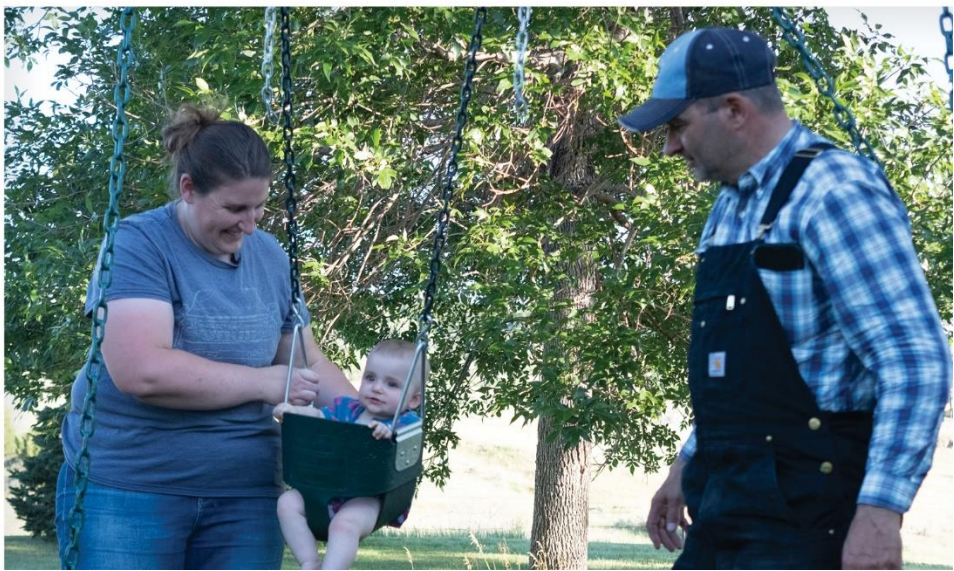




# Community Health Needs Assessment

SANFORD CANTON-INWOOD MEDICAL CENTER  
2025-2027



Dear Community Members,

It is once again my privilege to share with you Sanford Canton-Inwood Medical Center's Community Health Needs Assessment report. Our hospital completes a community health needs assessment every three years to identify opportunities to improve the health and wellness of our community.

The report and implementation plan that follows will guide our work over the next three years and builds upon previous progress made in our community.

The Community Health Needs Assessment is a rigorous process in which we sought input from community members, leaders, and organizations including public health. Additionally, Sanford Health partnered with the North Dakota State University Center for Social Research to incorporate additional data analysis and provide an independent assessment. Together, these elements paint a picture of the current needs facing the community, opportunities for partnership with area businesses and organizations, and resources available to address identified needs.

On behalf of the Sanford Canton-Inwood Medical Center team, thank you for your continued support of the Community Health Needs Assessment process.

Sincerely,

Scott Larson  
Chief Executive Officer  
Sanford Canton-Inwood Medical Center



## BACKGROUND

### Community Description

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Sanford Canton-Inwood Medical Center is located in Canton, SD. Canton has a population of 3,500, and is located 10 miles east of Interstate 29 on US Highway 18. The community is surrounded by Newton Hills State Park, Big Sioux River, and the rolling hills of the Sioux Valley. Canton is the county seat of Lincoln County.

The earliest known visitor was Lewis P. Hyde, who first came to the area in 1866. By 1868, there were 35 people living in Lincoln County. Residents named the community Canton, believing the location to be the exact opposite of Canton, China. In 1880, the Chicago, Milwaukee, St. Paul and Pacific Railroad crossed the Big Sioux River to reach Canton. The city still has an active rail freight service and many historic homes and buildings dating back to the late 1800s. Two of Canton's historical sites are the Lincoln County Courthouse built in 1889 and the Canton Lutheran Church, which was built in 1908.

Canton is home to several industries: Eastern Farmers Co-op, Adams Thermal Systems, Bid-Well, a Terex Company, Johnson Feed, Inc., Fastek Products, and Legacy Electronics. The community has a variety of restaurants and approximately 200 total businesses.

The community as defined for purposes of the Community Health Needs Assessment includes Lincoln County, South Dakota, and Lyon County, Iowa and represent a majority of the volumes to the Sanford Canton-Inwood Medical Center. No populations were intentionally excluded during the process of defining the community or within the CHNA process. Demographic details for the counties is included in the appendix.

### Partners

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The Community Health Needs Assessment builds on the work of previous cycles and is the result of the coordinated efforts of many internal and external partners. Sanford Health would like to thank and acknowledge the following and their teams for their assistance. This program would not be possible without their expertise.

### Sanford Health

- Erika Batcheller, Executive Vice President, Chief External Affairs Officer
- Nick Olson, Executive Vice President, Chief Financial Officer
- Corey Brown, Senior Vice President, Government Affairs
- Amber Langner, Senior Vice President, Treasury
- Blayne Hagen, Vice President, General Counsel, Sioux Falls
- Lindsay Daniels, Vice President, Care Management
- Doug Nowak, Vice President, Data Analytics
- Natasha Smith, Head of Diversity, Equity and Inclusion
- Catherine Bernard, Director, Tax
- Karla Cazer, Clinical Nurse Specialist, Faith Community Nursing Center
- Deana Caron, Senior Tax Accountant
- Kurt Brost, Senior Director, Community Relations
- David Hill, Director, Chief Privacy Officer
- Jessica Sexe, Senior Director, Communications
- Phil Clark, Director, Marketing Insights
- Shawn Tronier, Lead Marketing Analyst
- Chase Gerar, Strategic Planning Advisor, Fargo
- Brian Ritter, Head of Market Affairs, Bismarck

- Kayla Winkler, Lead Community Relations Specialist, Bemidji

**System Partners**

- Sister Nancy Miller, Director Mission Integration, CHI St. Alexius Health
- Julie Ward, VP of Diversity, Equity & Inclusion, Avera McKennan Hospital & University Health Center
- Angela Schoeffelman, Community Program Manager, Avera Community Health Resource Center
- Alli Fast, Community Health Program Manager, Essentia Health
- Nancy Hodur, Director, North Dakota State University Center for Social Research
- Karen Olson, Research Specialist, North Dakota State University Center for Social Research
- Kathy McKay, Public Health Administrator, Clay County Public Health
- Desi Fleming, Director of Public Health, Fargo Cass Public Health
- Justin Bohrer, Public Health Analyst & Operational Planning Lead, Fargo Cass Public Health
- Julie Sorby Engen, Director of Community Development, Family HealthCare
- Shelby Kommes, Public Health Coordinator, Sioux Falls Health Department
- Renae Moch, Public Health Director, Bismarck-Burleigh Public Health and Immediate Past President, North Dakota Public Health Association
- Erin Ourada, Administrator, Western Plains Public Health
- Joe Kippley, Public Health Director, Sioux Falls

**Canton-Inwood Partners**

We express our gratitude to the following community collaborative members for their expertise during the planning, development and analysis of the community health needs assessment:

- Valerie Anderson, President, Farmers State Bank of Canton
- Sandi Lundstrom, Mayor, City of Canton
- Russell Townsend, Superintendent, Canton School District
- Terry Gerber, Former Superintendent, Canton School District
- Jean Fossum, Administrative Assistant, Sanford Canton-Inwood Medical Center
- Scott Larson, CEO, Sanford Canton-Inwood Medical Center
- Andy Wentzy, Vice President, Strategic Planning, Sanford Health
- Andy Wiese, Head of Strategic Intelligence, Sanford Health

**Sanford Canton-Inwood Description**

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Sanford Canton-Inwood Medical Center is an 11-bed Critical Access Hospital located in a beautiful rural setting just east of Canton, South Dakota. Through a partnership of Canton-Inwood Memorial Hospital Association and Sanford, the community established a healthcare facility focused on providing quality healthcare close to home.

Sanford Canton-Inwood employs six clinicians, including physicians and advanced practice providers in the areas of family medicine, sports medicine, surgery, counseling, and interventional cardiology and has over 100 employees.

## **CHNA Purpose**

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The purpose of a community health needs assessment is to develop a global view of the population's health and the prevalence of disease and health issues. Findings from the assessment serve as a catalyst to align expertise and develop a Community Investment/Community Benefit plan of action. There is great intrinsic value in a community health needs assessment when it serves to validate not-for-profit status and create opportunity to identify and address public health issues from a broad perspective. A community health needs assessment identifies the community's strengths and areas for improvement. A community health needs assessment is critical to a vital Community Investment/Community Benefit Program that builds on community assets, promotes collaboration, improves community health, and promotes innovation and research. It also serves to support progress made toward organizational strategies.

## **Regulatory Requirements**

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Federal regulations stipulate that non-profit medical centers conduct a community health needs assessment at least once every three years and prioritize the needs for the purpose of implementation strategy development and submission in accordance with the Internal Revenue Code 501(r)(3).

