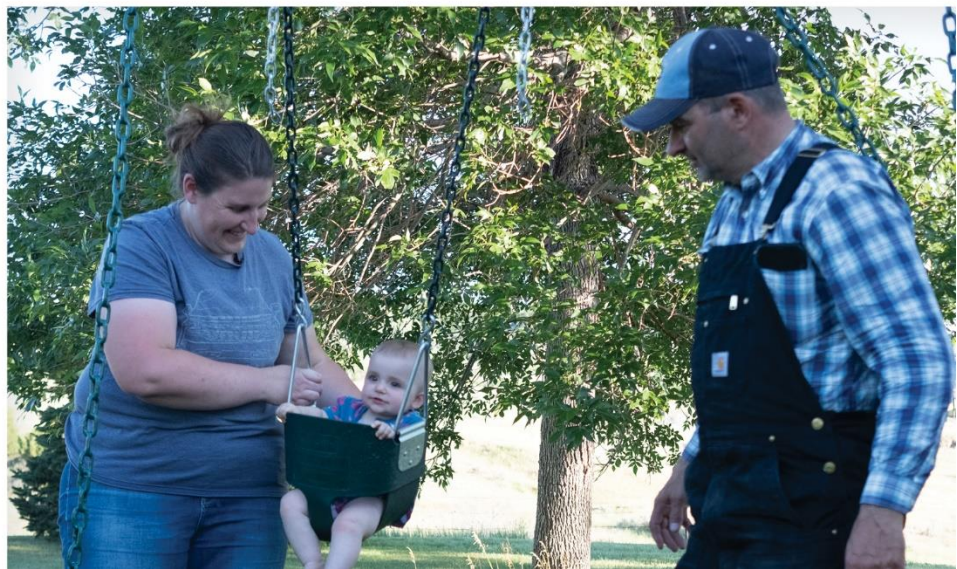




# Community Health Needs Assessment

SANFORD BAGLEY MEDICAL CENTER  
2025-2027



Dear Community Members,

It is once again my privilege to share with you Sanford Bagley Medical Center's Community Health Needs Assessment report. Our hospital completes a community health needs assessment every three years to identify opportunities to improve the health and wellness of our community.

The report and implementation plan that follows will guide our work over the next three years and builds upon previous progress made in our community.

The Community Health Needs Assessment is a rigorous process in which we sought input from community members, leaders, and organizations including public health. Additionally, Sanford Health partnered with the North Dakota State University Center for Social Research to incorporate additional data analysis and provide an independent assessment. Together, these elements paint a picture of the current needs facing the community, opportunities for partnership with area businesses and organizations, and resources available to address identified needs.

On behalf of the Sanford Bagley Medical Center team, thank you for your continued support of the Community Health Needs Assessment process.

Sincerely,

Carrie Krump  
Chief Executive Officer  
Sanford Bagley Medical Center



## BACKGROUND

### Community Description

---

The Sanford Bagley Medical Center is located in Bagley, Minnesota. Bagley is a charming and progressive community located 240 miles northwest of Minneapolis and 28 miles west of Bemidji, Minnesota, with a small town flavor and friendliness. Beautiful Lake Lomond is within city limits and Itasca State Park and the headwaters of the Mississippi River is just a few miles south of Bagley. Hiking trails, snowmobiling, skiing, canoeing, golfing, and fishing are popular activities within the forested areas and lakes surrounding the city.

With a population over 1,300, the community serves as a hub for residents of Clearwater County with a combined county population of approximately 8,821. Bagley is an active community with citizens who are fully invested in their education system, health care and volunteer opportunities. It is also home to a variety of businesses, including TEAM Industries and several non-profit agencies.

The community as defined for purposes of the Community Health Needs Assessment includes Clearwater County and represents a majority of the volumes to the Sanford Bagley Medical Center. No populations were intentionally excluded during the process of defining the community or within the CHNA process. Demographic detail for Clearwater is included in the appendix.

### Partners

---

The Community Health Needs Assessment builds on the work of previous cycles and is the result of the coordinated efforts of many internal and external partners. Sanford Health would like to thank and acknowledge the following and their teams for their assistance. This program would not be possible without their expertise.

### Sanford Health

- Erika Batcheller, Executive Vice President, Chief External Affairs Officer
- Nick Olson, Executive Vice President, Chief Financial Officer
- Corey Brown, Senior Vice President, Government Affairs
- Amber Langner, Senior Vice President, Treasury
- Blayne Hagen, Vice President, General Counsel, Sioux Falls
- Lindsay Daniels, Vice President, Care Management
- Doug Nowak, Vice President, Data Analytics
- Natasha Smith, Head of Diversity, Equity and Inclusion
- Catherine Bernard, Director, Tax
- Karla Cazer, Clinical Nurse Specialist, Faith Community Nursing Center
- Deana Caron, Senior Tax Accountant
- Kurt Brost, Senior Director, Community Relations
- David Hill, Director, Chief Privacy Officer
- Jessica Sexe, Senior Director, Communications
- Phil Clark, Director, Marketing Insights
- Shawn Tronier, Lead Marketing Analyst
- Chase Gerar, Strategic Planning Advisor, Fargo
- Brian Ritter, Head of Market Affairs, Bismarck
- Kayla Winkler, Lead Community Relations Specialist, Bemidji

## **System Partners**

- Sister Nancy Miller, Director Mission Integration, CHI St. Alexius Health
- Julie Ward, VP of Diversity, Equity & Inclusion, Avera McKennan Hospital & University Health Center
- Angela Schoeffelman, Community Program Manager, Avera Community Health Resource Center
- Alli Fast, Community Health Program Manager, Essentia Health
- Nancy Hodur, Director, North Dakota State University Center for Social Research
- Karen Olson, Research Specialist, North Dakota State University Center for Social Research
- Kathy McKay, Public Health Administrator, Clay County Public Health
- Desi Fleming, Director of Public Health, Fargo Cass Public Health
- Justin Bohrer, Public Health Analyst & Operational Planning Lead, Fargo Cass Public Health
- Julie Sorby Engen, Director of Community Development, Family HealthCare
- Shelby Kommes, Public Health Coordinator, Sioux Falls Health Department
- Renae Moch, Public Health Director, Bismarck-Burleigh Public Health and Immediate Past President, North Dakota Public Health Association
- Erin Ourada, Administrator, Western Plains Public Health
- Joe Kippley, Public Health Director, Sioux Falls

## **Bagley Partners**

We express our gratitude to the following community collaborative members for their expertise during the planning, development and analysis of the community health needs assessment:

- Julie Bitzer, Human Resources- Industries
- Lester Liljedahl, President- First National Bank
- David Lee, Retired business owner
- Jamie Halverson, Director- Clearwater County Human Services
- Erich Heise, Superintendent- ISD #162
- Marissa Hetland, Administrator- North Country Community Health Services
- Denae Alamano, Executive Director- United Way
- Doug Carlson, Board of Directors- Sanford Health of Northern Minnesota
- Mark Larson, Clearwater County Commissioner
- Carrie Krump, Chief Executive Officer- Sanford Bagley Medical Center
- Karla Eischens, President and Chief Executive Officer- Sanford Health of Northern Minnesota
- Renee Axtman, Chief Nursing Officer- Sanford Health of Northern Minnesota

## **Sanford Bagley Description**

---

Sanford Bagley Medical Center is a 25-bed medical facility located in Bagley, Minnesota. It provides services to people in Clearwater County and the surrounding area. The medical center and clinic employs approximately 100 people, including two physicians practicing in the areas of family medicine and internal medicine, five nurse practitioners practicing in family medicine and emergency medicine, three physician assistants practicing in family medicine and emergency medicine, one chiropractor, and one licensed psychologist.

The medical center is served by a part-time advanced life support ambulance service and provides emergency care and medical-surgical services. Other services offered at Sanford Bagley are cardiac rehab, lab, radiology, respiratory therapy, sleep medicine, pharmacy, and rehabilitation, including physical and occupational therapy. Outreach services bring visiting

specialists in mental health, medical/nutrition therapy, sleep medicine, cardiology, pediatrics, psychiatry, bariatrics, and dermatology.

### **CHNA Purpose**

---

The purpose of a community health needs assessment is to develop a global view of the population's health and the prevalence of disease and health issues. Findings from the assessment serve as a catalyst to align expertise and develop a Community Investment/Community Benefit plan of action. There is great intrinsic value in a community health needs assessment when it serves to validate not-for-profit status and create opportunity to identify and address public health issues from a broad perspective. A community health needs assessment identifies the community's strengths and areas for improvement. A community health needs assessment is critical to a vital Community Investment/Community Benefit Program that builds on community assets, promotes collaboration, improves community health, and promotes innovation and research. It also serves to support progress made toward organizational strategies.

### **Regulatory Requirements**

---

Federal regulations stipulate that non-profit medical centers conduct a community health needs assessment at least once every three years and prioritize the needs for the purpose of implementation strategy development and submission in accordance with the Internal Revenue Code 501(r)(3).

The Internal Revenue Code 501(r) requires that each hospital must have: (1) conducted a community health needs assessment in the applicable taxable year; (2) adopted an implementation strategy for meeting the community health needs identified in the assessment; and (3) created transparency by making the information widely available.

The regulations stipulate that each medical center take into account input from persons who represent the broad interests of the community. Hospitals are required to seek input from at least one state, local, tribal or regional government public health department or state Office of Rural Health, with knowledge, information or expertise relevant to the health needs of the community.

Non-profit hospitals are also required to seek input from members of medically underserved, low income, and minority populations in the community, or organizations serving or representing the interest of such populations. This includes underserved populations experiencing disparities or at risk of not receiving adequate care due to being uninsured or due to geographic, language or financial or other barriers.

The community health needs assessment includes a process to identify community resources available to address identified and prioritized needs. Hospitals are to address each assessed need or explain why they are not addressing a need. Once needs have been identified and prioritized, hospitals are required to develop an implementation strategy for each. The strategies are reported on the IRS 990 and a status report must be provided each year on IRS form 990 Schedule H.

Finally, hospitals are required to be transparent with the findings and make the written CHNA report available to anyone who requests it. All CHNA reports and implementation strategies are housed on the Sanford website at [www.sanfordhealth.org](http://www.sanfordhealth.org). Hospitals must keep three cycles of assessments on their website.

