



Sanford Health Network
**Community Health Needs Assessment
Implementation Strategies**
2014-2016

dba Sanford Aberdeen Medical Center EIN# 46-0388596

Dear Community Members,

Sanford Aberdeen has conducted a community health needs assessment (CHNA) and formally identified unmet needs in the community. A component of the 2013 CHNA work is a perception survey.

During FY 2012/2013 members of the community were asked to complete a survey to help Sanford identify unmet health needs. Sanford analyzed the survey data, identified unmet needs, and partnered with key community stakeholders to develop a list of resources and assets that were available to address them. A gap analysis was also conducted to identify the most significant health needs, and they were addressed in the implementation strategy that is included in this document.

Sanford Aberdeen has set strategy to address the following community health needs:

- Mental Health Services
- Bariatric Services

Sanford is also addressing mental health services and obesity through enterprise-wide implementation strategies. The enterprise strategies are included in this for your review.

Additionally, the asset map/resource list is included in this document along with the action steps that will be taken.

At Sanford Aberdeen, patient care extends beyond our bricks and mortar. As a not-for-profit organization, ensuring that the benefits of health care reach the broad needs of communities is at the core of who we are. By working with communities, we can bring health and healing to the people who live and work across our region. Together, we can fulfill this mission.

Sincerely,



Gordon Larson
CEO

Addressing the Needs in Aberdeen

ACCESS

Community resources addressing the needs:

- New Sanford Hospital opened in 2012 and will provide specialty care. Recruiting continues for needed specialties.
- Acute Care provides after hours care at the Sanford Clinic.
- All patients are accepted at the Clinic and Hospital.
- Primary Care physicians are being recruited.

Sanford's commitment to addressing the needs:

- Sanford will continue to monitor and address this need. New Sanford Hospital opened in 2012 and provides specialty care.
- Sanford provides charity care through the Community Care Program and continues to provide resources and monitoring of access for healthcare.
- The following specialists have been added to the staff at Sanford Aberdeen to meet the expressed need: Cardiology, Oncology/Hematology, Bariatric General Surgery and Urology.

ALTERNATIVE MEDICINE

Community resources addressing the needs:

- Several already provide services in the community.

Sanford's commitment to addressing the needs:

- Sanford opened a new hospital in 2012 and will provide specialty care.

CANCER

Community resources addressing the needs:

- Cancer Biology Research Center in SF

Sanford's commitment to addressing the needs:

- Sanford has dedicated resources and recruited experts in the field of Oncology to address cancer research.

CARE COORDINATION

Community resources addressing the needs:

- Medical Home Initiative began in 2012.

Sanford’s commitment to addressing the needs:

- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Programs. The new One Chart, implemented in 2012-2013, makes the medical record available to all providers in the system.

CHRONIC CONDITIONS

Community resources addressing the needs:

- The Sanford Project – to cure Type 1 DB in Denny Sanford’s lifetime. Support groups are being formed for several areas.

Sanford’s commitment to addressing the needs:

- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Program for the purpose of impacting chronic disease. Sanford is committed to finding a cure for Type I diabetes. Better Choices/Better Health is a program that addresses chronic disease self-management and is available free of charge to all patients with a chronic disease.
- Additionally, obesity is a co-morbidity of many chronic diseases and is a priority for Sanford Enterprise. The enterprise implementation strategy will address obesity.
- Sanford is participating in the chronic disease initiative with the South Dakota Department of Health.

CITY INFRASTRUCTURE

Community resources addressing the need:

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Sanford’s commitment to addressing the need:

- Sanford will address this concern by sharing the CHNA information with community/city leaders.

COMPETITION

Community resources addressing the need:

- Sanford My Chart will allow the patient to grant access to their medical record electronically.

Sanford’s commitment to addressing the need:

- Sanford My Chart is available to all providers.

DAY CARE

Community resources addressing the need:

- YMCA is developing the Youth Development Center.
- Sanford Children’s Services provide training and education.

Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

DENTAL CARE

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and public health.

DISABILITIES

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

ECONOMIC SITUATION/BUSINESS COMMUNITY

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford is one of the biggest employers in the area and contributes substantially to the economic growth of the region. Sanford provides medical care to those who qualify for charity care through the community care program. Sanford offers a discounted fee for those who qualify.

EDUCATION

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and school leaders.

ELDERLY

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford has executed new programs to improve care coordination, including the health coach and Medical Home Program for the purpose of impacting chronic disease.
- Sanford is committed to finding a cure for Type I diabetes.
- Better Choices/Better Health is a program that addresses chronic disease self-management and is available on-line.

EMERGENCY CARE

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford ED wait times are measured and are far below the national averages.
- All ED physicians are currently Emergency Medicine trained.

HEALTHCARE COST/INSURANCE COST

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford provides charity care through the Community Care Program.