The Internal Revenue Code 501(r) requires that each hospital must have: (1) conducted a community health needs assessment in the applicable taxable year; (2) adopted an implementation strategy for meeting the community health needs identified in the assessment; and (3) created transparency by making the information widely available.

The regulations stipulate that each medical center take into account input from persons who represent the broad interests of the community. Hospitals are required to seek input from at least one state, local, tribal or regional government public health department or state Office of Rural Health, with knowledge, information or expertise relevant to the health needs of the community.

Non-profit hospitals are also required to seek input from members of medically underserved, low income, and minority populations in the community, or organizations serving or representing the interest of such populations. This includes underserved populations experiencing disparities or at risk of not receiving adequate care due to being uninsured or due to geographic, language or financial or other barriers.

The community health needs assessment includes a process to identify community resources available to address identified and prioritized needs. Hospitals are to address each assessed need or explain why they are not addressing a need. Once needs have been identified and prioritized, hospitals are required to develop an implementation strategy for each. The strategies are reported on the IRS 990 and a status report must be provided each year on IRS form 990 Schedule H.

Finally, hospitals are required to be transparent with the findings and make the written CHNA report available to anyone who requests it. All CHNA reports and implementation strategies are housed on the Sanford website at [www.sanfordhealth.org](http://www.sanfordhealth.org). Hospitals must keep three cycles of assessments on their website.

Sanford extended a good faith effort to engage all aforementioned community representatives in this process. We worked closely with public health experts throughout the entire assessment process. Public comments and responses to the community health needs assessment and the implementation strategies are welcome on the Sanford website or

contact can be made at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. No community comments or questions regarding the previous CHNA have been made via the website link or email address.

## CHNA Process

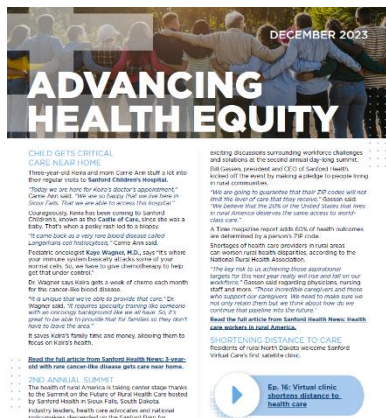
Sanford Health, in coordination with public health experts, community leaders, and other health care providers, within the local community and across Sanford's care delivery footprint, developed a multi-faceted assessment program designed to establish multiple pathways for health needs assessment.



## Limitations

The findings in this study provide an overall snapshot of behaviors, attitudes, and perceptions of residents living in the community. A good faith effort was made to secure input from a broad base of the community. However, gaps in individual data sources may arise when comparing certain demographic characteristics (i.e., age, gender, income, minority status) with the current population estimates. For example, these gaps may occur due to the difficulty in reaching respondents through the survey process.

To mitigate limitations, the CHNA evaluates community health from several perspectives: a stakeholder and community survey, meetings with community leaders that have special knowledge and expertise regarding populations, secondary data sources such as the U.S. Census Bureau and County Health Rankings, public comments from previous assessments, and institutional knowledge by Sanford employees locally and across the Sanford enterprise.



Sanford Health determined that the survey collection process was an area for improvement. As noted above, the multi-step process minimizes limitations that exist among individual components. Sanford Health and system partners determined there is greater interest in the survey findings, as such, efforts to improve representation across demographics is a focus for the current and future cycles.

To reach targeted populations, Sanford invested in a multifaceted campaign that included an earned media campaign on local media outlets and the public-facing Sanford Health News (<https://news.sanfordhealth.org/>). The system also promoted the survey internally through the organization's intranet, all-staff emails, and newsletters.

Internal efforts were supported with a robust advertising campaign that included, among other efforts, a digital media program yielding 3.6 million impressions and a print ad campaign encouraging Native American communities to participate through placements in DeBahJiMon Magazine, Anishinaabeg Magazine and MHA Times (Mandan, Hidatsa, Arikara). Further support was given to collecting surveys at various community events. The goal of these efforts was to increase participation by those

underrepresented the previous cycle, including lower income, minority, and medically underserved populations.

Overall, survey respondents in the current cycle were more aligned to respective community demographics. The investment made by the system and partners to improve representation provides a base of learnings for future CHNA cycles.

### Community and Stakeholder Survey

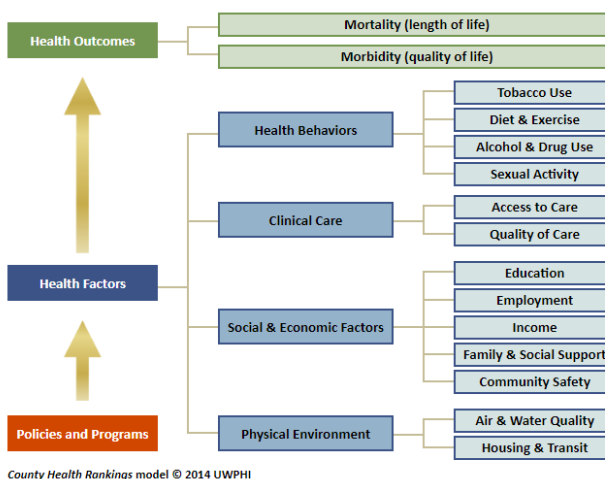
Community residents were asked a series of questions through an online survey designed in partnership with health experts and public health officials across the Sanford footprint to understand health needs. Survey design is based on the UW Population Health Institute model. Each respondent was asked to rate community drivers from poor to excellent. Any response other than excellent was offered a follow-up opportunity to comment on the reason for their ranking. Respondents were also asked a series of questions specific to their health care access, health care quality, barriers to care, travel to care, and insurance. The survey was sent to a sample of the Lincoln County, SD and Lyon County, IA, populations secured through Qualtrics, a qualified vendor. The full set of questions is available in the appendix.

survey was the first of multiple efforts to engage community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations. Stakeholders were sent the survey and asked to complete the instrument and then forward the survey to their respective populations for greater involvement. Additional investments to increase involvement in the survey are noted in the “Limitations” section of the report.

Survey data for the local community should be considered directional and best utilized in conjunction with additional data. A total of 497 respondents from the CHNA area completed the survey. Promotion investments by the system yielded a total of 9,714 completed surveys from across the Sanford footprint, an increase from 6,748 the previous cycle. The responses generated 48,643 open-ended responses and 1.76 million pieces of data (cells).

### Secondary Data

County Health Rankings are based upon the UW Population Health model and serve as the main secondary data source utilized for the community health needs assessment. Alignment of the survey and secondary data within the UW Population Health model allows for greater connection of the data sets. Population data are sourced to the U.S. Census Bureau. Additional data sources may be used and are sourced within the document.



### Health Needs Identification Methodology

The Center for Social Research at North Dakota State University was retained to develop the initial community health needs list for each community, building upon their involvement during the previous cycle. The following methodology was used to develop the significant health needs presented later in the report:

- Survey data was stratified into representative groups based upon population: large urban communities, medium sized communities, and rural communities. The three groups were analyzed separately. Canton-Inwood is included with Bagley, MN; Canby,

MN; Chamberlain, SD; Clear Lake, SD; Hillsboro-Mayville, ND; Jackson, MN; Luverne, MN; Sheldon, IA; Tracy, MN; Webster, SD; Westbrook, MN; and Wheaton, MN.

- To identify community health care needs, each community's score by question was compared to the average stratified composite of the comparative group. For example, if the composite stratified system-wide average score is 4 and an individual community's average response was 2.5, which would suggest an issue of concern and a potential community health care need to be highlighted in the summary findings.
- Upon determination of a potential strength or need, County Health Rankings (<https://www.countyhealthrankings.org/>) and responses from open-ended questions provided additional insights into the drivers of the respective needs.
- A similar methodology was also used to provide additional insights into findings from County Health Rankings data with relevant health needs highlighted in the survey findings.
- Health needs identified through either the survey or County Health Rankings data but not both were also included in the findings.
- The Center for Social Research validates the findings of the primary research by engaging at least two internal reviewers. Each reviewer has their own technique and strengths to review the findings; however, they check for accuracy in the data by reviewing the code/syntax, the output, the correct representation of the data in the report, verbiage, consistency, context, and overall readability. Both reviewers also supported previous CHNA reports.

### **Community Asset Mapping**

Asset mapping was conducted to locate community resources available to address the assessed needs. Each unmet need was researched to determine what local resources are available. Once gaps were determined, the prioritization exercise followed with key stakeholder groups determining top needs for their community.

A positive development since the previous CHNA report is the integration of findhelp.com into the Sanford Health digital ecosystem. In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health-related social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to Sanford Health patients and is available on Sanfordhealth.org and in MyChart. Patients can receive information in the format that is meaningful to them (electronic or paper) and in their preferred language. The tool is used to identify local resources as part of the community asset mapping section of this report.