Sanford extended a good faith effort to engage all aforementioned community representatives in this process. We worked closely with public health experts throughout the entire assessment process. Public comments and responses to the community health needs assessment and the implementation strategies are welcome on the Sanford website or contact can be made at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. No community comments or questions regarding the previous CHNA have been made via the website link or email address.

### CHNA Process

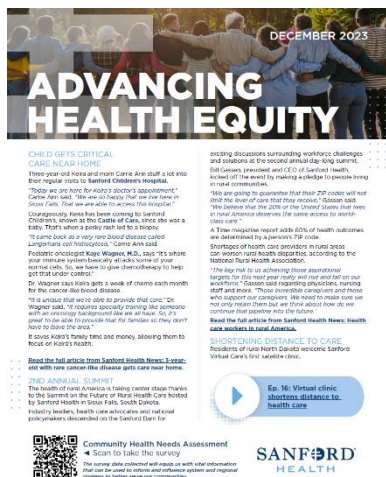
Sanford Health, in coordination with public health experts, community leaders, and other health care providers, within the local community and across Sanford's care delivery footprint, developed a multi-faceted assessment program designed to establish multiple pathways for health needs assessment.



### Limitations

The findings in this study provide an overall snapshot of behaviors, attitudes, and perceptions of residents living in the community. A good faith effort was made to secure input from a broad base of the community. However, gaps in individual data sources may arise when comparing certain demographic characteristics (i.e., age, gender, income, minority status) with the current population estimates. For example, these gaps may occur due to the difficulty in reaching respondents through the survey process.

To mitigate limitations, the CHNA evaluates community health from several perspectives: a stakeholder and community survey, meetings with community leaders that have special knowledge and expertise regarding populations, secondary data sources such as the U.S. Census Bureau and County Health Rankings, public comments from previous assessments, and institutional knowledge by Sanford employees locally and across the Sanford enterprise.



Following the completion of the 2022-2024 report, Sanford Health determined that the survey collection process was an area for improvement. As noted above, the multi-step process minimizes limitations that exist among individual components. Sanford Health and system partners determined there is greater interest in the survey findings, as such, efforts to improve representation across demographics is a focus for the current and future cycles.

Sanford invested in a multifaceted campaign that included an earned media campaign on local media outlets and the public-facing Sanford Health News (<https://news.sanfordhealth.org/>). The system also promoted the survey internally through the organization's intranet, all-staff emails, and newsletters.

Internal efforts were supported with a robust advertising campaign that included, among other efforts, a digital media program yielding 3.6 million impressions and a print ad

campaign encouraging Native American communities to participate through placements in DeBahJiMon Magazine, Anishinaabeg Magazine and MHA Times (Mandan, Hidatsa, Arikara). Further support was given to collecting surveys at various community events. The goal of these efforts was to increase participation by those underrepresented the previous cycle, including lower income, minority, and medically underserved populations.

Overall, survey respondents in the current cycle were aligned to respective community demographics. The investment made by the system and partners to improve representation provides a base of learnings for future CHNA cycles.

**Community and Stakeholder Survey**

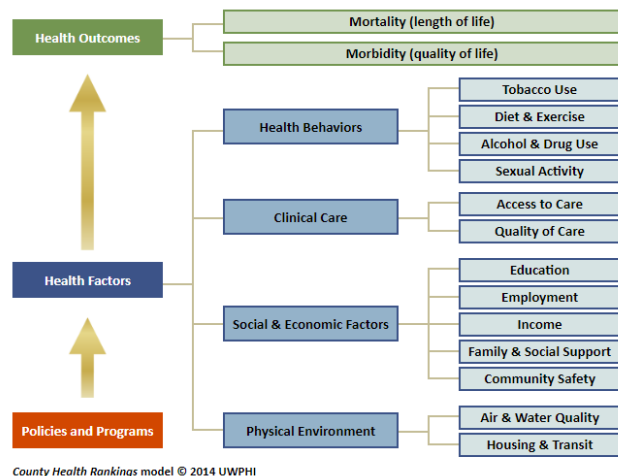
Community residents were asked a series of questions through an online survey designed in partnership with health experts and public health officials across the Sanford footprint to understand health needs. Survey design is based on the UW Population Health Institute model. Each respondent was asked to rate community drivers from poor to excellent. Any response other than excellent was offered a follow-up opportunity to comment on the reason for their ranking. Respondents were also asked a series of questions specific to their health care access, health care quality, barriers to care, travel to care, and insurance. The survey was sent to a sample of the Clearwater County, Minnesota, populations secured through Qualtrics, a qualified vendor. The full set of questions is available in the appendix.

The survey was the first of multiple efforts to engage community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations. Stakeholders were sent the survey and asked to complete the instrument and then forward the survey to their respective populations for greater involvement. Additional investments to increase involvement in the survey are noted in the “Limitations” section of the report.

Survey data for the local community should be considered directional and best utilized in conjunction with additional data. A total of 98 respondents from the CHNA area completed the survey. Promotion investments by the system yielded a total of 9,714 completed surveys from across the Sanford footprint, an increase from 6,748 the previous cycle. The responses generated 48,643 open-ended responses and 1.76 million pieces of data (cells).

**Secondary Data**

County Health Rankings are based upon the UW Population Health model and serve as the main secondary data source utilized for the community health needs assessment. Alignment of the survey and secondary data within the UW Population Health model allows for greater connection of the data sets. Population data are sourced to the U.S. Census Bureau. Additional data sources may be used and are sourced within the document.



**Health Needs Identification Methodology**

The Center for Social Research at North Dakota State University was retained to develop the initial community health needs list for each community, building upon their involvement during the previous cycle. The following methodology was used to develop the significant health needs presented later in the report:

- Survey data was stratified into representative groups based upon population: large urban communities, medium sized communities, and rural communities. The three groups were analyzed separately. Bagley is included with Canby, MN; Canton-Inwood, SD-IA; Chamberlain, SD; Clear Lake, SD; Hillsboro-Mayville, ND; Jackson, MN; Luverne, MN; Sheldon, IA; Tracy, MN; Webster, SD; Westbrook, MN; and Wheaton, MN.
- To identify community health care needs, each community's score by question was compared to the average stratified composite of the comparative group. For example, if the composite stratified system-wide average score is 4 and an individual community's average response was 2.5, which would suggest an issue of concern and a potential community health care need to be highlighted in the summary findings.
- Upon determination of a potential strength or need, County Health Rankings (<https://www.countyhealthrankings.org/>) and responses from open-ended questions provided additional insights into the drivers of the respective needs.
- A similar methodology was also used to provide additional insights into findings from County Health Rankings data with relevant health needs highlighted in the survey findings.
- Health needs identified through either the survey or County Health Rankings data but not both were also included in the findings.
- The Center for Social Research validates the findings of the primary research by engaging at least two internal reviewers. Each reviewer has their own technique and strengths to review the findings; however, they check for accuracy in the data by reviewing the code/syntax, the output, the correct representation of the data in the report, verbiage, consistency, context, and overall readability. Both reviewers also supported previous CHNA reports.

### **Community Asset Mapping**

Asset mapping was conducted to locate community resources available to address the assessed needs. Each unmet need was researched to determine what local resources are available. Once gaps were determined, the prioritization exercise followed with key stakeholder groups determining top needs for their community.

A positive development since the previous CHNA report is the integration of findhelp.com into the Sanford Health digital ecosystem. In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health-related social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to Sanford Health patients and is available on [Sanfordhealth.org](http://Sanfordhealth.org) and in MyChart. Patients can receive information in the format that is meaningful to them (electronic or paper) and in their preferred language. The tool is used to identify local resources as part of the community asset mapping section of this report.

### **Community Stakeholder Meetings**

Community stakeholders and elected officials with knowledge and connections amongst medically underserved, low income, or minority populations were further included in the process during the community stakeholder meetings. During the meetings, survey findings were presented to community stakeholders. Facilitated discussion commenced and each participant was asked to consider the needs identified that should be further developed into implementation strategies. Health needs identified during the previous cycle but not raised through the survey or County Health Rankings were also considered. The meeting served to inform the group of the findings but also served as a catalyst to drive collaboration and prioritization of local needs.



The participants provided information to answer the following types of questions as it relates to identified needs:

- What are the biggest challenges currently with these needs in the community?
- Does the community have gaps in services, access, outreach, etc.?
- What opportunities exist, where can we have greatest impact in addressing these needs?
- Which are most urgent in nature?
- Is there already work being done on these needs?
- What are the resources currently not utilized within the community that could address this topic?
- Which needs fall within the purview of health care system and which do not? Can the non-healthcare needs be shared with other entities or organizations?
- Is there anything you consider an urgent need that we have not discussed?

At the end of the stakeholder meeting, the hospital administrator proposed the specific health needs to be addressed within the Implementation plan with advisory input whether to support by the community members present. Administrator recommendations are based on all factors, including primary and secondary data, input from the community stakeholder meeting, and scalability of current hospital programs and resources to address the identified needs efficiently and effectively. All identified needs not addressed in the implementation plan were shared with other community partners for action.

The participants provided information to answer the following types of questions as it relates to identified needs:

- What are the biggest challenges currently with these needs in the community?
- Does the community have gaps in services, access, outreach, etc.?
- What opportunities exist, where can we have greatest impact in addressing these needs?
- Which are most urgent in nature?
- Is there already work being done on these needs?
- What are the resources currently not utilized within the community that could address this topic?
- Which needs fall within the purview of health care system and which do not? Can the non-healthcare needs be shared with other entities or organizations?
- Is there anything you consider an urgent need that we have not discussed?

## COMMUNITY HEALTH NEEDS ASSESSMENT FINDINGS

### Community Health Summary

The overall health of the community can be described as good. Survey respondents, supported by data from the County Health Rankings, indicated high marks for safety, high feelings of safety due to low crime levels, and positive perceptions of employment opportunities. However, eight areas of concern were brought forth for discussion to the Community Stakeholder Meeting for discussion (below).

The top health needs presented below were identified through a mix of primary and secondary research conducted by the North Dakota State University Center for Social Research, which was commissioned by Sanford Health to analyze the data, and Sanford Health. Priority was given to the key topics ranked lowest by community survey with further analysis provided through secondary research. Areas of focus that may not have been raised by the community survey but shown to be an area of focus through secondary research, were also included.

