

Sanford Medical Center – Sioux Falls

CARF Accredited Inpatient Rehabilitation Unit

2022 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in health care services and we want to thank you for choosing Sanford Medical Center.

FOR YOUR INFORMATION	SANFORD	NATION
Average number of days patients stayed on the inpatient rehabilitation unit:		
Stroke	16.7	13.3
Brain Injury	15.7	13.1
Debilitation	16.7	11.7
Multiple Trauma	16.3	14.6
Spinal Cord Injury	20.2	19

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 398 patients were admitted to the inpatient rehab unit with 5 under the age of 18. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

PATIENT STATISTICS:	SANFORD	NATION
Average age	61.1	66
Medicare as primary insurance	51.5%	63.6%
Discharged to home	79.4%	84.4%
Discharged back to hospital	8.5%	7.9%
Discharged to long term care	11.8%	7.5%

TOP FOUR TYPES OF PATIENTS SERVED:	
Stroke	38.7%
Brain Injury	16.3%
Debilitation	10.6%
Multiple Trauma	14.6%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

PATIENT SATISFACTION:
Overall rating of the care received:
97% rated very good or good.

Visit www.sanfordhealth.org
keyword “rehabilitation” for more information.



Sanford Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2022 Stroke Patient Outcomes

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FOR YOUR INFORMATION

SANFORD

NATION

Average number of days patients stayed on the inpatient rehabilitation unit:

Stroke	16.7	13.3
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Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 135 stroke patients were admitted to the inpatient rehab unit. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

PATIENT STATISTICS:

SANFORD

NATION

Average age	68	67.9
Medicare as primary insurance	64.9%	64.6%
Discharged to home	71.4%	82.1%
Discharged back to hospital	13%	7.7%
Discharged to long term care	15.6%	10%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

PATIENT SATISFACTION: (90 DAYS AFTER DISCHARGE)

How prepared did you feel for discharge?

91% rated very good or good.

How satisfied were you with your overall rehabilitation stay?

97% rated very good or good.

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Data from UDSMR CY 2022

EDUCATION EFFORTS INCLUDE:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression, and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/care provider care for you.