### **Community Stakeholder Meetings**

Community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations were further included in the process during the community stakeholder meetings. During the meetings, survey findings were presented to community stakeholders. Facilitated discussion commenced and each participant was asked to consider the needs identified that should be further developed into implementation strategies. Health needs identified during the previous cycle but not raised through the survey or County Health Rankings were also considered. The meeting served to inform the group of the findings but also served as a catalyst to drive collaboration and prioritization of local needs.

The participants provided information to answer the following types of questions as it relates to identified needs: What are the biggest challenges currently with these needs in the community?



- Does the community have gaps in services, access, outreach, etc.?
- What opportunities exist, where can we have greatest impact in addressing these needs?
- Which are most urgent in nature?
- Is there already work being done on these needs?
- What are the resources currently not utilized within the community that could address this topic?
- Which needs fall within the purview of health care system and which do not? Can the non-healthcare needs be shared with other entities or organizations?
- Is there anything you consider an urgent need that we have not discussed?

Based upon consensus of the participants present at the stakeholder meeting, the specific health needs to be addressed within the Implementation plan were proposed to the group. The community members present affirmed the needs. Administrator recommendations are based on all factors, including primary and secondary data, input from the community stakeholder meeting, and scalability of current hospital programs and resources to address the identified needs efficiently and effectively. All identified needs not addressed in the implementation plan were shared with other community partners for action.

## COMMUNITY HEALTH NEEDS ASSESSMENT FINDINGS

The overall health of the community can be described as good. Survey respondents, supported by data from the County Health Rankings, indicated high marks for safety, high feelings of safety due to low crime levels, and positive perceptions of employment opportunities. However, six areas of concern were brought forth for discussion to the Community Stakeholder Meeting for discussion (below).

The top health needs presented below were identified through a mix of primary and secondary research conducted by the North Dakota State University Center for Social Research, which was commissioned by Sanford Health to analyze the data, and Sanford Health. Priority was given to the key topics ranked lowest by community survey with further analysis provided through secondary research. Areas of focus that may not have been raised by the community survey but shown to be an area of focus through secondary research, were also included.

Each health need includes the drivers behind its inclusion in the list, including qualitative survey results, qualitative responses from the survey, and stratified results from the enterprise results that provide clarity to the local discussion. Secondary research from County Health Rankings and other sources were also provided. Insight from the community stakeholder meetings was included as a valuable tool for understanding the needs, and importantly, how to address each issue.

For the purposes of this assessment, the Canton-Inwood market area is defined as Lincoln County in South Dakota and Lyon County in Iowa. The community health summary and identified health needs presented below were identified through a mix of primary and secondary research. Priority was given to the key topics rated lowest by respondents of the community survey, with further analysis provided through secondary research using the 2023 County Health Rankings (CHR) data. Areas of focus that may not have been raised by the community survey but shown to be an area of focus through secondary research, are also included. To further assist in identifying community health needs, survey and CHR data were collected for similar-sized market areas served by Sanford Health. Similar-sized market areas identified for and included in this analysis include Bagley, MN; Canby, MN; Canton-Inwood, SD-IA; Chamberlain, SD; Clear Lake, SD; Hillsboro-Mayville, ND; Jackson, MN; Luverne, MN; Sheldon, IA; Tracy, MN; Webster, SD; Westbrook, MN; and Wheaton, MN. For each measure, averages were calculated for each of the market areas and for the group as a whole for comparison purposes. Context and research provided to explain the importance of a particular health topic were obtained from CHR unless otherwise noted. A total of 497 respondents from the Canton-Inwood area completed the survey.

### Community Health Summary

Survey respondents were asked to rate various issues impacting health in their community and issues impacting their personal health and wellness on the following 1 to 5 scale: 1= poor, 2= fair, 3= good, 4= very good, 5= excellent.

Overall, perceptions among survey respondents in the Canton-Inwood area regarding the following community health issues were positive (average score of 3.00 or higher):

- Health care quality (average score=4.03)
- Environmental health (average score=3.91)
- Safety (average score=3.78)
- Access to exercise opportunities (average score=3.72)
- Employment and economic opportunities (average score=3.54)

- Access to healthy foods (average score=3.45)
- Quality early child care (average score=3.19)

Not only were these scores positive, but with the exception of access to healthy foods and safety, these scores were higher than average for similar-sized markets served by Sanford Health. In particular, respondents in the Canton-Inwood area rated the health care quality in their community as very good and higher than any of the similar-sized markets.

When asked about their personal health, survey respondents in the Canton-Inwood area rated their current health and wellness as good (average score=3.41) and their current ability to access health care services as very good (average score=3.98); both scores were higher than the comparison group average.

CHR data indicate that Lincoln County is ranked among the healthiest counties in South Dakota in terms of overall health – and Lyon County is one of the healthiest counties in Iowa. The following areas of concern were identified for further discussion (in no particular order).

## **Top Health Needs**

### **Access to Affordable Health Care**

Cost and the ability to afford needed health care was identified as the top health care concern that survey respondents and their families in the Canton-Inwood area face on a regular basis. In addition, the cost of health care was also identified by respondents as the most important health care issue impacting their community overall. And while the majority of survey respondents are receiving needed medical care, for those who are not, cost and the inability to afford care was the primary reason.

These concerns about the cost of health care exist despite a positive perception of employment and economic opportunities (average score=3.54) by survey respondents in the Canton-Inwood area (a score which was better than the comparison group average for similar-sized markets served by Sanford Health). In addition, CHR data indicate that when compared to these similar markets, the Canton-Inwood area has the highest median household income (\$81,003), the second lowest unemployment rate (2.4%), and the lowest child poverty rate (6%).

Participants in the community stakeholder meeting acknowledged that costs are a concern, as noted in the survey results. The relatively low unemployment rate and higher median household income position most residents are a positive for the community. However, the general rise in costs, including housing, childcare, food, etc, are competing for share of wallet. Child care in particular is an increasing costs, particularly for those with newborns. The community has a center and in-home providers but they face limits due to regulations and staffing.

The hospital has a relatively low level of private pay individuals and has a care manager that assists patients in identifying necessary medical care and supplies when transitioning from care. The group discussed how addressing chronic conditions and mental health needs earlier would likely decrease health care costs as the interventions are less expensive to patients.

<b>Local Asset Mapping</b>	
<p><b>Major Employers:</b></p> <ul style="list-style-type: none"> <li>• CHS Eastern Farmers, 415 E. 5th St., Canton</li> <li>• Adams Thermal Systems, 47920 W. 5th St., Canton</li> <li>• Bid-Well, 501 W. Industrial Rd., Canton</li> <li>• Johnson Feed, Inc., 305 W. Industrial Rd., Canton</li> </ul>	<p><b>Money Management resources:</b></p> <ul style="list-style-type: none"> <li>• Lincoln Co. Extension Service (money mgmt. classes), 104 N. Main St., Canton</li> <li>• Farmers State Bank, 220 E. 5th St., Canton</li> <li>• First Bank &amp; Trust, 402 E. 5th St., Canton</li> <li>• Security Savings Bank, 100 S. West St., Canton &amp; 402 S Main St, Inwood</li> </ul>
<p><b>Affordable Prescription Drugs:</b></p> <ul style="list-style-type: none"> <li>• CancerCare co-payment assistance, 800-813-4673</li> <li>• Freedrugcard.us</li> <li>• Rxfreecard.com</li> <li>• Medsavecard.com</li> <li>• rxgo.com</li> <li>• Needymeds.org</li> </ul>	<p><b>Affordable Prescription Drugs:</b></p> <ul style="list-style-type: none"> <li>• Southdakotarxcard.com</li> <li>• mygooddays.org</li> <li>• rarediseases.org</li> <li>• pparx.org</li> <li>• panfoundation.org</li> <li>• pfizerRXpathways.com</li> <li>• RXhope.com</li> </ul>
<p><b>Affordable Health Insurance resources:</b></p> <ul style="list-style-type: none"> <li>• Avera Health Plans, 5300 S Broadband Ln, Sioux Falls</li> <li>• Sanford Health Plan, 200 N Cherapa Pl St 201, Sioux Falls</li> <li>• State Farm, 1010 W 5<sup>th</sup> St., Canton</li> </ul>	<p><b>For Additional Resources Reference:</b></p> <p><a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>

**Access to Health Care Providers**

Survey respondents in the Canton-Inwood area rated their own ability to access health care as very good (average score=3.98) and better than the comparison group average. Most respondents have a primary care provider (91%), have been in for a checkup in the past year (91%), and are receiving needed medical care for themselves and their family (79%). CHR data support this, indicating that when compared to similar-sized markets, the Canton-Inwood area has the best ratios of population to providers, with 771 people for every primary care physician, 1,210 people per dentist, and 399 people per mental health care provider.