Each health need includes the drivers behind its inclusion in the list, including qualitative survey results, qualitative responses from the survey, and stratified results from the enterprise results that provide clarity to the local discussion. Secondary research from County Health Rankings and other sources were also provided. Insight from the community stakeholder meetings was included as a valuable tool for understanding the needs, and importantly, how to address each issue

For the purposes of this assessment, the Bagley market area is defined as Clearwater County in Minnesota. The community health summary and identified health needs presented below were identified through a mix of primary and secondary research. Priority was given to the key topics rated lowest by respondents of the community survey, with further analysis provided through secondary research using the 2023 County Health Rankings (CHR) data. Areas of focus that may not have been raised by the community survey but shown to be an area of focus through secondary research, are also included. To further assist in identifying community health needs, survey and CHR data were collected for similar-sized market areas served by Sanford Health. Similar-sized market areas identified for and included in this analysis include Bagley, MN; Canby, MN; Canton-Inwood, SD-IA; Chamberlain, SD; Clear Lake, SD; Hillsboro-Mayville, ND; Jackson, MN; Luverne, MN; Sheldon, IA; Tracy, MN; Webster, SD; Westbrook, MN; and Wheaton, MN. For each measure, averages were calculated for each of the market areas and for the group as a whole for comparison purposes. Context and research provided to explain the importance of a particular health topic were obtained from CHR unless otherwise noted. A total of 98 respondents from the Bagley area completed the survey.

Survey respondents were asked to rate various issues impacting health in their community and issues impacting their personal health and wellness on the following 1 to 5 scale: 1= poor, 2= fair, 3= good, 4= very good, 5= excellent.

Overall, perceptions among survey respondents in the Bagley area were positive for only 4 of the 10 community health issues presented to them (average score of 3.00 or higher):

- Environmental health (average score=3.38)
- Safety (average score=3.11)
- Health care quality (average score=3.10)
- Access to exercise opportunities (average score=3.08)

Even though these scores were positive, they were the lowest scores when compared to similar-sized market areas served by Sanford Health. Average scores for the remaining six community health issues were all below 3.00 and lower than the comparison group average. The areas scoring below 3.00 are discussed in the Top Health Needs section.

When asked about their personal health, survey respondents in the Bagley area rated their current health and wellness as slightly less than good (average score=2.99) and their current ability to access health care services as good (average score=3.24); both scores were the lowest when compared to similar-sized markets served by Sanford Health.

CHR data indicate that Clearwater County in Minnesota is among the least healthy counties in the state. In addition, the following areas of concern were identified for further discussion (in no particular order).

**Top Health Needs**

**Access to Affordable Health Care**

Cost and the ability to afford needed health care was identified as the top health care concern that survey respondents and their families in the Bagley area face on a regular basis. In addition, 33 percent of respondents indicated that they or a family member did not receive needed medical care in the past year (which is the highest rate when compared to similar-sized markets served by Sanford Health, and two times higher than the comparison group average). When asked why, cost and the inability to pay for health care services was the top reason, followed by a lack of local providers and long wait times for appointments.

Most people need some form of medical care in their lives and having health insurance helps to cover those medical costs. In fact, research has shown that having health coverage is associated with better health-related outcomes. In the Bagley market area, 12 percent of people are uninsured and have no health insurance coverage, which is one of the highest rates when compared to similar-sized markets served by Sanford Health.

Contributing to the challenge of accessing affordable health care in the Bagley area is the economic climate. Survey respondents in the Bagley area rated the employment and economic opportunities in their community as less than good (average score=2.58) and lower than similar-sized markets served by Sanford Health. These concerns are evident in CHR data that indicate the Bagley market area has the highest unemployment rate (6%), one of the highest child poverty rates (19%), and one of the lowest median household incomes (\$60,235) when compared to similar-sized markets.

During the stakeholder meeting the group discussed issues surrounding access to affordable quality care. The group discussed at length the tradeoff that high housing and daycare costs have on the ability to afford health care related needs.

<b>Local Asset Mapping</b>	
<p><b>Employment Resources:</b></p> <ul style="list-style-type: none"> <li>• Inter-County Community Council (serves Clearwater Co.) – provides employment/training, 207 Main St., Oklee</li> </ul> <p><b>Major Employers:</b></p> <ul style="list-style-type: none"> <li>• Northern Dental Access Center, 13 Main Ave. N., Bagley–</li> <li>• Bagley Hardware Hank, 15 Main Ave. S., Bagley</li> </ul>	<p><b>Major Employers cont.:</b></p> <ul style="list-style-type: none"> <li>• Cornerstone Nursing and Rehab, 416 7th St NE, Bagley</li> <li>• Cornerstone Residence, 30 Sunset Ave. SW, Bagley</li> <li>• First National Bank, 31 Central St E, Bagley</li> <li>• Galen’s Supermarket, 19 Main Ave. S., Bagley</li> <li>• Hillside Lumber, 305 Sunset Ave., Bagley</li> </ul>

<ul style="list-style-type: none"> <li>• Bagley Public Schools, 202 Bagley Ave. NW, Bagley</li> <li>• City of Bagley, 18 Main Ave. S., Bagley</li> <li>• Clearwater County, 213 Main Ave. N., Bagley</li> <li>• Clearwater Polk Electric Co-op, 315 Main Ave. N., Bagley</li> <li>• Clearwater Senior Living, 421 6th St. NE, Bagley</li> </ul>	<ul style="list-style-type: none"> <li>• Kubiak's Family Foods, 46 Spenser Ave. SW, Bagley</li> <li>• Larson Lumber, 1123 Central St. W., Bagley</li> <li>• Team Industries, 105 Park Ave. NW, Bagley</li> <li>• U.S. Post Office, 26 Getchell Ave. NE, Bagley</li> <li>• Charps, 453 Tower St NW, Clearbrook</li> <li>• Riviana Foods, 301 Tower St NW, Clearbrook</li> <li>• Sanford Health, 203 Fourth St. NW, Bagley</li> </ul>
<p><b>Household Budgeting/Money Mgmt. resources:</b></p> <ul style="list-style-type: none"> <li>• Clearwater Co. Extension (financial management classes), 213 Main Ave. N., Bagley</li> <li>• Community Education classes, 202 Bagley Ave. NW, Bagley</li> <li>• Community Education classes, 16770 Clearwater Lake Rd., Clearbrook</li> <li>• First National Bank, 31 Central St E, Bagley</li> <li>• River Wood Bank, 22 1st St. NE, Bagley</li> <li>• Boarder State Bank, 123 Main St S, Clearbrook</li> <li>• The Northern State Bank, 283 Main St, Convick</li> <li>• Invest Forward, 104 Main Ave N., Bagley</li> </ul> <p><b>Primary Health Care/Affordable Health Care resources:</b></p> <ul style="list-style-type: none"> <li>• Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>• Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>• Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>• Rice Lake Community Health, 13830 Community Loop, Bagley</li> <li>• North Country Community Health, 212 Main Ave. N., Bagley</li> </ul> <p><b>Health Insurance resources:</b></p> <ul style="list-style-type: none"> <li>• Farm Bureau, 14 1st St. NW, Bagley</li> <li>• Lindfors Agency, 22 Clearwater Ave NW, Bagley</li> <li>• State Farm, 700 Bemidji Ave N, Bagley</li> <li>• Inter-County Community Council (serves Clearwater Co.) – health ins. services, 207 Main St., Oklee</li> </ul> <p><b>Dental Insurance providers:</b></p> <ul style="list-style-type: none"> <li>• Lindfors Agency, 22 Clearwater Ave NW, Bagley</li> <li>• State Farm, 700 Bemidji Ave N, Bagley</li> </ul> <p><b>Vision Insurance providers:</b></p> <ul style="list-style-type: none"> <li>• Lindfors Agency, 22 Clearwater Ave NW, Bagley</li> </ul>	<p><b>Prescription Assistance programs:</b></p> <ul style="list-style-type: none"> <li>• CancerCare co-payment assistance, 800-813-4673</li> <li>• Freedrugcard.us</li> <li>• Rxfreecard.com</li> <li>• Medsavecard.com</li> <li>• rxgo.com</li> <li>• Needy meds.org</li> <li>• americasdrugcard.org</li> <li>• mygooddays.org</li> <li>• NORD Patient Assistance Program, rarediseases.org</li> <li>• Patient Access Network Foundation, panfoundation.org</li> <li>• Pfizer RC Pathways, pfizerRXpathways.com</li> <li>• RXhope.com</li> <li>• Minnesota Care – 1-800-657- 3761</li> <li>• MN Drug Card – mndrugcard.com</li> <li>• Partnership for Prescription Assistance – pparx.org</li> <li>• Benefitscheckup.org</li> <li>• RxAssist – rxassist.org</li> <li>• RxOutreach – rxoutreach.org</li> <li>• Together RX Access Program – togetherrxaccess.com</li> <li>• Glaxo Smith Kline – gskforyou.com</li> <li>• Merck – merck.com</li> <li>• Novartis – novartis.com</li> <li>• AARP Prescription Discount Program – aarp-pharmacy.com</li> </ul> <p><b>For Additional Resources reference:</b></p>



· South Country Health Alliance provider – Sanford Eye Center, 14 2nd St. NE, Bagley	<a href="https://sanford.findhelp.com/">https://sanford.findhelp.com/</a>
--	---

**Access to Providers and Quality Health Care**

Despite survey respondents in the Bagley area rating their own ability to access health care as good (average score=3.24), when they were asked about the most important health care issues impacting their community, access to health care services and providers was the top issue (more so than affordability concerns). And while respondents rated the overall quality of health care in their community as good (average score=3.10), the average score was the lowest when compared to similar markets. In addition, three-fourths of survey respondents in the Bagley area reported traveling outside of their community to receive health care services in the past three years (76%). When asked why, most of those who traveled for care indicated that they needed specialty care or the needed services were not available locally (63%), followed by 41 percent who were referred by a physician and 30 percent who sought better or higher quality care elsewhere.

The need to travel for care is evidenced in CHR data which indicate that when compared to similar-sized markets, the Bagley area has higher/worse-than-average ratios of population to providers, with 3,006 people for every primary care physician, 2,859 people for every dentist, and 4,288 people per mental health care provider. In addition, CHR data indicate that when compared to similar-sized markets, the Bagley area has a below average mammography screening rate (42%) and flu vaccination rate (38%).

