

YOUR HEALTH CARE USAGE

Do you currently have a primary care physician or provider who you go to for general health issues?

- Yes No

How long has it been since you last visited a physician / provider for a routine check up or screening?

- | | |
|---|---|
| <input type="radio"/> Within the past year | <input type="radio"/> More than 5 years ago |
| <input type="radio"/> Within the past 2 years | <input type="radio"/> Never |
| <input type="radio"/> Within the past 5 years | |

What has kept you from having a routine check-up? (Select all that apply)

- | | |
|--|--|
| <input type="radio"/> Cost/Inability to Pay | <input type="radio"/> No child care |
| <input type="radio"/> COVID-19 | <input type="radio"/> Wait time for appointments are too long |
| <input type="radio"/> Don't feel welcomed or valued | <input type="radio"/> Clinic hours are not convenient |
| <input type="radio"/> Don't have insurance | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted | <input type="radio"/> Nothing / I do not need to see a doctor |
| <input type="radio"/> Lack of transportation | <input type="radio"/> Don't have a primary care physician |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify): |
| <input type="radio"/> Getting time off from work | |

How would you rate your current ability to ACCESS health care services?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Poor | Fair | Good | Very Good | Excellent |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why did you give it that rating?

In the past year, did you or someone in your family need medical care, but did not receive the care needed?

- Yes No Unsure

What are the reasons you or a family member did not receive the care needed?

- | | |
|--|--|
| <input type="radio"/> Cost/Inability to Pay | <input type="radio"/> No child care |
| <input type="radio"/> COVID-19 | <input type="radio"/> Wait time for appointments are too long |
| <input type="radio"/> Don't feel welcomed or valued | <input type="radio"/> Clinic hours are not convenient |
| <input type="radio"/> Don't have insurance | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted | <input type="radio"/> Nothing / I do not need to see a doctor |
| <input type="radio"/> Lack of transportation | <input type="radio"/> Don't have a primary care physician |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify): |
| <input type="radio"/> Getting time off from work | |

TRAVELING FOR CARE

Have you or a member of your family TRAVELED to receive health care services outside of your community within the past 3 years?

- Yes
- No

If yes, Where did you travel to? *(If you traveled more than once, enter the most recent place you traveled to?)*

City _____ State _____

What was the main reason you traveled for care? *(select all that apply)*

- Referred by a physician
- Better / higher quality of care
- Medical emergency
- Needed a specialist / service was not available locally
- Second opinion
- Immediate / faster appointment
- On vacation / traveling / snowbirds
- Cost or insurance coverage
- Don't feel welcomed or valued by local providers

Other *(please specify)*

YOUR HEALTH INSURANCE

Do you currently have health insurance?

- Yes
- No

Please indicate the source of your health insurance coverage.

- Employer *(Your employer, spouse, parent, or someone else's employer)*
- Individual *(Coverage bought by you or your family)*
- Federal Marketplace *(Minnesota Care / Obamacare / Affordable Care Act)*
- Medicare
- Medicaid
- Military *(Tricare, Champus, VA)*
- Indian Health Service *(IHS)*

Other *(please specify)*

DEMOGRAPHICS

What is your sex?

- Male Female Prefer not to answer

Do you, personally, identify as lesbian, gay, bisexual, transgender or queer?

- Yes No Prefer not to answer

How many people live in your house, including yourself? _____

How many children under age 18 currently live with you in your household? _____

Are you Spanish, Hispanic, or Latino in origin or descent?

- Yes No

What is your race? *(Select all that apply)*

- American Indian or Alaska Native
 Caucasian or White
 Asian
 Native Hawaiian or Pacific Islander
 Black or African American

Other *(please specify)*

How long have you been a US Citizen?

- I am not a US citizen
• Are you planning to become a US citizen? Yes No Prefer not to answer
 0 - 5 years
 6 - 10 years
 More than 10 years

What language is spoken most frequently in your home? _____

What is your current marital status?

- Married Divorced
 Single, never married Widowed
 Unmarried couple living together Separated

Which of the following best describes your current living situation?

- House (*owned*)
- Apartment or House (*rental*)
- Homeless
- Some other arrangement

What is your primary mode of daily transportation?

- Automobile/Truck (*owned or leased*)
- Online Ride Service (*Uber / Lyft*)
- Taxi Service
- Public Transportation (*bus / subway / rail*)
- Other (*please specify*)
- Walk
- Bicycle
- Family, Friends or Neighbors
- I do not have a primary mode of daily transportation

What is the highest level of school you have completed or the highest degree you have received?

- Less than high school degree
- High school graduate (*high school diploma or equivalent including GED*)
- Some college but no degree
- Associate degree in college (*2-year*)
- Bachelor's degree in college (*4-year*)
- Master's degree
- Doctoral degree
- Professional degree (*JD, MD*)

Your current employment status is best described as:

- Employed (*full-time*)
- Employed (*part-time*)
- Self-employed
- Furloughed
- Not employed, looking for work
- Not employed, not looking for work
- Retired
- Disabled or unable to work

What is your total household income from all sources?

- Less than \$20,000
- \$20,000 - \$24,999
- \$25,000 - \$29,999
- \$30,000 - \$34,999
- \$35,000 - \$49,999
- \$50,000 - \$74,999
- \$75,000 - \$99,999
- \$100,000 - \$199,999
- \$200,000 or more

Thank you for completing the survey. Your responses ensure more accurate and targeted solutions to address identified health issues.