Despite these positive measures, when survey respondents were asked about the most important health care issues impacting their community, access to health care services and providers was a top issue (behind affordability concerns). Approximately half of survey respondents in the Canton-Inwood area indicated that there are health care services they would like to see offered or improved in their community (54%). When these respondents were asked *which* health care services they would like to see offered or improved, most said behavioral and mental health services (64%), followed by long-term care and nursing homes (33%), addiction treatment (32%), walk-in/urgent care (31%), and family medicine/primary care (17%).

The Sanford Canton-Inwood Medical Center is located approximately thirty minutes from the Sanford USD Medical Center. As such, participants discussed the level of care available within a relatively short distance, but transportation to the specialty services is an issue for some residents. The hospital has paid the costs for some residents to get the necessary in Sioux Falls. Another access resource is the care manager that assists patients in identifying necessary medical care and supplies when transitioning from care. Participants noted that another behavioral health provider has established a practice in Canton, which is further increasing access. The provider is partnering with the school district to offer in-person counseling at the school, thereby removing another barrier to care.



<b>Local Asset Mapping</b>	
<p><b>Health Care resources:</b></p> <ul style="list-style-type: none"> <li>· Sanford Canton-Inwood Medical Center &amp; Clinic, 440 N. Hiawatha Dr., Canton</li> <li>· Sanford Health Inwood Clinic, 303 E Jefferson St, Inwood</li> <li>· VA Health Care, 2501 West 22<sup>nd</sup> St, Sioux Falls</li> <li>· Sanford Community Care Program, 440 N. Hiawatha Dr., Canton</li> <li>· Sanford Medical Home Program, 440 N. Hiawatha Dr., Canton</li> <li>· Lincoln Co. Public Health, 104 N. Main St #140, Canton</li> <li>· Sanford Home Medical Equipment, 4405 E. 26th St., Canton</li> <li>· Good Samaritan Society, 1022 N. Dakota Dr., Canton</li> <li>· Keystone Treatment Center, 1010 E. 2nd St., Canton</li> <li>· Canton Family Dental, 1110 W. 5th St., Canton</li> <li>· Swenson Chiropractic, 28199 West Ave., Canton</li> <li>· Canton Family Vision Center, 109 E. 5th St., Canton</li> <li>· Haisch Pharmacy, 303 E. 5th St., Canton</li> <li>· Lewis Family Drug, 715 E. 5th St., Canton</li> <li>· Lincoln Co. Community Health Nurse &amp; WIC office, 104 N. Main St. Ste 140, Canton</li> </ul>	<p><b>Mental Health resources:</b></p> <ul style="list-style-type: none"> <li>· Rising Hope Counseling LLC, 904 E 5<sup>th</sup> St, Canton</li> <li>· Keystone Treatment Center, 3800 S. Kiwanis Ave., Sioux Falls</li> <li>· Crawford Counseling Center, 1010 W 5<sup>th</sup> St, Canton</li> <li>· SE Behavioral Health Counseling, 2000 S. Summit Ave., Sioux Falls</li> <li>· Dakota Oak Counseling, 3200 W. 57th St., Sioux Falls</li> <li>· Sioux Falls Psychological Services, 2109 S. Norton Ave., Sioux Falls</li> <li>· Great Plans Psychological Services, 4105 Carnegie Circle, Sioux Falls</li> <li>· Catholic Family Services, 523 N. Duluth Ave., Sioux falls</li> <li>· Heuermann Counseling Clinic, 2110 S. Brown Pl., Sioux Falls</li> <li>· LifeMarks Behavioral Health, 1310 W. 51st St., Sioux Falls</li> <li>· NAMI South Dakota, 1601 E 69<sup>th</sup> St, Sioux Falls</li> <li>· Stronghold Counseling Services, 4300 S. Louise Ave Unit 201, Sioux Falls</li> <li>· Sanford Behavioral Health, 1305 W. 18th St., Sioux Falls</li> </ul>
<p><b>Drug &amp; Alcohol Use/Abuse resources:</b></p> <ul style="list-style-type: none"> <li>· Keystone Treatment Center, 1010 E 2<sup>nd</sup> St, Canton</li> <li>· AA, 4112 S West Ave, Sioux Falls</li> <li>· Arch Halfway House, 333 S. Spring Ave., Sioux Falls</li> <li>· Avera Addiction Recovery, 6140 South Curae Ln, Sioux Falls</li> <li>· Bartels Counseling, 7520 S Grand Arbor Ct Ste 145., Sioux Falls</li> <li>· Carroll Institute, 310 S. 1<sup>st</sup> Ave., Sioux Falls</li> <li>· Choices Recovery, 622 S. Minnesota Ave., Sioux Falls</li> <li>· First Step, 4320 S. Louise Ave Unit 200, Sioux Falls</li> <li>· Glory House, 4000 SW Ave., Sioux Falls</li> <li>· Keystone Treatment Center, 3800 S. Kiwanis Ave., Sioux Falls</li> </ul>	<p><b>Drug &amp; Alcohol Use/Abuse resources con:</b></p> <ul style="list-style-type: none"> <li>· Minnehaha Co. Detox Center, 305 W 4<sup>th</sup> St, Sioux Falls</li> <li>· Prairie View Prevention Services, 822 E. 41st St., Sioux Falls</li> <li>· Sioux Falls VA, 2501 W. 22nd St., Sioux Falls</li> <li>· Sioux Falls Treatment Center, 2519 W. 8th St., Sioux Falls</li> <li>· Volunteers of America, Dakotas, 1309 W. 51st St., Sioux Falls</li> <li>· Tallgrass Recovery, 27048 Tallgrass Ave., Sioux Falls</li> <li>· Berakhah House, 400 N. Western Ave., Sioux Falls</li> <li>· Genesis Program, 1301 E. Austin St., Sioux Falls</li> <li>· Salvation Army, 800 N. Cliff Ave., Sioux Falls</li> </ul>
<p><b>Health Care for Native People:</b></p>	<p><b>Health Care for New Americans:</b></p>

<ul style="list-style-type: none"> <li>• SD Urban Health Clinic, 1200 N West Ave, Sioux Falls</li> <li>• SD Urban Indian Health's Cultural Healing Center, 300 N Phillips Ave, Sioux Falls</li> <li>• Sanford Canton Inwood, 440 N. Hiawatha Dr., Canton</li> <li>• Lincoln Co. Community Health Nurse &amp; WIC office, 104 N. Main St. Ste 140, Canton</li> </ul>	<ul style="list-style-type: none"> <li>• Sanford Canton-Inwood Medical Center, 440 N. Hiawatha Dr., Canton</li> <li>• Lincoln County Community Health Nurse &amp; WIC, 104 N. Main St. Ste 140, Canton</li> </ul> <p><b>For Additional Resources Reference:</b>  <a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>
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**Healthy Living**

Survey respondents in the Canton-Inwood area rated their own personal health and wellness as good (average score=3.41) and the quality of health care in their community as very good (average score=4.03). Despite this, when survey respondents were asked about the biggest health concerns for themselves and their family (concerns they face on a regular basis), chronic health issues were a top concern, after cost. Even so, CHR data indicate that when compared to similar-sized markets served by Sanford Health, the Canton-Inwood area has one of the lowest rates of diabetes (7%), obesity (33%), and adult smokers (16%). In addition, the Canton-Inwood area has a better-than-average mammography screening rate (51%) and flu vaccination rate (56%).

Healthy living received significant discussion during the stakeholder meeting with participants highlighting many of the programs currently available locally. For example, the hospital has provided food during Christmas Break and the school district engages in the Backpack Program for students in need. However, the summer is likely a time of need for these students as they are not receiving lunch at school. Additionally, the city has a community garden. Participants discussed collaboration opportunities to enhance current programs designed for kids and seniors and the ability to tie-in additional services such as mental health education to the participants. Engaging parents is an important aspect of the outreach so they are aware of the opportunities.