Three-fourths of survey respondents in the Bagley area indicated that there are health care services they would like to see offered or improved in their community (75%). When these respondents were asked which health care services they would like to see offered or improved, most said behavioral and mental health services (67%), followed by dental care (59%), addiction treatment (44%), walk-in/urgent care (42%), heart care (26%), long-term care and nursing homes (25%), emergency/trauma care (23%), OBGYN/women’s care (20%), and cancer care (20%).

Access to health care was discussed by stakeholder participants. The hospital noted the challenges facing the facility due to the large mix of patients relying on federal and state payers. The challenges are also evident in dental care, a need discussed extensively during the meeting. Currently, the entire county is serviced by a single dentist. The Northern Dental Access Center is working to hire a dentist to meet the needs of the population they serve as many regional dental facilities are not accepting Medicaid patients.

<b>Local Asset Mapping</b>	
<b>Primary Health Care/Affordable Health Care resources:</b>	<b>Routine Check-up/Flu Shot resources:</b>
<ul style="list-style-type: none"> <li>· Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>· Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>· Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>· Rice Lake Community Health, 13830 Community Loop, Bagley</li> <li>· North Country Community Health, 212 Main Ave. N., Bagley</li> </ul>	<ul style="list-style-type: none"> <li>· Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>· Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>· Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>· Rice Lake Community Health, 13830 Community Loop, Bagley</li> <li>· North Country Community Health, 212 Main Ave. N., Bagley</li> <li>· Thrifty White Pharmacy (gives flu shots), 31 Main Ave. S., Bagley</li> </ul>

<b>Dental Care:</b> · Bagley Dental, 13 Main Ave N, Bagley	· Thrifty White Pharmacy (gives flu shots), 30 Main St. S, Clearbrook  <b>For Additional Resources reference:</b> <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a>
---	--

**Chronic Disease and Healthy Living**

Certain areas of the country, particularly tribal lands and surrounding communities such as the Bagley area, have long experienced lower health status when compared with other parts of the country. Disparities in health outcomes, as a result of systems, policies, and social and personal factors are prevalent.

Survey respondents in the Bagley area rated their own personal health and wellness as slightly less than good (average score=2.99). In addition, when survey respondents were asked about the biggest health concerns for themselves and their family (concerns they face on a regular basis), chronic health issues were a top concern, after cost.

According to CHR data, 14 percent of adults in the Bagley area consider themselves in fair or poor health, which is one of the highest percentages when compared to similar-sized markets served by Sanford Health. In addition, one in ten adults in the Bagley area has diabetes (10%) (which is the second highest rate when compared to similar-sized markets) and one in three adults has obesity (34%). CHR data also indicate that 59 percent of residents in the Bagley area have access to exercise opportunities, a rate which is lower than the comparison group average.

In terms of food security, respondents in the Bagley area rated access to healthy foods as less than good (average score=2.93), a score which is the lowest score when compared to similar-sized markets. The most common barrier cited by respondents was the high cost associated with eating healthy. These concerns are evident in CHR data which indicate that 12 percent of the population in the Bagley area did not have access to a reliable source of food during the past year (which is the second highest rate when compared to similar-sized markets served by Sanford).

Regarding tobacco and alcohol usage, CHR data indicate that the Bagley area has the second highest rate of adult smokers (23%) and one of the highest rates of alcohol-involved driving deaths (71%) when compared to similar-sized markets.

Stakeholder meeting participants invested much of the discussion on the local availability of healthy food. Residents often travel for food (and health care) due to availability. Local school leaders present mentioned that some kids only receive their food from the school during the school year. It is unclear how often or what these students eat outside of the academic year. While access may limit the amount of healthy food locally, the cost of what is available is also a challenge, further placing a financial burden on families.

<b>Local Asset Mapping</b>	
<b>Chronic Disease resources:</b> · Sanford Bagley Clinic, 1656 Central St. W., Bagley · Sanford Bagley Medical Center, 203 4 <sup>th</sup> St NW, Bagley · Public Health, 212 Main Ave N, Bagley · American Heart Association – heart.org	<b>Obesity resources:</b> · Sanford Dietitians, 1656 Central St. W., Bagley · Sanford Bagley Clinic, 1656 Central St. W., Bagley · Public Health, 212 Main Ave N, Bagley

<p><b>Healthy Eating resources:</b></p> <ul style="list-style-type: none"> <li>• Kubiaks Family Foods, 46 Spenser Ave SW, Bagley</li> <li>• Galens Supermarket, 19 Main Ave S, Bagley</li> <li>• Knutson Store, 18721 MN-200, Bagley</li> <li>• Bagley Area Farmers Market, Great Northern Railroad Dr SW, Bagley</li> </ul>	<p><b>Physical Activity resources:</b></p> <ul style="list-style-type: none"> <li>• Slim Gym, 804 Central St W, Bagley</li> <li>• Northern Iron Gym, 13 1<sup>st</sup> St NW, Bagley</li> <li>• Bagley Park, Main Ave N, Bagley</li> <li>• Parks activities, 18 Main Ave. S., Bagley</li> <li>• Kloster Park, County Hwy. 5, Clearbrook</li> <li>• Clearbrook City Park, Clearbrook</li> <li>• Outdoor Basketball Court, Main Ave N, Bagley</li> <li>• Twin Pines Golf Course, 531 7<sup>th</sup> St NE, Bagley</li> <li>• Itasca State Park, 36750 Main Pk Dr, Park Rapids</li> <li>• Frog Pond Baseball Field, 106 4<sup>th</sup> St NW, Bagley</li> </ul> <p><b>For Additional Resources reference:</b>  <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a></p>
--	---

**Mental Health**

Mental health includes our emotional, psychological, and social well-being and affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood<sup>2</sup>.

When survey respondents in the Bagley area were asked about the most important health care issues impacting their community, mental health and substance abuse were among the leading issues. According to CHR, adults in the Bagley area average 4.5 mentally unhealthy days each month and 16 percent of adults average at least 14 days of mental distress per month (rates which are the highest percentages when compared to similar-sized markets). One of the most important measures of mental health within a community is suicide. CHR data indicate that there are 23 suicides for every 100,000 people in the Bagley area (which is higher than the comparison group average). In addition, the Bagley area has one mental health care provider for every 4,288 people, which is one of the worst ratios among similar-sized markets.

Of survey respondents in the Bagley area who would like to see specific services offered or improved in their community, most respondents said behavioral and mental health services (67%) and 44 percent said addiction treatment.

The stakeholder meeting participants discussed the mental health needs of the community. Mental health remains an important issue for the school, which they support through many programs. Virtual care remains an option for community residents needing mental health support, however, it was noted that demand for appointments virtually lags capacity so further growth in the space is an option. Local providers would address some of the demand issues that residents have with virtual care. The health system maintains relationships with regional secondary education providers to recruit students into the program, but also places them locally once their education is completed.

<b>Local Asset Mapping</b>	
<p><b>Mental Health resources:</b></p> <ul style="list-style-type: none"> <li>• Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>• Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>• Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>• Clearwater Co. Human Services, 216 Park Ave. NW, Bagley</li> <li>• Clear Waters Life Center (for youth), 256 2nd Ave., Clearbrook</li> <li>• Mobile Crisis Line – 800- 422-0045</li> <li>• Inter-County Community Council (serves Clearwater Co.) – mental health services, 207 Main St., Oklee</li> </ul>	<p><b>Substance Abuse resources:</b></p> <ul style="list-style-type: none"> <li>• Mustard Seed Homes (1-yr. residential recovery program), 256 2nd Ave., Clearbrook</li> <li>• The Most Excellent Way Recovery Support Group, 256 2nd Ave. SW, Clearbrook</li> <li>• Celebrate Recovery Support Group, 256 2nd Ave. SW, Clearbrook</li> <li>• Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>• Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>• Clear Waters Life Center, 256 2nd Ave. SW, Clearbrook</li> <li>• Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>• Clearwater Co. Human Services, 216 Park Ave. NW, Bagley</li> </ul>
<p><b>Tobacco Cessation resources:</b></p> <ul style="list-style-type: none"> <li>• Sanford Bagley Clinic, 1656 Central St. W., Bagley</li> <li>• Sanford Clearbrook Clinic, 22 Elm St., Clearbrook</li> <li>• Essentia Bagley Clinic, 121 Central St. W., Bagley</li> <li>• Rice Lake Community Health, 13830 Community Loop, Bagley</li> <li>• North Country Community Health, 212 Main Ave. N., Bagley</li> </ul>	<p><b>For Additional Resources reference:</b>  <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a></p>

**Child Care Quality**

Participation in high-quality early childhood care and education programs can have positive effects on children’s cognitive, language, and social development, particularly among children at risk for poor outcomes.

Survey respondents in the Bagley area rated the quality of childcare, day care, and preschool as less than good (average score=2.74). When asked to explain why, respondents cited an overall lack of childcare providers in the area for families with working adults.

The U.S. Department of Health and Human Services has historically considered childcare affordable if the total expense consumes less than 10 percent of household income, and more recently proposed an affordability threshold set at 7 percent of household income<sup>4</sup>. According to CHR, the average household in the Bagley area spent 26 percent of its income on childcare, which is similar to the comparison group average.

Community stakeholders discussed the need for additional childcare options locally for the community's long-term health. Area employers, including those represented at the meeting, indicated the limitations childcare places on individuals that would like to work but may not have a provider, limiting the workforce. Additionally, the cost burden that childcare places on those that were able to find care decreases the expendable income for other needs, such as housing, healthcare, and groceries, further contributing to cost pressures. Participants noted that childcare providers that were previously available in the community have ended service



or moved due to the inability to provide affordable care within the current staffing requirements. The recruitment of new daycare providers is also a challenge for the community.