HANDICAPPED

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

HEALTHY NUTRITION

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.
- Sanford dietitians are available for individual appointments and community presentations.

HOUSING

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

JUDICIAL

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

MENTAL HEALTH

Community resources addressing the need:

- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.
- Sanford Aberdeen is now able to provide telemedicine follow-up visits for adolescents and adults.

NATIVE AMERICAN ISSUES

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

NEW AMERICANS

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford provides interpreter services.
- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

OBESITY

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

PHYSICAL ACTIVITY

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

PHYSICIANS

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford has recruited physicians to live and work in the community. Patients are given the opportunity to provide feedback on care received.

POLLUTION/ENVIRONMENT

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

POVERTY

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

PREVENTION

Community resources addressing the need:

- The Sanford Project – to cure Type 1 diabetes in Denny Sanford's lifetime
- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

SAFETY

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

SCHOOLS

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders and school leadership.

SOCIAL ISSUES

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.

SUBSTANCE ABUSE

Community resources addressing the need:

- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized mental health as an enterprise implementation strategy for 2013-2016.

TECHNOLOGY

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

TRAFFIC

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

TRANSPORTATION

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

WELLNESS

Community resources addressing the need:

- Sanford WebMD Fit Kids

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

WORKFORCE

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford will address this need by sharing CHNA information with community/city leaders.

YOUTH

Community resources addressing the need:

- Sanford WebMD Fit Kids
- Sanford One Care

Sanford's commitment to addressing the need:

- Sanford has prioritized obesity as an enterprise implementation strategy for 2013-2016.

SANFORD-SPECIFIC

Community resources addressing the need:

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Sanford's commitment to addressing the need:

- Sanford does accept Medicaid and works very hard to get patient appointments at the requested times.
- Sanford began a program of Same Day at Sanford to get appointments the same day depending on patient needs.

Sanford Aberdeen Community Health Needs Assessment

Implementation Strategy

FY 2014-2016 Action Plan

Priority 1: Obesity

Goal 1: Establish a Sanford Aberdeen-based bariatric services accredited program

Measurable Outcomes:

- Working toward American College of Surgeons accreditation as a Level 2 New Center
- Bariatric Support Group is established
- BLAST Program has been implemented
- Diabetic Support Group has been established

Sanford Resources:

- Bariatric Surgeon
- Bariatric Coordinator

Priority 2: Mental Health Services

Goal 1: Establish adolescent and adult mental health telemedicine services from Sanford Aberdeen to Sanford Medical Center in Sioux Falls

Measurable Outcome:

- Psychiatric visits via telemedicine in order to afford better access without travel

Sanford Resources:

- Psychiatrists have been credentialed

Community Health Needs Assessment

Sanford Health Enterprise Implementation Strategy

FY 2014-2016 Action Plan

Priority 1: Mental Health Services – Sanford One Mind

Goal 1: Integration of behavioral health services or access to behavioral health in all 38 One Care primary clinic sites

Measurable Outcome:

- All 38 primary care clinic sites within the enterprise will have access to behavioral health services by FY 2016

Sanford Resources:

- Sanford One Care Director and Assistant
- Sanford One Care Coordinator
- Daniel Heinemann, MD
- Stephen Nelson, MD
- Core Team Clinical Skills Development Coordinators
- Core Team Traditional Culture Advisor/Cultural Diversity Liaison
- Core Team IT
- Core Team Curriculum Development Team
- One Care Development Communication Coordinator
- One Care Department Assistant
- Clinical Skills Development Team (training over 200 physicians and over 360 staff)

Goal 2: Analyze and present outcomes of the first three years of integrated behavioral health services

Measurable Outcome:

- Results are analyzed and reported to leadership during FY 2016

Sanford Resources:

- Daniel Heinemann, MD
- Stephen Nelson, MD

Priority 2: Obesity

Goal 1: Create an annual symposium/workshop for providers to address weight management and obesity

Measurable Outcome:

- CEUs are available for providers who attend the annual obesity symposium – first annual date set for April 25, 2014

Sanford Resources:

- \$10,000 budgeted
- James Mitchell, M.D.
- Linda Bartholomay, LRD
- Carrie McLeod, MBA, MS, LRD,CDE
- Luis Garcia, MD
- Chris Tiongson, MD
- Ron Wiisanen, MD
- Jo Burdick, MS, BSN
- Naomi Aufman, MS

Goal 2: Develop community classes and leverage existing resources, including dietitians, exercise physiologists, WebMD Fit Kids

Measurable Outcome:

- Classes are scheduled to address obesity and obesity prevention

Sanford Resources:

- Clinical Dietitians
- Exercise Physiologists
- Behavioral Health Team
- Bariatric Services
- Providers
- WebMD Fit Kids