<b>Local Asset Mapping</b>	
<p><b>Chronic Disease resources:</b></p> <ul style="list-style-type: none"> <li>• South Dakota Department of Social Services (Medicaid for chronic renal disease), 104 N Main St, Canton</li> <li>• Sanford Canton-Inwood Medical Center &amp; Clinic, 440 N. Hiawatha Dr., Canton</li> <li>• Avera Medical Group, 220 South Cliff Ave, Harrisburg</li> <li>• VHA Medical Centers, 2501 W 22<sup>nd</sup> St, Sioux Falls</li> <li>• Lincoln Co. Community Health Services, 104 N. Main St Ste 140, Canton</li> </ul>	<p><b>Healthy Eating resources:</b></p> <ul style="list-style-type: none"> <li>• Sanford Health Co-Op, 723 East 5<sup>th</sup> St, Canton</li> <li>• Sunshine Foods, 715 E 5<sup>th</sup> St, Canton</li> <li>• Canton SD Farmers Market, 600 W 5<sup>th</sup> St, Canton</li> <li>• Good Life Farms, 47973 W 5<sup>th</sup> St, Canton</li> <li>• Open Air Market, Jack Fox Park, 225 N Broadway St, Canton</li> <li>• Pomegranate Market, 4815 S Louise Ave, Sioux Falls</li> <li>• Sioux Falls Food Co-Op, 410 W 18<sup>th</sup> St, Sioux Falls</li> <li>• Hy-Vee Grocery stores (multiple locations)</li> <li>• Walmart (3 locations)</li> </ul>
<p><b>Obesity resources:</b></p> <ul style="list-style-type: none"> <li>• Weight Management Program (VHA), 5020 S Broadband Ln, Sioux Falls</li> <li>• Sanford Canton-Inwood Medical Center &amp; Clinic, 440 N. Hiawatha Dr., Canton</li> </ul>	<p><b>Physical Activity resources:</b></p> <ul style="list-style-type: none"> <li>• Sunnyside Laundry, Fitness &amp; Tanning, 112 S Broadway St, Canton</li> <li>• Anytime Fitness, 109 N Main St, Canton</li> <li>• Bixler Boot Camp, 104 N Main St, Inwood</li> <li>• Canton Parks</li> </ul>

<ul style="list-style-type: none"> <li>• SD Urban Health Clinic, 1200 N West Ave, Sioux Falls</li> <li>• Avera Medical Group Comprehensive Weight Management, 911 E 20<sup>th</sup> St, Sioux Falls</li> </ul>	<ul style="list-style-type: none"> <li>o Jack Fox Park, North of Lincoln Co Courthouse &amp; South of Public Library</li> <li>o West Ball Park, W Hwy 18 &amp; Howard St</li> <li>o Betty Everhart Park, North side of the 200 block of 5<sup>th</sup> St</li> <li>o Kennedy Park</li> <li>o Chautauqua Park, 10<sup>th</sup> St, S Broadway &amp; 10<sup>th</sup> St &amp; S Lincoln</li> <li>o Stand Pipe Park, Corner of N Grant &amp; E Lynn</li> <li>o South Mini Park, Corner of Cedar &amp; 10<sup>th</sup> St</li> <li>• Inwood Parks <ul style="list-style-type: none"> <li>o Foote Park, W Church St, Cherry Ave &amp; Jefferson St</li> </ul> </li> <li>• Inwood Swimming Pool, Corner of W Washington St &amp; S Main St</li> <li>• Canton Municipal Swimming Pool, 424 N Sanborn, Canton</li> </ul> <p><b>For Additional Resources Reference:</b>  <a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>
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**Long-Term Senior Care**

Safe, quality, affordable housing is fundamental to a healthy life. Healthy homes can improve lives and provide a foundation of health for individuals and families, but unhealthy homes can just as easily undermine quality of life and even cause poor or substandard health. A safe, quality, and affordable home is paramount to healthy aging<sup>1</sup>.

Respondents in the Canton-Inwood area rated the quality of long-term care, nursing homes, and senior housing as less than good (average score=2.95). When respondents who rated the quality of long-term care, nursing homes, and senior housing as poor or fair were asked why they did so, responses referenced a lack of qualified staff for facilities in the community and an overall shortage of nursing care and senior care options.

Of survey respondents in the Canton-Inwood area who would like to see specific services offered or improved in their community, one in three respondents said long-term care and nursing homes (33%), second only to behavioral and mental health care services (64%).

Canton has a skilled nursing and 16-unit assisted living facility to provide senior care access locally. The assisted living facility is attached to the Sanford Canton-Inwood Medical Center. Meeting participants noted that the new Good Samaritan Society campus in southeastern Sioux Falls would likely be a resource for residents of the CHNA community. The new housing complex in development next to the hospital will also feature zero entry homes that would be a transitional option for many seniors that can no longer be served by their home but are still able to live independently. The hospital has space that could be converted to modern senior living but is cost prohibitive as it would need to be brought into compliance with the American with Disabilities Act.

<b>Local Asset Mapping</b>	
<p><b>Memory Care resources:</b></p> <ul style="list-style-type: none"> <li>• Canton Good Samaritan Center, 1022 N. Dakota St., Canton</li> </ul> <p><b>Long Term Care resources:</b></p> <ul style="list-style-type: none"> <li>• Canton Good Samaritan Center, 1022 N. Dakota St., Canton</li> <li>• Lincoln Co. Community Health Services, 104 N Main St Ste 140, Canton</li> <li>• Senior Citizens Center, 215 E. 4th St., Canton</li> <li>• Fellowship Village, 300 E Jefferson St, Inwood</li> </ul> <p><b>In-Home Services resources:</b></p> <ul style="list-style-type: none"> <li>• Lincoln Co. Community Health Services, 104 N Main St Ste 140, Canton</li> <li>• Sanford Home Health, 440 N. Hiawatha Dr., Canton</li> <li>• Meals on Wheels, c/o LeAnn Anderson 605-987-5520</li> </ul>	<p><b>Resources to help the elderly stay in their homes:</b></p> <ul style="list-style-type: none"> <li>• Lincoln Co. Community Health Services, 104 N Main St Ste 140, Canton</li> <li>• Sanford Home Health, 2710 W 12<sup>th</sup> St, Sioux Falls</li> <li>• Haisch Pharmacy, 303 E. 5th St., Canton</li> <li>• Lewis Family Drug, 715 E. 5th St., Canton</li> <li>• Senior Meals, 215 E. 4th St., Canton</li> <li>• Meals on Wheels, c/o LeAnn Anderson 605-987-5520</li> <li>• Senior Citizens Center, 215 E. 4th St., Canton</li> <li>• Department of Human Services, 3800 E Wells Ave, Pierre</li> <li>• Lincoln. Co. Dept. of Social Services, 104 N Main St #140, Canton</li> <li>• Food Pantry, 124 E. 2nd St., Canton</li> <li>• R. Burgess Food Pantry, 100 E. 3rd, Canton</li> <li>• Canton Transit System, 621 N. Lincoln St., Canton</li> <li>• Public Library, 225 N. Broadway, Canton</li> <li>• Library, 103 S Main St, Inwood</li> </ul> <p><b>For Additional Resources Reference:</b>  <a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>

**Public Transportation**

Transportation systems help ensure that people can reach everyday destinations, such as jobs, schools, healthy food outlets, and healthcare facilities, safely and reliably. Public transportation services play an important role for people who are unable to drive, people without access to personal vehicles, children, individuals with disabilities, and older adults<sup>2</sup>.

Respondents in the Canton-Inwood market also rated community access to daily transportation as less than good (average score=2.60). When asked to explain why, respondents noted very limited options for community transportation. Respondents also indicated that the available public buses run limited and inefficient routes, and that services such as Uber and Lyft, if even available, are often unobtainable for seniors without the proper technology.

Meeting participants agreed that the City of Canton has public transportation, but it does not extend into rural areas or Lyon County. The service does not run in the evenings or the weekend and is booked at times during the day. In some instances, the hospital has paid the costs for some residents to get the necessary in Sioux Falls. The proximity of the new housing complex to the hospital may alleviate some transportation needs, but the impact is not yet known.



Local Asset Mapping	
<p><b>Driver Education resources:</b></p> <ul style="list-style-type: none"> <li>• DriversEd.com</li> <li>• SD Dept. of Education drivers education classes, 800 Governors Drive, Pierre</li> <li>• SD Safety Council, 1108 N W Ave., Sioux Falls</li> <li>• SD AAA, 1300 N Industrial Ave., Sioux Falls</li> <li>• Canton High School, 800 N. Main, Canton</li> <li>• Community Education, 724 N. Sanborn, Canton</li> <li>• West Lyon Community School, 1787 IA-182, Inwood</li> </ul>	<p><b>Transportation Resources:</b></p> <ul style="list-style-type: none"> <li>• Canton Transit, 621 N Lincoln St, Canton</li> <li>• Uber, mobile app</li> <li>• Lyft, mobile app</li> </ul> <p><b>For Additional Resources Reference:</b>  <a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>

**Affordable Housing**

There is a strong and growing evidence base linking stable and affordable housing to health. As housing costs have outpaced local incomes, households not only struggle to acquire and maintain adequate shelter, but also face difficult trade-offs in meeting other basic needs. When the majority of a paycheck goes toward the rent or mortgage, it can be difficult to afford doctor visits, healthy foods, utility bills, and reliable transportation to work or school. This can, in turn, lead to increased stress levels and emotional strain.

Survey respondents in the Canton-Inwood market also rated the availability of affordable housing in their community as less than good (average score=2.28) and lower than any other community health issue. When asked to explain way, respondents noted that accessing quality single-family houses, townhomes, and apartments in their community is challenging due to the high costs, especially for those earning minimum wage and with lower incomes in general, and for young families looking for a starter home.