<b>Local Asset Mapping</b>	
<p><b>Child Care resources:</b></p> <ul style="list-style-type: none"> <li>· Bagley Head Start, 202 Bagley Ave NW, Bagley</li> <li>· Susan Duquette, 1003 Patricia Ln NW, Bagley</li> <li>· Bunnies Hut Day Care, 218 5<sup>th</sup> St NE, Bagley</li> <li>· Rice Lake Head Start, 13936 Community Loop, Bagley</li> </ul>	<p><b>Activities for Children &amp; Youth (outside of school &amp; sports):</b></p> <ul style="list-style-type: none"> <li>· 4-H, c/o Clearbrook Co. Extension Office, 213 Main Ave. N., Bagley</li> <li>· Boy Scouts, 114 Main Ave N, Bagley</li> <li>· Cub Scouts, 18633 350<sup>th</sup> Ave, Bagley</li> <li>· Girl Scouts, 750 Paul Bunyan Dr DW, Bemidji</li> <li>· Public Library, 79 Spencer Ave. SW, Bagley</li> <li>· Parks activities, 18 Main Ave. S., Bagley</li> <li>· Kloster Park, County Hwy. 5, Clearbrook</li> <li>· Clearbrook City Park, Clearbrook</li> <li>· Summer Art Class, 18 Main Ave. S., Bagley</li> <li>· Volunteering to work on Community Planters, 18 Main Ave., Bagley</li> <li>· Clear Waters Life Center, 256 2nd Ave., Clearbrook</li> </ul>
<p><b>Resources for At-Risk Youth:</b></p> <ul style="list-style-type: none"> <li>· Clearwater Co. Human Services, 216 Park Ave. NW, Bagley</li> <li>· Stelliher Human Services (crisis line 800-422-0045)</li> <li>· Clear Waters Life Center, 256 2nd Ave., Clearbrook</li> <li>· Inter-County Community Council (serves Clearwater Co.) – services for homeless youth, 207 Main St., Oklee</li> </ul>	<p><b>Youth Crime resources:</b></p> <ul style="list-style-type: none"> <li>· Bagley Police, 21 Getchell Ave. NE, Bagley</li> <li>· Clearbrook Police, 200 Elm, Clearbrook</li> <li>· Clearwater Co. Sheriff, 213 Main Ave. N., Bagley</li> </ul> <p><b>For Additional Resources reference:</b>  <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a></p>

**Long-Term Senior Care**

Safe, quality, affordable housing is fundamental to a healthy life. Healthy homes can improve lives and provide a foundation of health for individuals and families, but unhealthy homes can just as easily undermine quality of life and even cause poor or substandard health. A safe, quality, and affordable home is paramount to healthy aging.

Respondents in the Bagley area rated the quality of long-term care, nursing homes, and senior housing as less than good (average score=2.54), and half of respondents rated the quality as poor or fair (52%). When respondents who rated the quality of long-term care, nursing homes, and senior housing as poor or fair were asked why they did so, responses referenced an overall staffing shortage for facilities in the community and limited options for nursing care. In addition, of survey respondents in the Bagley area who would like to see specific services offered or improved in their community, one in four respondents said long-term care (25%).

The stakeholder group felt that this was an important issue but not as urgent as the other at this time.

Local Asset Mapping	
<p><b>Long Term Care resources:</b></p> <ul style="list-style-type: none"> <li>• Cornerstone Nursing. &amp; Rehab Center, 416 - 7th St. NE, Bagley</li> </ul> <p><b>Bagley Assisted Living resources:</b></p> <ul style="list-style-type: none"> <li>• Cornerstone Residence, 30 Sunset Ave. SW, Bagley</li> <li>• Clearwater Senior Living, 421 6th St. NE, Bagley</li> <li>• Cornerstone Residence Senior Care, 421 6th St. SE, Bagley</li> <li>• Sunset Home, 33 Red Lake Ave. NW, Bagley</li> <li>• Golden Acres, 28647 State HWY 92, Bagley</li> </ul>	<p><b>In-Home Services:</b></p> <ul style="list-style-type: none"> <li>• Clearwater Co. Nursing Service (home care), 212 Main Ave. N., Bagley</li> <li>• Meals on Wheels, 26 Main Ave. N., Bagley</li> <li>• Meals on Wheels, 105 Main St. S., Clearbrook</li> <li>• Home at Heart Care (personal care), 221 3rd Ave. SW, Clearbrook</li> <li>• Infusion Services, Thrifty White Drug, 31 Main Ave. N., Bagley</li> <li>• Clearwater Hospice, 212 Main Ave. N., Bagley</li> </ul>
<p><b>Memory Care resources:</b></p> <ul style="list-style-type: none"> <li>• Cornerstone Nsg. &amp; Rehab Center, 416 7th St. NE, Bagley</li> <li>• Cornerstone Residence Senior Care, 421 6th St. NE, Bagley</li> </ul>	<p><b>Senior Housing:</b></p> <ul style="list-style-type: none"> <li>• Parkview Apts., 516 Main Ave. N., Bagley</li> <li>• Otterkill Gardens, 635 Hallan Ave. NE, Bagley</li> <li>• SummerField Clearbrook 55+, 430 – 4th Ave. NE, Clearbrook</li> </ul> <p><b>For Additional Resources reference:</b>  <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a></p>

**Public Transportation**

Transportation systems help ensure that people can reach everyday destinations, such as jobs, schools, healthy food outlets, and healthcare facilities, safely and reliably. Public transportation services play an important role for people who are unable to drive, people without access to personal vehicles, children, individuals with disabilities, and older adults.

Respondents in the Bagley market also rated community access to daily transportation as less than good (average score=2.23). When asked to explain why, respondents noted very few if any public transportation options in their community. Respondents also indicated that the options for rides that exist only run weekdays during business hours and can be relatively expensive for a round-trip.

Stakeholder participants indicated that public transportation options are available for residents, but the services are more on demand and require planned reservations to utilize. Not enough volunteers are available from a health care delivery perspective to fully staff the medical transportation needs for residents that cannot drive or do not have a vehicle.

Local Asset Mapping
<p><b>Transportation Resources:</b></p> <ul style="list-style-type: none"> <li>• Tri-Valley Heartland Express, 218- 683-5132</li> <li>• Senior Connection Transportation Service, 218-487-5290</li> <li>• Sanford Ambulance, 203 4th St. NW, Bagley</li> <li>• BD Mobility Van, 223 Hwy. 92 SW, Clearbrook</li> </ul> <p><b>For Additional Resources reference:</b>  <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a></p>

## Affordable Housing

There is a strong and growing evidence base linking stable and affordable housing to health. As housing costs have outpaced local incomes, households not only struggle to acquire and maintain adequate shelter, but also face difficult trade-offs in meeting other basic needs. When the majority of a paycheck goes toward the rent or mortgage, it can be difficult to afford doctor visits, healthy foods, utility bills, and reliable transportation to work or school. This can, in turn, lead to increased stress levels and emotional strain.

Survey respondents in the Bagley market rated the availability of affordable housing in their community as fair (average score=1.99) and lower than any other community health issue. When asked to explain why, respondents referenced an overall lack of homes to purchase or rent that are affordable given the income and low-paying job opportunities in the area. Respondents also noted that housing, which may be considered affordable, is often run down and in need of repair or updates.

CHR data indicate that 15 percent of households in the Bagley area have severe housing problems (i.e., overcrowded, high housing costs, lack of kitchen facilities, or lack of plumbing facilities) and 11 percent of households spend at least 50 percent of their household income on housing costs; both rates are the highest when compared to similar-sized markets served by Sanford Health.

Affordable housing and the lack of housing infrastructure was a discussion point by community stakeholders. The need to identify solutions to the cost of housing is a component to the long-term viability of the community and area employers. Housing limitations are likely causing people to move out of the community—or not move to the community at all. Participants noted that state and federal grants may be an option to expand affordable apartment options, but additional single family housing is also a need to be addressed.

Local Asset Mapping	
<b>Housing resources:</b> <ul style="list-style-type: none"><li>• Clearwater Co. Housing Authority, 516 Main Ave. N., Bagley</li><li>• Housing &amp; Redevelopment Authority of Bagley, 516 Main Ave. N., Bagley</li><li>• Lillegaard's Apts., 116 S. Clearwater Ave., Bagley</li><li>• SummerField Clearbrook Cottages, 134 Brook Ave. NE, Clearbrook</li><li>• SummerField Clearbrook 55+, 430 4th Ave. NE, Clearbrook</li><li>• ReMax Realty, 40093 E. Lone Lane Rd., Bagley</li><li>• Northern Places Realty, 36389 Co. Rd. 7, Bagley</li></ul>	<b>Low Income Housing Resources:</b> <ul style="list-style-type: none"><li>• Clearwater Co. Housing Authority, 516 Main Ave. N., Bagley</li><li>• Housing &amp; Redevelopment Authority of Bagley, 516 Main Ave. N., Bagley</li><li>• Parkview Apts., 516 Main Ave. N., Bagley</li><li>• Hillside Manor, 30 Sand Lake Ave. SW, Bagley</li><li>• Otterkill Garden Apts., 635 Hallan Ave. NE, Bagley</li><li>• White Earth IV, 13830 Community Loop, Bagley</li><li>• Brookfield Apts., 105 Railroad Ave. NE, Clearbrook</li></ul> <b>For Additional Resources reference:</b> <a href="https://sanford.findhelp.com">https://sanford.findhelp.com</a>

## Sanford Area of Focus

The significant health needs noted above were brought forward as topics of discussion at the

local stakeholder meeting, which convened a range of community leaders with knowledge of medically underserved, low income, or minority populations. Members of the local public health agency and Sanford Health were also present. A list of attendees can be found in the introduction. Stakeholders discussed the health needs, potential causes, and provided additional insight for their local populations and community resources. Participants were also encouraged to offer additional needs that may not have been raised during the research process; no additional needs were brought forward.

The Community Health Needs Assessment identified three specific areas for focus for Sanford during the 2025-2027 implementation cycle:

1. Increase access to preventative and specialty healthcare services.
2. Continued expansion of Behavioral Health Services and Substance Abuse Programs
3. Increase access to healthy food



## Implementation Plan for Prioritized Needs

### **Priority 1: Increase Access to Preventative and Specialty Healthcare services.**

A patient's zip code should not dictate the quality of health care they receive. Sanford Bemidji plays a vital role in ensuring that patients in rural Minnesota have access to health care services. As the community ages and challenges with clinician recruitment and health care infrastructure changes arise, maintaining robust and sustainable health care access becomes increasingly critical. Sanford Bagley is committed to ensuring that the quality of care is not influenced by a patient's location.

