

FAMILY DAY CARE NETWORK

■ JULY, AUG., SEPT. 2021

FDCN NEWSLETTER UPDATES



Annual Training

Everyone is required to complete annual training to remain in compliance with CACFP regulations. The annual training will be one hour long and will contribute one hour of training toward mandatory state training hours.

If you did not complete the in-person training, then annual training will be offered to you online – on demand. A pack of training resources will be mailed to the address we have on file for you. You will then access the training link via email and you will have one month to complete the online training. The time allotted will be July 12th – August 15th, 2021.

Monitor Visits

Monitor visits are underway and are currently being done in-person and/or over the phone. The USDA has granted the CACFP waivers that allow for sponsors to use their discretion on safety measures. FDCN staff will wear personal protective equipment when conducting in-person monitor visits.

Menus

Paper/manual providers will need to have a new cycle year of menus to the FDCN office by September 1st, 2021. These menus are for October 2021 – September 2022. Four weeks can be cycled through for the entire year if desired. Remember substitutions will always need to be documented. If you do your menus online with KidKare, then continue to update your menus a month in advance.

Meet the Staff

ECE REGION 5 DIRECTOR

Dianna Rajski

CHILD SERVICES MANAGER

Terra Johnson

ADMINISTRATIVE ASSISTANTS

Rachelle Borah

Rebecca Hinton

Lisa Oligmueller

COMMUNITY PROGRAMS

SPECIALIST

Sharon Schmidt

FOOD PROGRAM EDUCATOR

Sarah Boese

SANFORD CHILDREN'S

CHILD SERVICES

5015 S Western Ave

Suite 120

Sioux Falls, SD 57108

Phone: (605) 312-8390

CHILD SERVICES

OFFICE HOURS

Monday-Friday

8 a.m. – 5 p.m.

EMAIL

Sharon.Schmidt@sanfordhealth.org

Sarah.Boese@sanfordhealth.org

WEBSITE

www.sanfordhealth.org/

keyword: Family Day Care Network



FDCN Creditable & Cool Summer Snacks

- Watermelon and Pretzels
- Nut butter and Apples
- Yogurt and Blueberries
- Peaches and Cottage Cheese
- Celery sticks and Peanut Butter
- Crackers and Cherry Tomatoes
- Carrots and Hummus
- Fruit Kabobs and Crackers
- Strawberries and Milk
- Broccoli with dip and Juice



September is National Baby Safety Month

This is a time for hospitals, pediatricians, daycares, and educators to spread awareness on keeping babies safe. This is also a great time to revisit the safety measures taken within your own home. Here are the top five tips recommended by the American Academy of Pediatrics and Safe Kids Worldwide to keep babies safe.



Top 5 Tips to Protect a Baby

1. Place baby in a sleep sack, onesie or similar clothing for every sleep
2. Always place a baby on her or his back for sleep until she/he is 1 year old
3. A firm mattress and fitted sheet is all a baby needs in the crib – remove all blankets and pillows
4. Make sure there is a smoke alarm and a carbon monoxide alarm on every level of the home, and in all sleeping areas. Test the alarms to ensure they work
5. Place the crib away from windows and blinds – It is safest to keep cords and strings out of reach

HOLIDAYS

Just a reminder that July 4th is on a Sunday this year. Therefore, our offices will be closed on Monday, July 5th and meals will not be reimbursable.

- July 5th – Independence Day
- Sept. 6th – Labor Day

Healthy Eating = A Healthy Life