CHR data indicate that 7 percent of households in the Canton-Inwood area have severe housing problems (i.e., overcrowded, high housing costs, lack of kitchen facilities, or lack of plumbing facilities) and 7 percent of households spend at least 50 percent of their household income on housing costs (both rates are lower than the comparison group average).

Community stakeholders agreed that affordable single-family homes and rental facilities is currently a need in Canton. The previous CHNA elevated affordable housing as a need to address in the implementation plan. Through those and other efforts, a new housing community is currently in development. The 62-acre community will be located adjacent to the hospital.

Local Asset Mapping	
<p><b>Housing resources:</b></p> <ul style="list-style-type: none"> <li>• Canton Hsg. &amp; Redevelopment Commission, 903 W. 5th St., Canton</li> <li>• Canton Public Housing Authority, 903 W. 5th St., Canton</li> <li>• Inter-Lakes Community Action Partnership, 505 N. Western Ave., Sioux Falls</li> <li>• Souvignier Real Estate, 210 E 5<sup>th</sup> St, Canton</li> <li>• Mills Property Management – <a href="https://millsproperty.com/city/canton">millsproperty.com/city/canton</a></li> </ul>	<p><b>Low Income Housing resources:</b></p> <ul style="list-style-type: none"> <li>• Colonial Village Apts., 903 W. 5th St., Canton</li> <li>• Elms Apts., 503 E. Poplar Dr., Canton</li> <li>• Old Main Apts., 320 N. Lawler St., Canton</li> <li>• Villa Apts., 916 E. 2nd St., Canton</li> </ul> <p><b>For Additional Resources Reference:</b>  <a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a></p>

**Sanford Area of Focus**

The significant health needs noted above were brought forward as topics of discussion at the local stakeholder meeting, which convened a range of community leaders with knowledge of medically underserved, low income, or minority populations. Members of the local public health agency and Sanford Health were also present. A list of attendees can be found in the introduction. Stakeholders discussed the health needs, potential causes, and provided additional insight for their local populations and community resources. Participants were also encouraged to offer additional needs that may not have been raised during the research process; none were brought forward individually, although child care was brought forward and discussed as part of health care accessibility.

The Community Health Needs Assessment identified two specific areas for focus for Sanford during the 2025-2027 implementation cycle:

1. Improve healthy living outcomes through upstream engagement to improve social determinants of health.
2. Increase access to mental health resources within the community by increasing partnerships with local providers, educating the community on resources, and destigmatize the service.

## Implementation Plan for Prioritized Needs

**Priority 1:** Improve healthy living outcomes through upstream engagement to improve social determinants of health.

### Current Activities

The Sanford Canton-Inwood Medical Center currently employs a care manager to assist patients in coordinating their care after a procedure. This includes identifying and procuring medical devices, such as wheelchairs, and scheduling post-procedure follow-up visits. Beyond the direct care of patients, Sanford supports food programs for students and classes to the community.

### Projected Impact

Upon completion of the three-year Implementation Plan, the community would see fewer community members with lack of food and declines in chronic disease among students.

**Goal 1:** Enhance community partnerships to extend chronic disease education to more residents.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Partner with school to offer education on chronic diseases, including obesity.	Offer a class each semester aimed at students and their families with target launch in fall 2025	Professionals including, but not limited to, dietician, pharmacist, nurse, provider	Scott Larson	Canton School District
Identify partnerships to advance chronic disease management among residents of the new residential development adjacent the hospital	Identify opportunities to address SDOH as the development is built.  Outcomes TBD based upon partnership opportunities	Staff time	Scott Larson	

**Goal 2:** Expand current programs having a positive impact on social determinants of health to more of the community.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Provide take home meals along with instructions to make meals to patients being discharged that are healthy	Offer meals to each patient being discharged and provide a follow up survey satisfaction of meal and recipe  Total meals served	Food and Dietary Staff	Dietary along with administration support	Sanford Canton Inwood Medical Center patients
Educate parents and students on opportunities for food support during the summer	Marketing campaign in the clinic during the summer with resources for those in need.  Potential inclusion of materials during student wellness visits.  Total meals served	Marketing Staff	Marketing Staff	Local School District, Local Non-Profits



**Priority 2:** Increase access to mental health resources within the community by increasing partnerships with local providers, educating the community on resources, and destigmatize the service.

**Current Activities**

Sanford Health offers behavioral counseling at the Canton Clinic with two providers that offering care locally. Additional services and providers are available via telehealth or through additional Sanford clinics located in Lincoln County, including Sanford Psychiatry & Psychology on S. Louise Ave in Sioux Falls approximately 21 miles from Canton.

**Projected Impact**

Upon completion of the three-year Implementation Plan, the community would see increased utilization of mental health care by at-risk populations.

**Goal 1:** Increase utilization of mental health services by students.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Partner with the school to offer education on mental health	Offer class each semester to touch as many students / families as possible and provide resources to attendees  Total participants	Professionals to speak on the topic along with handouts of resources available in the area.	Scott Larson	Canton School District
Partner with schools to identify opportunities to improve utilization amongst area youth	Develop engagement plan in year one, with specific considerations for medically underserved students	Staff time	Scott Larson	Canton School District

**Goal 2:** Increase proactive identification of patients that would benefit from mental health services.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Work with Sanford and local RN Care Manager to team up with local providers to identify mental health patients in order to get resources early on.	Number of patients worked with regarding mental health issues throughout the year.  Screening rate and readmission rate	Nurse and Providers	RN Care Manager	Partnership with our local providers and nursing staff.
Depression Screening at all routine primary care patient visits	Ongoing Greater screening volumes. Ensure screening is done consistently  Screening rate and readmission rate	Primary Care Providers	Administration	

## Needs Not Addressed

Below are the needs identified during the CHNA process—as referenced in the Community Health Needs Assessment Report above—that are not addressed as a significant need for the purpose of this process. Although not included in the Implementation Plan, the hospital supports efforts to address community needs, such as viewing the information collected within the Community Health Needs Assessment as a community benefit and sharing survey and assessment information with community partners to support the expansion or establishment of programs that reduce community needs. Additionally, Sanford Health further supports through its findhelp resource tool that informs patients and consumers of national and local resources. In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart.

### **Access to Affordable Health Care**

Access to affordable health care is not included in the Implementation Plan as it was determined to be a lower priority for purposes of the CHNA. The hospital has a health coach that assists patients in identifying necessary medical care and supplies when transitioning from care, including the identification of lower cost medical supplies, medications, and services. Patient financial services also works with uninsured patients to enroll them in appropriate programs and health plans to assist with costs. However, the hospital has a relatively low level of private pay individuals. Sanford Canton offers Direct Access Lab at discount cash only prices. The need will be indirectly addressed through the Health Living implementation plan as addressing health care needs earlier in the process will often result in lower-cost interventions or reduce the need for care.

### **Long-Term Senior Care**

Long-term senior care was not included in the Implementation Plan as it was determined to be a lower priority for purposes of the Community Health Needs Assessment. The new housing development near the Sanford Canton-Inwood Medical Center may alleviate some of the need as some of the houses will feature zero entry homes to support senior needs. The Good Samaritan Society, a division of Sanford Health, announced a new senior housing complex in southeastern Sioux Falls immediately across the Lincoln County line that will also increase access to senior care locally due to its relative proximity. Sanford Health operates a skilled nursing facility in the City of Canton and the Sanford Canton-Inwood Medical Center has an attached 16-unit assisted living facility.

### **Public Transportation**

Public transportation is not included in the Implementation Plan as the stakeholder group determined that other organizations, including those listed in the asset map, are addressing the need. The hospital has, in some instances, supported patients by paying the costs for some residents to get the necessary in Sioux Falls. The community is serviced by ROCs, Canton Transit. Telehealth is also increasingly offered by the hospital as another tool to reduce transportation barriers to receiving care. As noted earlier, the proximity of the new housing complex to the hospital may alleviate some transportation needs, but the impact is not yet known.

### **Affordable Housing**

Affordable housing was deemed a lower priority for purposes of the Community Health Needs Assessment as work is currently underway on a new housing development in the city of Canton. As such, organizations are currently addressing the need. The Sanford Canton-Inwood Medical Center elevated affordable housing in its previous CHNA Implementation Plan and is supporting the development of the 62 acre community will be located adjacent to the hospital.

## **EVALUATION OF 2022-2024 CHNA**

### **System-wide Support and Utilization of the Community Health Needs Assessment Program**

Sanford Health continues to integrate the CHNA report, supporting data, and Implementation Plans across the organization, including in the annual strategic planning program and operations. The Sanford Health Board of Trustees incorporated population health as an aspirational target metric necessary to become the “premier rural health system” in the country. The population health target aligns the work conducted through the CHNA with the overall evaluation of Sanford’s success.

CHNA data is made available throughout the planning process as needed as part of the annual strategic planning process, both internally and to external organizations that partner with the system. Sanford also incorporated the CHNA into the capital expenditure request process to give a voice to the needs and concerns of this population.