#### **Current Activities**

Sanford Bagley actively promotes outreach specialty services available within the community. These outreach services bring specialty providers to Bagley facilities to provide care close to home. Current outreach services offered include, pediatric care, dermatology, obstetrical, gynecology, sleep medicine, bariatrics, and mental health.

#### **Projected Impact**

Upon completion of the three-year Implementation Plan, the community would see increase access to preventative health care services as well as increased access to specialty care.

### **Goal 1: Increase access to women's health care and preventative screenings within Sanford Bagley.**

Access to women's healthcare is crucial for mitigating the negative impacts of chronic stress on reproductive health and ensuring that women receive the necessary medical support and interventions for optimal reproductive outcomes. Additionally, access to healthcare enables women to receive preventive care, screenings, and treatments for a wide range of health issues beyond reproductive health, promoting overall well-being and quality of life.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Implement a mobile mammography program to increase accessibility and early detection of breast cancer.	Mobile Mammography truck to be operationalized by Q4 2025.  Launch mobile mammography screenings in Clearwater county rural clinic locations in Q2 of 2026.	Financial commitment of a mobile mammography truck (with support of the SHNM Foundation)  Staff time & resources	Vice President of Operations, Director of Cancer Services, Manager of Radiology, Bagley CEO, Foundation	
Increase OB/GYN outreach services at the Bagley Clinic	Q2 2025 Recruit part time Obstetrician to provide outreach care at Sanford Bagley Clinic.	Time and resources to recruit  Staff time and resources	Director of Clinic	

	Q1 2026 weekly OB/GYN services at the Bagley Clinic.			
--	--	--	--	--

**Goal 2: Increased access for vaccinations**

Enhancing preventive screenings in adults and boosting immunization rates, particularly for influenza in children, are essential steps in promoting long-term health and well-being. By prioritizing these measures, we can detect potential health issues early and protect vulnerable populations, from preventable diseases, ultimately reducing the overall burden on the healthcare system.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Initiate a flu vaccine program to boost influenza vaccination rates among children	Increase influenza vaccination rates for children ages 0-18 by 5% annually.  Expand current flu shot events to Clearbrook by 2026.	Financial commitment for vaccines  Staff time & resources	Bagley CEO, Director of Clinic	County Nursing Service, various school districts, organizations that programming for children
Explore options of collaborating with community resources and programs to increase vaccinations opportunities to the community.	Develop collaborative community vaccination opportunities by 2026.	Financial commitment for vaccines  Staff time & resources	Bagley CEO, Director of Clinic	County Nursing Service, other community organizations

**Priority 2: Continued expansion of Behavioral Health Services and Substance Abuse Programs**

Increasing behavioral health services and expanding access to substance abuse treatment are critical for addressing the growing mental health and addiction crises. By providing comprehensive support and accessible care, we can help individuals manage their conditions, reduce stigma, and promote recovery. Strengthening these services is essential for improving overall public health, enhancing quality of life, and building healthier communities.

**Current Activities**

Sanford Bagley is committed to exploring methods of supporting the behavioral health needs of the community. Over the last several years, Sanford initiated a group based behavioral health program for seniors. Due to issues with insurance coverage, contract difficulties, and low numbers, Sanford shifted gears to expanding behavioral health counseling in the clinic setting and via telehealth. The change allowed behavioral health services to be spread to a larger age

range and for an increased volume of people. In addition, Sanford has partnered to support Stellher Human Mental Health Services in the school system by funding a one day a week virtual option for pediatrics age ten and older.

**Projected Impact**

For patients, expanding behavioral health services and substance abuse treatment can lead to improved mental health and recovery outcomes. Access to comprehensive and timely support helps individuals manage their conditions more effectively and reduces the stigma of seeking help, ultimately enhancing their quality of life and fostering a healthier community.

**Goal 1: Increase access to virtual visits for behavioral health care**

Expanding access to virtual visits for behavioral health care is crucial because it offers flexible, convenient, and timely support for individuals struggling with mental health issues. Virtual care removes barriers such as transportation, and scheduling conflicts, making it easier for people to seek help when they need it most.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Expand virtual visits for behavioral health care	<p>Increase virtual offerings of outpatient mental health therapy by Q3 of 2025</p> <p>Increase in person and/or virtual offerings of substance abuse care by Q1 2026</p>	Staff time & resources	Director, Behavioral Health, Director Clinic, Bagley CEO	
Explore new partnerships with the county and school district to support behavioral health & substance abuse needs (Also supports goal 2)	Meet 2025 and develop plan.	Staff time and resources	Director, Behavioral Health, Director Clinic, Bagley CEO	School District

**Goal 2: Increase access to substance use services**

Increasing access to substance use services is vital because it ensures that individuals struggling with addiction receive timely and effective treatment. Enhanced access can lead to earlier intervention, and support recovery efforts. It also helps address the broader social impacts of substance abuse, such as family disruption and economic strain, ultimately fostering healthier communities and reducing the burden on the healthcare system.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Expand initiation of medications in the ER for opioid use disorders	Provide education to ER providers/ clinical teams on initiation of MAT meds in that setting by Q2 2025.	Medical Director time and training	ER Chair and Director, Behavioral Health	
Increase efforts to connect individuals to navigation services and treatment after ER visits for opioid overdose or opioid use disorder (OUD).	Increase the number of individuals served by our Medication Assistance Therapy staff following their ER visit 5% annually.	Provider, nursing, care coordination, LADC, management – time and resource	Director, Behavioral Health, Director Clinic, Bagley CEO	Northern Addiction Wellness in Wilton, other community addiction programs
Enhance access to Medication for Opioid Use Disorder (MOUD) and Substance Use Disorder (SUD) support and resources in the community.	Increase offerings for transportation options for treatment by Q1 2026.  Increase in person and/or virtual offerings of substance abuse care by Q1 2026		Director, Behavioral Health, Director Clinic, Bagley CEO	Clearwater county Health and Human Services

**Priority 3: Increase access to healthy food**

In terms of food security, respondents in the Bagley area rated access to healthy foods as less than good (average score=2.93), a score which is the lowest score when compared to similar-sized markets. The most common barrier cited by respondents was the high cost associated with eating healthy. These concerns are evident in CHR data which indicate that 12 percent of the population in the Bagley area did not have access to a reliable source of food during the past year (which is the second highest rate when compared to similar-sized markets served by Sanford). Overall, by implementing systematic screening, providing educational resources, offering personalized support, and collaborating with community resources, we can improve opportunities to screen and support the nutritional needs of the pediatric patients we serve, ultimately promoting the health and well-being of the children under Sanford's care.

**Current Activities**

Sanford Bagley has partnered with the United Way in sponsoring the Backpack Buddies and provide volunteers for the Food Drops program. In 2024, 43 children in Clearwater County

received food through Backpack Buddies and 144,000 pounds of food was distributed in the county through the Food Drops program. In addition, Sanford will continue to support Friends in the Kitchen, cooking class for those age 55 and older. This program is designed to bring rural seniors together in a safe place and learn how to eat healthy on a limited budget.

**Projected Impact**

Access to healthy food is important for health because it provides essential nutrients, supports overall well-being, and helps prevent the onset of chronic diseases. Lack of access to healthy food may contribute to poor dietary habits and increase the risk of developing various health conditions.

**Goal 1: Improve opportunities to screen for nutritional needs of the pediatric patients served at the Sanford Bagley Clinic.**

When aiming to enhance opportunities to screen and support the nutritional needs of pediatric patients, it is essential to establish systematic screening protocols for nutritional risk and deficiencies during routine pediatric appointments. Implementing validated screening tools can help in identifying children at risk of malnutrition or with specific nutritional needs.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Increase identification of pediatric population with food insecurities	Develop and implement screening for food insecurity in the pediatric patients served in the Bagley Clinic by Q3 2025.	Provider, nursing, care coordination.		Clinic Director

**Goal 2: Improve opportunities to support nutritional needs of the pediatric patients served at the Sanford Bagley Clinic.**

Collaboration with community resources, such as food assistance programs and nutrition support services, can further enhance the clinic's capacity to address the nutritional needs of pediatric patients. By establishing partnerships with local organizations, the clinic can facilitate access to healthy and nutritious food for families facing food insecurity, thus addressing the social determinants of health that impact children's nutrition.

<b>Actions/Tactics</b>	<b>Measurable Outcome &amp; Timeline</b>	<b>Resources to be Committed</b>	<b>Leadership</b>	<b>Community partnerships and collaborations, if applicable</b>
Enhanced support of nutritional needs of families with young children.	Council families on local organizations that offer nutritional food support.	Financial commitment for vouchers  Staff time & resources	Clinic Director Bagley CEO	Clearwater county United Way Local food programs

	Increase offerings of healthy food to families with children by Q1 2026.			
--	--	--	--	--

## Needs Not Addressed

Below are the Needs identified during the CHNA process—as referenced in the Community Health Needs Assessment Report above—that are not addressed as a significant need for the purpose of this process. Although not included in the Implementation Plan, the hospital supports efforts to address community needs, such as viewing the information collected within the Community Health Needs Assessment as a community benefit and sharing survey and assessment information with community partners to support the expansion or establishment of programs that reduce community needs. Additionally, Sanford Health further supports through its findhelp resource tool that informs patients and consumers of national and local resources. In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart.

**Affordable Housing & Long-Term Senior Care:** The stakeholder group indicated other facilities or organizations in the community are attempting to address the housing needs of the community, and, as such, it will not be included in the Implementation Plan. Sanford Bagley will continue to work closely with the economic development committee, and the City of to advance solutions to address the need. CHNA information will be shared with partners as appropriate.

**Employment & Economic Opportunity:** Sanford Health leadership is involved in a number of community led projects with a mission to grow employment opportunities for our community members. Additionally, we have started internal programs and collaborations with outside organizations to help break down barriers that an individual may face trying to gain employment with Sanford Health. The need is not included in the Implementation Plan as the hospital is currently involved in community programs and other organizations in the community are addressing the need,

**Child Care Quality:** The stakeholder group organizations in the community are attempting to work on the childcare needs and childcare assistance program needs in the community. Sanford, in partnership with Pine Pals, which is a daycare center in Bemidji, we will be opening The Nest, which will provide 30+ additional slots for infant & toddlers. This will support both our employees as well as community members by adding daycare slots in the area of highest need but are not including in the Implementation Plan as these organizations are addressing the need.