In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart. Findhelp generated nearly 28,000 internal and external searches from within CHNA-defined communities on CHNA topics in 2022 and over 19,000 in 2023. The Canton-Inwood CHNA area had 2,837 searches in 2022 and 2023, primarily from Lincoln County, South Dakota.

### **Access to Affordable Housing**

The Canton Economic Development Corporation (CEDC) has continued work on the housing project in 2023. Our committee meets the first Wednesday of every month and the main topic has been housing. The CEDC is working to increase the number of affordable housing and custom-built homes available in the community. We continued to have routine meetings, at least monthly, with EXP Development out of California. The CEDC purchased a 64.12-acre parcel from the Canton Inwood Area Health Foundation on September 1, 2022. An agreement was later signed with EXP Group to create a limited liability company (LLC) called Monarch Development Partners on October 17, 2022. This agreement brings EXP Group and Canton Economic Development Corporation together to design a layout of the housing development to cover multi-family and single-family housing in addition to green spaces and a bike/walking trail.

Due to interest rates and inflation, an influx of money was needed in order to continue the project without a TIF district. In the months of April-June the housing committee, along with the CEDC Director, met to put together an application on CEDC behalf to the state of South Dakota through the ARPA funds from the federal government.

After submission of the application, CEDC and EXP continued to have monthly, or bi-monthly, conference calls to continue to strategize how and when we can commence the project, with or without the grant dollars. In November of 2023, CEDC received \$3.75 million dollars of the ARPA money the state had allocated for housing infrastructure projects. Since the award CEDC continues to work with EXP Development and ISG Engineering (engineer from Sioux Falls) on developing and finalizing plans for our housing development.

The engineer, in coordination with EXP Development, has fine-tuned drawings and has held several meetings with the City of Canton to ensure specifications and city codes are in compliance. As of March 2024, plans have been developed to include at least 84 single family lots, at least two multi-family units, along with commercial and slab on grade units. These plans have been approved by the City's Planning and Zoning Committee and will go to the City Commissioners for approval in April 2024. Once that is complete the work will continue so that we can put bids out for the infrastructure on the project (i.e. water, sewer, grading, electrical).

State requirements indicate that dirt start moving by June 1, 2024, but that may be delayed until bids are back and contractors are able to mobilize equipment so we have requested a 3-month extension on the moving of dirt requirement. The project needs to be completed no later than December 31, 2025 as that is the date all the awarded funds need to be spent.

### **Access to Senior Living**

The Senior Director at the Sanford Canton Inwood Medical Center (SCIMC) also shares responsibility as the administrator of the Canton Good Samaritan Nursing Home. This has provided an opportunity to rethink the continuity of care for our community.

Scott Larson, Senior Director SCIMC, met with providers and clinic nursing staff in February 2023. The team identified that Home Health already comes to Canton on a regular basis, but the biggest area that is lacking is housing for our elderly, as most desire to age in place until they need further services.

Another meeting of all SCIMC managers was held May 15, 2023. This included the DON, Maintenance, Ancillary Departments, Clinic Staff, and Therapy, along with a few non-ancillary staff. The group discussed formulating a strategic plan that would entail plans of Independent Living, Assisted Living, and Skilled Nursing attached to our local hospital so that we could provide the entire continuum of care.

As part of our due diligence we also conduct an annual review of our hospital and clinic to determine if we are providing the services the community needs and wants. Through this evaluation our Medical Staff, Managers, and Board of Directors determined we currently have a lot of services that patients can take advantage of, from an RN Care Manager, the Canton CO-OP, Clinic, Hospital, Home Health, Hospice, Assisted Living, and Skilled Nursing Care. The annual review was approved by our Advisory Board and our Medical staff in February of 2024. We will continue to monitor and evaluate our services to ensure we are delivering what the community needs and wants.

## **CONTACT INFORMATION**

The Community Health Needs Assessment, Implementation Plan, and survey data are available online at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. The website includes current and historical reports.

Anyone wishing to receive a free printed copy, obtain information on any topic brought forth in the report, or offer public comments for consideration during the implementation plan or future Community Health Needs Assessment work, please contact us at [Community.Benefits.Sanford@SanfordHealth.org](mailto:Community.Benefits.Sanford@SanfordHealth.org) or visit <https://www.sanfordhealth.org/about/community-commitment/community-health-needs-assessment>

## APPROVAL

Local CHNA priorities were reviewed and approved by the respective governing boards and the Sanford Health Board of Trustees approved all of the Sanford Community Health Needs Assessments and Implementation Plans.



## APPENDIX

### Expanded Demographics<sup>1</sup>

The estimated 2023 combined population by the U. S. Census Bureau for Lincoln and Lyon Counties is 85,563. This represents 11% growth over the 77,064 from the 2020 Census. However, much of the growth is concentrated in northern Lincoln County within the City of Sioux Falls. Both counties have a greater share of the population under 18 years of age than their respective state averages. The trend continues when isolating those under five years of age.

Both counties have owner-occupied rates and median owner-occupied housing values above state averages, although Lincoln County is notably higher than Lyon County. The two counties have variance in per capita incomes with Lincoln County higher than the South Dakota Average while Lyon County trails the Iowa state average. However, median household incomes both outperform state averages.

Fact	Lincoln Co., SD	Lyon Co., IA	South Dakota	Iowa
Population estimates, July 1, 2023, (V2023)	73,238	12,324	919,318	3,207,004
Population estimates base, April 1, 2020, (V2023)	65,158	11,936	886,668	3,190,427
Population, percent change - April 1, 2020 (estimates base) to July 1, 2023, (V2023)	12.40%	3.30%	3.70%	0.50%
Persons under 5 years, percent	6.60%	7.20%	6.40%	5.80%
Persons under 18 years, percent	26.30%	27.90%	24.10%	22.80%
Persons 65 years and over, percent	14.80%	19.20%	18.00%	18.60%
White alone, percent	93.10%	96.60%	84.20%	89.60%
Black or African American alone, percent	2.30%	0.50%	2.60%	4.50%
American Indian and Alaska Native alone, percent	0.80%	0.80%	8.50%	0.60%
Asian alone, percent	1.80%	0.40%	1.80%	2.70%
Native Hawaiian and Other Pacific Islander alone, percent	0.10%	0.30%	0.10%	0.30%
Two or More Races, percent	2.00%	1.30%	2.80%	2.20%
Hispanic or Latino, percent	3.10%	3.40%	4.90%	7.40%
White alone, not Hispanic or Latino, percent	90.60%	94.10%	80.70%	83.10%
Housing Units, July 1, 2023, (V2023)	30,108	4,891	417,220	1,449,340
Owner-occupied housing unit rate, 2018-2022	72.70%	83.90%	68.40%	71.50%
Median value of owner-occupied housing units, 2018-2022	\$292,200	\$190,800	\$219,500	\$181,600
Median selected monthly owner costs -with a mortgage, 2018-2022	\$1,763	\$1,279	\$1,557	\$1,444

<sup>1</sup> <https://www.census.gov/quickfacts>

Median selected monthly owner costs -without a mortgage, 2018-2022	\$674	\$493	\$571	\$572
Median gross rent, 2018-2022	\$1,206	\$776	\$878	\$914
Language other than English spoken at home, percent of persons age 5 years+, 2018-2022	5.90%	2.70%	6.50%	8.70%
Households with a computer, percent, 2018-2022	97.70%	92.10%	92.60%	92.70%
Households with a broadband Internet subscription, percent, 2018-2022	95.60%	87.60%	86.80%	86.30%
High school graduate or higher, percent of persons age 25 years+, 2018-2022	96.00%	94.70%	92.70%	93.00%
Bachelor's degree or higher, percent of persons age 25 years+, 2018-2022	41.80%	19.40%	30.40%	30.30%
With a disability, under age 65 years, percent, 2018-2022	5.40%	8.60%	8.00%	8.40%
Persons without health insurance, under age 65 years, percent	8.00%	6.30%	9.80%	5.40%
In civilian labor force, total, percent of population age 16 years+, 2018-2022	75.60%	66.70%	67.10%	66.50%
In civilian labor force, female, percent of population age 16 years+, 2018-2022	72.50%	60.70%	63.70%	62.30%
Mean travel time to work (minutes), workers age 16 years+, 2018-2022	18.6	20.7	17.4	19.6
Median household income (in 2022 dollars), 2018-2022	\$92,317	\$73,735	\$69,457	\$70,571
Per capita income in past 12 months (in 2022 dollars), 2018-2022	\$46,868	\$33,428	\$36,850	\$37,949
Persons in poverty, percent	5.30%	6.70%	12.50%	11.00%
Total employer establishments, 2021	1,908	391	27,951	83,560
Total employment, 2021	24,371	3,907	363,923	1,386,299

## Community Health Needs Assessment Survey

The survey tool was delivered online via Qualtrics. The survey questions in printed format are presented below as a reference. Surveys made available in English, Spanish, Somali, and Sudanese.