### **Access to Affordable Health Care:**

Access to affordable health care, while not directly included in the Implementation Plan for purposes of the Community Health Needs Assessment due to current efforts decreasing its relative priority, will be impacted by increasing access including telehealth programs and collaboration with Veterans programs. The spring of 2024, the new 72 bed Veterans Long Term Care facility that opened on the land that Sanford Health of Northern Minnesota donated. This will greatly impact the affordability of long term care for the senior veterans of Clearwater County.

In 2023, Sanford provided over \$7 million in financial assistance and charity care to the region. In addition, as being a covered entity of the 340B program we pass on 340B drug savings to our patients who have financial needs. Sanford has financial assistance programs available to patients and continues to promote services offered by the organization and



government-sponsored programs. Additionally, Sanford encourages patients to retain a primary care provider and remain compliant with current health screening recommendations in an effort to increase early detection which typically results in less invasive and expensive treatments.

### **Public Transportation**

Sanford Bagley is not addressing the need within the Implementation Plan as it was deemed a lower priority for purposes of the Community Health Needs Assessment process. However, the expansion of telehealth services, additional providers, and greater access to service lines will improve access to healthcare for services for those with limited transportation options. Sanford Bagley works in collaboration with community resources to develop additional transportation for patients needing transportation to their health care appointments.

## **EVALUATION OF 2022-2024 CHNA**

### **System-wide Support and Utilization of the Community Health Needs Assessment Program**

Sanford Health continues to integrate the CHNA report, supporting data, and Implementation Plans across the organization, including in the annual strategic planning program and operations. The Sanford Health Board of Trustees incorporated population health as an aspirational target metric necessary to become the “premier rural health system” in the country. The population health target aligns the work conducted through the CHNA with the overall evaluation of Sanford’s success.

CHNA data is made available throughout the planning process as needed as part of the annual strategic planning process, both internally and to external organizations that partner with the system. Sanford also incorporated the CHNA into the capital expenditure request process to give a voice to the needs and concerns of this population.

In 2022, the organization implemented findhelp, an online tool to incorporate contact and referral information to connect community-based organizations with patients to meet their health related-social care needs. The system is available to the health care team and as a public facing site for self-navigation to consumers. A link is included on every after-visit summary provided to patients and is available on Sanfordhealth.org and MyChart. Findhelp generated nearly 28,000 internal and external searches from within CHNA-defined communities on CHNA topics in 2022 and over 19,000 in 2023. Residents of the Bagley CHNA community conducted 306 searches in 2022 and 2023.

### **Access to Health Care Providers**

Many sleep disorders go undiagnosed because their symptoms seem harmless. However, chronic sleep issues can lead to obesity, heart problems, diabetes, depression and more. Laurie Straw, APRN, CNP specializes in treating conditions including, sleep medicine, sleep apnea, narcolepsy, restless leg syndrome and insomnia in adult patients. Laurie provided outreach services to the Bagley Clinic in 2023 and saw a total of 28 new referral patients. Ms. Straw sees patients in person one time a month and telehealth visits one time a month.

Efforts have been made to promote utilization telehealth services for primary care appointments. Sanford promoted On-Demand visits for patients in 2022. The Sanford health plan promoted zero dollar on-demand urgent care video visits 24 hours a day and seven days a week in addition promotions centered on scheduled virtual care appointments for primary care. The primary care virtual visits allowed existing Sanford patients to visit with a provider in the place of a clinic visit. This option was expanded to not only Sanford Health Plan

patients, but to anyone who was an established patient.

In 2022, Sanford Bagley Clinic providers have been trained on how to conduct telehealth visits and equipment was procured (webcams-speakers). A total of 212 telehealth visits were performed in family medicine, 17 telehealth visits for internal medicine, and 429 telehealth visits for behavioral health during that year.

Progress was made in 2022 to increase primary and specialty care within Sanford Bagley clinics. Dr. Colleen Swank, MD began offering pediatric care outreach at the Bagley clinic one day a month. Dr. Swank is based in Bemidji, MN. Dr. Swank had a total of 18 patients scheduled and 13 visits completed. In 2022, the EPIC build (programming needed for scheduling, documentation, and billing) was completed for dermatology services within the Bagley Clinic. In December 2022, Dr. Chet Maingi, expressed interest in providing outreach dermatology services at the Bagley clinic starting the spring of 2023.

Dr. Chet Maingi, Dermatologist, began seeing patients at the Bagley Clinic in June of 2023. 91 visits were booked and 85 visits were completed. Dr. Maingi will continue to provide outreach services to the Bagley clinic one to two times a month. Having these services available at the rural clinic helps for early detection for carcinomas, melanomas, provides for skin healthcare needs, and minor surgical procedures such as mole removal or biopsy's. This specialty service helps to free up the primary care physicians time, in turn increases access for care.

April of 2023, Dr. JoLyn Seitz, MD began providing much needed obstetrical and gynecologist outreach services at the Bagley Clinic. In 2023, she had 40 visits booked and 32 visits completed.

### **Behavioral Health**

#### **Increase behavioral health services and support in the Sanford Bagley community.**

Significant work was completed in 2022 to increase behavioral health services and support in the Sanford Bagley community. Sanford contracted with a Senior Life Solutions for behavioral health services. Senior Life Solutions is an intensive outpatient group therapy program designed to meet the needs of individuals typically 65 and older, experiencing depression or anxiety related to life changes that are often associated with aging. The Senior Life Solution program The program performed 27 therapy sessions in 2022 and admitted 11 patients in 2023. The participants meet up to three times per week in a supportive, encouraging group setting.

Psychiatry services resumed July 2023 at the Bagley Clinic. Dr. Hill, Psychiatrist, completed at total of 352 visits. The visits were a combination of in person and telephone visits. In addition, Dr. Tsibulsky, remote psychiatrist, has provided 33 behavioral health telehealth visits in 2023. In addition, Bagley Clinic posted an Integrated Behavioral Health councilor position to help community needs.

#### **Depression Screening at routine primary care visits was focus for 2022 in the Sanford Bagley Clinic.**

Sanford Bagley Clinic made depression screening at routine primary care visits a focus for 2022. Depression is a serious medical illness associated with higher rates of chronic disease, increased health care utilization, and impaired functioning. Sanford Bagley Clinic depression screening rate was at 65.2% in January 2022. A screening rate goal of 87.4 % was established and steady progress was made throughout the year to meet this target. The department

exceeded the goal in November 2022 (87.7%) and met the goal again in December (87.3%). The Bagley clinic's goal for 2023 was to screen 90.5% of the patients seen for depression. The clinic ended the year at 87.8% screenings completed, nearly reaching their lofty goal and surpassing the 2022 rate.

## CONTACT INFORMATION

The Community Health Needs Assessment, Implementation Plan, and survey data are available online at <https://www.sanfordhealth.org/about/community-health-needs-assessment>. The website includes current and historical reports.

Anyone wishing to receive a free printed copy, obtain information on any topic brought forth in the report, or offer public comments for consideration during the implementation plan or future Community Health Needs Assessment work, please contact us at [Community.Benefits.Sanford@SanfordHealth.org](mailto:Community.Benefits.Sanford@SanfordHealth.org) or visit <https://www.sanfordhealth.org/about/community-commitment/community-health-needs-assessment>

## APPROVAL

The information presented in the Community Health Needs Assessment and Implementation Plan were approved by the Sanford Bemidji Medical Center Board of Directors at their October 2024 meeting. The Sanford Health Board of Trustees approved CHNA and Implementation Plans at their December 2024 meeting.

## APPENDIX

### **Expanded Demographics<sup>1</sup>**

Clearwater County had a population of 8,644 which accounts for less than one percent of Minnesota's entire population. The county had a population percent change of 1.40% from April of 2020 to July of 2023, which was faster than the state rate of 0.50% for the same time period. The age demographic for the county is similar to the state's rate for the different age groups, with the persons under 18 years being the highest for both the state and the county.

Those without health insurance in the county is higher than the state with 9.2% of those in Clearwater County not having health insurance, while 5.3% of those in the state are uninsured. Those with a Bachelor's degree or higher is significantly lower in the county than the total for the state with the percentages being 18.3% and 38.2% respectively.

Fact	Clearwater County, MN	Minnesota
Population estimates, July 1, 2023, (V2023)	8,644	5,737,915
Population estimates base, April 1, 2020, (V2023)	8,528	5,706,804
Population, percent change - April 1, 2020 (estimates base) to July 1, 2023, (V2023)	1.40%	0.50%
Persons under 5 years, percent	6.10%	5.80%
Persons under 18 years, percent	25.10%	22.60%
Persons 65 years and over, percent	20.90%	17.40%
White alone, percent	84.80%	82.60%
Black or African American alone, percent	0.80%	7.60%
American Indian and Alaska Native alone, percent	9.70%	1.40%
Asian alone, percent	0.40%	5.50%
Native Hawaiian and Other Pacific Islander alone, percent	--	0.10%
Two or More Races, percent	4.20%	2.80%
Hispanic or Latino, percent	2.60%	6.00%
White alone, not Hispanic or Latino, percent	83.20%	77.60%
Housing Units, July 1, 2023, (V2023)	4,460	2,575,411
Owner-occupied housing unit rate, 2018-2022	81.90%	72.30%
Median value of owner-occupied housing units, 2018-2022	\$161,800	\$286,800
Median selected monthly owner costs -with a mortgage, 2018-2022	\$1,428	\$1,818
Median selected monthly owner costs -without a mortgage, 2018-2022	\$506	\$639
Median gross rent, 2018-2022	\$753	\$1,178

<sup>1</sup> <https://www.census.gov/quickfacts>

Language other than English spoken at home, percent of persons age 5 years+, 2018-2022	5.70%	12.00%
Households with a computer, percent, 2018-2022	87.30%	94.50%
Households with a broadband Internet subscription, percent, 2018-2022	83.90%	89.70%
High school graduate or higher, percent of persons age 25 years+, 2018-2022	87.60%	93.70%
Bachelor's degree or higher, percent of persons age 25 years+, 2018-2022	18.30%	38.20%
With a disability, under age 65 years, percent, 2018-2022	12.00%	7.70%
Persons without health insurance, under age 65 years, percent	9.20%	5.30%
In civilian labor force, total, percent of population age 16 years+, 2018-2022	59.10%	68.60%
In civilian labor force, female, percent of population age 16 years+, 2018-2022	56.70%	65.00%
Mean travel time to work (minutes), workers age 16 years+, 2018-2022	26.3	23.3
Median household income (in 2022 dollars), 2018-2022	\$62,723	\$84,313
Per capita income in past 12 months (in 2022 dollars), 2018-2022	\$31,879	\$44,947
Persons in poverty, percent	10.60%	9.60%
Total employer establishments, 2021	195	152,836
Total employment, 2021	2,344	2,627,416

**Leading Causes of Death**

The Minnesota Department of Health publishes the annual Minnesota County Health Tables, which includes county-level counts for ten leading causes of death. Counts for the counties included within the CHNA community are in the table below. Data for calendar year 2020 is presented alongside the total for 2016-2020.

Cancer, followed by heart disease, were the leading cause of death in the county for the five-year period and for calendar year 2020 for the causes listed.

Leading Causes of Death Cause-Specific Death Counts for Ten Leading Causes											
County	Cancer	Heart Disease	COVID--19	Unintent. Injury	Alzheimer's	Stroke	CLRD	Diabetes	Chronic Liver Disease	Hypertension	Years
Clearwater	22	27	10	9	3	7	6	4	1	4	2020
Clearwater	110	100	--	36	--	23	40	37	--	22	2016-2020
<a href="https://www.health.state.mn.us/data/mchs/genstats/countytables/index.html">https://www.health.state.mn.us/data/mchs/genstats/countytables/index.html</a>											

## Community Health Needs Assessment Survey

The survey tool was delivered online via Qualtrics. The survey questions in printed format are presented below as a reference. Surveys made available in English, Spanish, Somali, and Sudanese.

Thank you for your interest in the Community Health Needs Assessment. Your confidential responses are vital to helping understand the factors driving the health needs of the community.

### RESIDENCE

Please enter your county of residence: \_\_\_\_\_

Please enter your zip code: \_\_\_\_\_

What is your current age? \_\_\_\_\_

### COMMUNITY

How would you rate the quality of HEALTH CARE available in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

In your opinion, what is the most important HEALTH CARE issue your community faces?

How would you rate the quality of LONG-TERM CARE, NURSING HOMES & SENIOR HOUSING services in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

Why did you give it that rating?

How would you rate the quality of CHILDCARE, DAYCARE & PRE-SCHOOL services in your community?

Poor      Fair      Good      Very Good      Excellent      Don't Know  
                             

Why did you give it that rating?

010005-01030 1/01

1

**How would you rate the availability of AFFORDABLE HOUSING in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate the ability of residents to ACCESS DAILY TRANSPORTATION in your community?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate your community's EMPLOYMENT & ECONOMIC OPPORTUNITIES?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**

**How would you rate your community as being a SAFE place to live?**

- Poor
- Fair
- Good
- Very Good
- Excellent
- Don't Know

**Why did you give it that rating?**



**How would you rate the ENVIRONMENTAL health of your community?**

*(clean air, clean water, etc.)*

Poor                  Fair                  Good                  Very Good                  Excellent                  Don't Know  
                                                                                         

**Why did you give it that rating?**

**How would you rate the ability of residents to access HEALTHY & NUTRITIONAL FOODS in your community?**

Poor                  Fair                  Good                  Very Good                  Excellent                  Don't Know  
                                                                                         

**Why did you give it that rating?**

**How would you rate the ability of residents to access PHYSICAL ACTIVITY & EXERCISE OPPORTUNITIES in your community?**

Poor                  Fair                  Good                  Very Good                  Excellent                  Don't Know  
                                                                                         

**Why did you give it that rating?**

**YOUR HEALTH AND WELLNESS**

**Overall, how would you rate YOUR current state of health & wellness?**

Poor                  Fair                  Good                  Very Good                  Excellent                  Don't Know

**What is the biggest HEALTH CARE concern you or your family face on a regular basis?**

**Are there any health care services that you would like to see OFFERED or IMPROVED in your community?**

- Yes     Please answer next question
- No     Skip to 'Your Health Care Usage' section

**Please select the health care services you would like to see OFFERED or IMPROVED in your community. (Select all that apply)**

- |  |  |
|--|--|
| <input type="radio"/> Addiction Treatment                              | <input type="radio"/> Heart Care                       |
| <input type="radio"/> Behavioral Health / Mental Health                | <input type="radio"/> Labor and Delivery               |
| <input type="radio"/> Cancer Care                                      | <input type="radio"/> Long-Term Care / Nursing Homes   |
| <input type="radio"/> Chiropractic Care                                | <input type="radio"/> Orthopedics and Sports Medicine  |
| <input type="radio"/> Dental Care                                      | <input type="radio"/> OBGYN / Womens' Care             |
| <input type="radio"/> Dermatology                                      | <input type="radio"/> Pediatrics / Childrens' Care     |
| <input type="radio"/> Emergency / Trama                                | <input type="radio"/> Walk-in / Urgent Care            |
| <input type="radio"/> Eye Services ( <i>Ophthalmology, Optometry</i> ) | <input type="radio"/> Other ( <i>please specify</i> ): |
| <input type="radio"/> Family Medicine / Primary Care                   |  |
| <input type="radio"/> General Surgery                                  |  |

**YOUR HEALTH CARE USAGE**

**Do you currently have a primary care physician or provider who you go to for general health issues?**

- Yes      No

**How long has it been since you last visited a physician / provider for a routine check up or screening?**

- |   |   |
|---|---|
| <input type="radio"/> Within the past year    | <input type="radio"/> More than 5 years ago |
| <input type="radio"/> Within the past 2 years | <input type="radio"/> Never                 |
| <input type="radio"/> Within the past 5 years |   |

**What has kept you from having a routine check-up?** (Select all that apply)

- |  |  |
|--|--|
| <input type="radio"/> Cost/Inability to Pay              | <input type="radio"/> No child care                            |
| <input type="radio"/> COVID-19                           | <input type="radio"/> Wait time for appointments are too long  |
| <input type="radio"/> Don't feel welcomed or valued      | <input type="radio"/> Clinic hours are not convenient          |
| <input type="radio"/> Don't have insurance               | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted       | <input type="radio"/> Nothing / I do not need to see a doctor  |
| <input type="radio"/> Lack of transportation             | <input type="radio"/> Don't have a primary care physician      |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify):                  |
| <input type="radio"/> Getting time off from work         |  |

**How would you rate your current ability to ACCESS health care services?**

- |                       |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Poor                  | Fair                  | Good                  | Very Good             | Excellent             |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why did you give it that rating?

**In the past year, did you or someone in your family need medical care, but did not receive the care needed?**

- Yes     No     Unsure

**What are the reasons you or a family member did not receive the care needed?**

- |  |  |
|--|--|
| <input type="radio"/> Cost/Inability to Pay              | <input type="radio"/> No child care                            |
| <input type="radio"/> COVID-19                           | <input type="radio"/> Wait time for appointments are too long  |
| <input type="radio"/> Don't feel welcomed or valued      | <input type="radio"/> Clinic hours are not convenient          |
| <input type="radio"/> Don't have insurance               | <input type="radio"/> Fear / I do not like going to the doctor |
| <input type="radio"/> My insurance is not accepted       | <input type="radio"/> Nothing / I do not need to see a doctor  |
| <input type="radio"/> Lack of transportation             | <input type="radio"/> Don't have a primary care physician      |
| <input type="radio"/> Distance / lack of local providers | <input type="radio"/> Other (please specify):                  |
| <input type="radio"/> Getting time off from work         |  |

**TRAVELING FOR CARE**

**Have you or a member of your family TRAVELED to receive health care services outside of your community within the past 3 years?**

- Yes
- No

**If yes, Where did you travel to?** *(If you traveled more than once, enter the most recent place you traveled to?)*

City \_\_\_\_\_ State \_\_\_\_\_

**What was the main reason you traveled for care?** *(select all that apply)*

- Referred by a physician
- Better / higher quality of care
- Medical emergency
- Needed a specialist / service was not available locally
- Second opinion
- Other *(please specify)*
- Immediate / faster appointment
- On vacation / traveling / snowbirds
- Cost or insurance coverage
- Don't feel welcomed or valued by local providers

**YOUR HEALTH INSURANCE**

**Do you currently have health insurance?**

- Yes
- No

**Please indicate the source of your health insurance coverage.**

- Employer *(Your employer, spouse, parent, or someone else's employer)*
- Individual *(Coverage bought by you or your family)*
- Federal Marketplace *(Minnesota Care / Obamacare / Affordable Care Act)*
- Medicare
- Medicaid
- Military *(Tricare, Champus, VA)*
- Indian Health Service *(IHS)*
- Other *(please specify)*



**Which of the following best describes your current living situation?**

- House (*owned*)
- Apartment or House (*rental*)
- Homeless
- Some other arrangement

**What is your primary mode of daily transportation?**

- Automobile/Truck (*owned or leased*)
- Online Ride Service (*Uber / Lyft*)
- Taxi Service
- Public Transportation (*bus / subway / rail*)
- Other (*please specify*)
- Walk
- Bicycle
- Family, Friends or Neighbors
- I do not have a primary mode of daily transportation

**What is the highest level of school you have completed or the highest degree you have received?**

- Less than high school degree
- High school graduate (*high school diploma or equivalent including GED*)
- Some college but no degree
- Associate degree in college (*2-year*)
- Bachelor's degree in college (*4-year*)
- Master's degree
- Doctoral degree
- Professional degree (*JD, MD*)

**Your current employment status is best described as:**

- Employed (*full-time*)
- Employed (*part-time*)
- Self-employed
- Furloughed
- Not employed, looking for work
- Not employed, not looking for work
- Retired
- Disabled or unable to work

**What is your total household income from all sources?**

- Less than \$20,000
- \$20,000 - \$24,999
- \$25,000 - \$29,999
- \$30,000 - \$34,999
- \$35,000 - \$49,999
- \$50,000 - \$74,999
- \$75,000 - \$99,999
- \$100,000 - \$199,999
- \$200,000 or more

Thank you for completing the survey. Your responses ensure more accurate and targeted solutions to address identified health issues.