Thank you for your interest in the Community Health Needs Assessment. Your confidential responses are vital to helping understand the factors driving the health needs of the community.

### RESIDENCE

Please enter your county of residence: \_\_\_\_\_

Please enter your zip code: \_\_\_\_\_

What is your current age? \_\_\_\_\_

### COMMUNITY

How would you rate the quality of HEALTH CARE available in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

In your opinion, what is the most important HEALTH CARE issue your community faces?

How would you rate the quality of LONG-TERM CARE, NURSING HOMES & SENIOR HOUSING services in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

Why did you give it that rating?

How would you rate the quality of CHILDCARE, DAYCARE & PRE-SCHOOL services in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

Why did you give it that rating?

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**How would you rate the availability of AFFORDABLE HOUSING in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate the ability of residents to ACCESS DAILY TRANSPORTATION in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate your community's EMPLOYMENT & ECONOMIC OPPORTUNITIES?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate your community as being a SAFE place to live?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate the ENVIRONMENTAL health of your community?**

*(clean air, clean water, etc.)*

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate the ability of residents to access HEALTHY & NUTRITIONAL FOODS in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate the ability of residents to access PHYSICAL ACTIVITY & EXERCISE OPPORTUNITIES in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**YOUR HEALTH AND WELLNESS**

**Overall, how would you rate YOUR current state of health & wellness?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**What is the biggest HEALTH CARE concern you or your family face on a regular basis?**

**Are there any health care services that you would like to see OFFERED or IMPROVED in your community?**

- Yes     Please answer next question
- No     Skip to 'Your Health Care Usage' section

**Please select the health care services you would like to see OFFERED or IMPROVED in your community. (Select all that apply)**

- |  |  |
|--|--|
| <input type="radio"/> Addiction Treatment                              | <input type="radio"/> Heart Care                       |
| <input type="radio"/> Behavioral Health / Mental Health                | <input type="radio"/> Labor and Delivery               |
| <input type="radio"/> Cancer Care                                      | <input type="radio"/> Long-Term Care / Nursing Homes   |
| <input type="radio"/> Chiropractic Care                                | <input type="radio"/> Orthopedics and Sports Medicine  |
| <input type="radio"/> Dental Care                                      | <input type="radio"/> OBGYN / Womens' Care             |
| <input type="radio"/> Dermatology                                      | <input type="radio"/> Pediatrics / Childrens' Care     |
| <input type="radio"/> Emergency / Trama                                | <input type="radio"/> Walk-in / Urgent Care            |
| <input type="radio"/> Eye Services ( <i>Ophthalmology, Optometry</i> ) | <input type="radio"/> Other ( <i>please specify</i> ): |
| <input type="radio"/> Family Medicine / Primary Care                   |  |
| <input type="radio"/> General Surgery                                  |  |

**YOUR HEALTH CARE USAGE**

**Do you currently have a primary care physician or provider who you go to for general health issues?**

- Yes      No

**How long has it been since you last visited a physician / provider for a routine check up or screening?**

- |   |   |
|---|---|
| <input type="radio"/> Within the past year    | <input type="radio"/> More than 5 years ago |
| <input type="radio"/> Within the past 2 years | <input type="radio"/> Never                 |
| <input type="radio"/> Within the past 5 years |   |



**What has kept you from having a routine check-up?** (Select all that apply)

- |  |  |
|--|--|
| <input type="radio"/> Cost/Inability to Pay              | <input type="radio"/> No child care                            |
| <input type="radio"/> COVID-19                           | <input type="radio"/> Wait time for appointments are too long  |
| <input type="radio"/> Don't feel welcomed or valued      | <input type="radio"/> Clinic hours are not convenient          |
| <input type="radio"/> Don't have insurance               | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted       | <input type="radio"/> Nothing / I do not need to see a doctor  |
| <input type="radio"/> Lack of transportation             | <input type="radio"/> Don't have a primary care physician      |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify):                  |
| <input type="radio"/> Getting time off from work         |  |

**How would you rate your current ability to ACCESS health care services?**

- |                       |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Poor                  | Fair                  | Good                  | Very Good             | Excellent             |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why did you give it that rating?

**In the past year, did you or someone in your family need medical care, but did not receive the care needed?**

- Yes     No     Unsure

**What are the reasons you or a family member did not receive the care needed?**

- |  |  |
|--|--|
| <input type="radio"/> Cost/Inability to Pay              | <input type="radio"/> No child care                            |
| <input type="radio"/> COVID-19                           | <input type="radio"/> Wait time for appointments are too long  |
| <input type="radio"/> Don't feel welcomed or valued      | <input type="radio"/> Clinic hours are not convenient          |
| <input type="radio"/> Don't have insurance               | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted       | <input type="radio"/> Nothing / I do not need to see a doctor  |
| <input type="radio"/> Lack of transportation             | <input type="radio"/> Don't have a primary care physician      |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify):                  |
| <input type="radio"/> Getting time off from work         |  |

**TRAVELING FOR CARE**

**Have you or a member of your family TRAVELED to receive health care services outside of your community within the past 3 years?**

- Yes
- No

**If yes, Where did you travel to?** *(If you traveled more than once, enter the most recent place you traveled to?)*

City \_\_\_\_\_ State \_\_\_\_\_

**What was the main reason you traveled for care?** *(select all that apply)*

- Referred by a physician
- Better / higher quality of care
- Medical emergency
- Needed a specialist / service was not available locally
- Second opinion
- Immediate / faster appointment
- On vacation / traveling / snowbirds
- Cost or insurance coverage
- Don't feel welcomed or valued by local providers

Other *(please specify)*

**YOUR HEALTH INSURANCE**

**Do you currently have health insurance?**

- Yes
- No

**Please indicate the source of your health insurance coverage.**

- Employer *(Your employer, spouse, parent, or someone else's employer)*
- Individual *(Coverage bought by you or your family)*
- Federal Marketplace *(Minnesota Care / Obamacare / Affordable Care Act)*
- Medicare
- Medicaid
- Military *(Tricare, Champus, VA)*
- Indian Health Service *(IHS)*

Other *(please specify)*

## DEMOGRAPHICS

### What is your sex?

- Male    Female    Prefer not to answer

### Do you, personally, identify as lesbian, gay, bisexual, transgender or queer?

- Yes    No    Prefer not to answer

### How many people live in your house, including yourself? \_\_\_\_\_

### How many children under age 18 currently live with you in your household? \_\_\_\_\_

### Are you Spanish, Hispanic, or Latino in origin or descent?

- Yes    No

### What is your race? *(Select all that apply)*

- American Indian or Alaska Native  
 Caucasian or White  
 Asian  
 Native Hawaiian or Pacific Islander  
 Black or African American

Other *(please specify)*

### How long have you been a US Citizen?

- I am not a US citizen  
    • Are you planning to become a US citizen?    Yes    No    Prefer not to answer  
 0 - 5 years  
 6 - 10 years  
 More than 10 years

### What language is spoken most frequently in your home? \_\_\_\_\_

### What is your current marital status?

- |  |                                 |
|--|---------------------------------|
| <input type="radio"/> Married                          | <input type="radio"/> Divorced  |
| <input type="radio"/> Single, never married            | <input type="radio"/> Widowed   |
| <input type="radio"/> Unmarried couple living together | <input type="radio"/> Separated |

**Which of the following best describes your current living situation?**

- House (*owned*)
- Apartment or House (*rental*)
- Homeless
- Some other arrangement

**What is your primary mode of daily transportation?**

- Automobile/Truck (*owned or leased*)
- Online Ride Service (*Uber / Lyft*)
- Taxi Service
- Public Transportation (*bus / subway / rail*)
- Other (*please specify*)
- Walk
- Bicycle
- Family, Friends or Neighbors
- I do not have a primary mode of daily transportation

**What is the highest level of school you have completed or the highest degree you have received?**

- Less than high school degree
- High school graduate (*high school diploma or equivalent including GED*)
- Some college but no degree
- Associate degree in college (*2-year*)
- Bachelor's degree in college (*4-year*)
- Master's degree
- Doctoral degree
- Professional degree (*JD, MD*)

**Your current employment status is best described as:**

- Employed (*full-time*)
- Employed (*part-time*)
- Self-employed
- Furloughed
- Not employed, looking for work
- Not employed, not looking for work
- Retired
- Disabled or unable to work

**What is your total household income from all sources?**

- Less than \$20,000
- \$20,000 - \$24,999
- \$25,000 - \$29,999
- \$30,000 - \$34,999
- \$35,000 - \$49,999
- \$50,000 - \$74,999
- \$75,000 - \$99,999
- \$100,000 - \$199,999
- \$200,000 or more

Thank you for completing the survey. Your responses ensure more accurate and targeted solutions to address identified health issues.