

*This publication was funded by the Department of Social Services, Child Care Services & City of Sioux Falls, Department of Health*

## POSITIVE DESCRIPTIVE ACKNOWLEDGEMENT



Positive Descriptive Acknowledgment (PDA) involves describing or narrating a child's positive behaviors and interactions. Think of yourself as a "camera" and describe the situation as you see it happening.

Let's take a look at some examples!

- "You are sharing the truck so everyone can play together."
- "You are working so hard with that puzzle. You should be proud of yourself!"
- "You are so patient waiting for the next activity to start."

### Outcomes of PDA on Children's Behavior

With time and consistency, PDA will increase positive behaviors and interactions. It will also help to decrease misbehavior. When we notice and acknowledge the positive we will get more positive behavior in return.

Children's internal thoughts about themselves will also be more positive. They will start to think positive things about themselves such as "I work hard" or "I share toys". PDA also helps to promote nurturing and responsive relationships with children.

### Strategies to Implement PDA

Keep the focus on the child.

Avoid starting with phrases such as "I like...", "I see...", "I notice..."

Instead start a PDA sentence try starting it with "You..."

Avoid saying thank you.

- We want kids to do good because they want to. Not because we want them to or to please us. Again, keep the focus on the child without adding your personal thoughts or opinions.

Focus on the effort not the outcome.

- Emphasize the child's effort and hard work rather than on the outcome or how long it takes them to finish an activity. If we focus on their effort it will increase their motivation and persistence.

Kindness Captain.

- Include children in on the concept of PDA and encourage them to catch each other displaying positive behavior. Model how to use PDA who children understand what to look for and what to say.

Be mindful and intentional.

- A change in behavior won't happen overnight. Be consistent every day and you will begin to notice a difference.
- Post a few examples to help remind you to use PDA every day.

PDA may require lots of practice! Don't expect to be perfect at PDA right away. With time, consistency, and practice PDA can become a part of your daily interactions with the children in your care.

For more information and examples of PDA visit [www.challengingbehavior.org](http://www.challengingbehavior.org).

Search for a resource titled "Providing Positive Feedback and Encouragement".

## Meet the Staff

### DIRECTOR

Dianna Rajski

### MANAGER

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### ADMINISTRATIVE ASSISTANTS

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### SANFORD CHILDREN'S CHILD SERVICES

- 5015 S Western Ave, Ste 120  
Sioux Falls, SD 57108  
Phone: (605) 312-8390
- 110 6<sup>th</sup> Ave SE, Suite 100  
Aberdeen, SD 57401  
Phone: (605) 226-5675

### EMAIL

- [childsrv@sanfordhealth.org](mailto:childsrv@sanfordhealth.org)
- [childservices.aberdeen@sanfordhealth.org](mailto:childservices.aberdeen@sanfordhealth.org)

### WEBSITE

[www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices)

[www.sdece.org](http://www.sdece.org)

Consistent use of positive descriptive acknowledgement can increase positive behaviors and interactions and can also help decrease misbehavior.

# FACE TO FACE Learning Opportunities

## General Classes

Classes for caregivers of all ages of children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Wednesday, April 12 6:30 – 7:30 p.m.	<b>How On-going Stress Affects the Brain</b> Children don't feel stress, do they? Some stress is normal but chronic stress can be harmful to children, learn how to help children in stressful situations.	Sioux Falls	Guidance & Behavior Management
Saturday, April 22 9 – 10 a.m.	<b>Physical Abuse 101 for Child Care Providers</b> Guest presenter for topic is Dr. Brooke Jones, Child Abuse Pediatrician at Sanford Child's Voice.	Hybrid	Child Abuse & Neglect
Saturday, April 22 10 – 11 a.m.	<b>Grooming 101 for Child Care Providers</b> Guest presenter for topic is Brianna Staton, Forensic Interviewer at Sanford Child's Voice.	Hybrid	Program Health & Safety
Saturday, April 22 11 a.m. – Noon	<b>Sexual Abuse 101 for Child Care Providers</b> Guest presenter for topic is Dr. Nancy Free, Pediatrician and Specialist in Child Abuse Treatment at Sanford Child's Voice.	Hybrid	Child Abuse & Neglect

## Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Wednesday, April 12 7:30 – 8:30 p.m.	<b>Rough and Tumble Play</b> Learn about rough play in young children. Find out what is appropriate and when you should be more concerned. Discover tips on how to respond when play gets rough.	Sioux Falls	Guidance & Behavior Management
Saturday, April 15 9 – 10 a.m.	<b>Connection Seeking Behaviors</b> We often hear the term attention seeking in reference to children's behavior. In this class we are going to focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies on how to respond.	Aberdeen	Guidance & Behavior Management
Saturday, April 15 10 – 11 a.m.	<b>Trauma and the Brain</b> Providers will learn about how trauma affects the brain and future development of infants and toddlers.	Aberdeen	Child Growth & Development
Saturday, April 15 11 a.m. – Noon	<b>Intentional Interactions with Infant and Toddlers</b> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Aberdeen	Child Growth & Development
Saturday, April 15 9 – 10 a.m.	<b>Connection Seeking Behaviors</b> We often hear the term attention seeking in reference to children's behavior. In this class we are going to focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies on how to respond.	Mitchell	Guidance & Behavior Management
Saturday, April 15 10 – 11 a.m.	<b>Rough and Tumble Play</b> Learn about rough play in young children. Find out what is appropriate and when you should be more concerned. Discover tips on how to respond when play gets rough.	Mitchell	Guidance & Behavior Management
Monday, April 17 6:30 – 7:30 p.m.	<b>Safe Infant Sleep Environments</b> Learn to identify common hazards of infant sleep environments and safe sleep practices for injury prevention.	Sioux Falls	Program Health & Safety

Monday, May 8 7 – 8 p.m.	<b>Positive Descriptive Acknowledgement</b> Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children's positive behavior and interactions.	Sioux Falls	Child Growth & Development
Saturday, May 20 9 – 10 a.m.	<b>Intentional Interactions with Infant and Toddlers</b> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Yankton	Child Growth & Development
Saturday, May 20 10 – 11 a.m.	<b>Trauma and the Brain</b> Providers will learn about how trauma affects the brain and future development of infants and toddlers.	Yankton	Child Growth & Development
Monday, May 22 6:30 – 7:30 p.m.	<b>Trauma and the Brain</b> Providers will learn about how trauma affects the brain and future development of infants and toddlers.	Sioux Falls	Child Growth & Development
Monday, May 22 7:30 – 8:30 p.m.	<b>Connection Seeking Behaviors</b> We often hear the term attention seeking in reference to children's behavior. In this class we are going to focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies on how to respond	Sioux Falls	Guidance & Behavior Management

## Preschool Classes

Classes with an emphasis on caring for three to five year old children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Thursday, May 4 6:30 – 7:30 p.m.	<b>Planning Activity Areas: Sand &amp; Water Play</b> Discover ideas for designing educational experiences for children using sand and water.	Sioux Falls	Age Appropriate Planning
Thursday, May 4 7:30 – 8:30 p.m.	<b>Planning Activity Areas: Block Play</b> Discover how block play assists children in developing various skills. Inspired by the South Dakota Early Learning Guidelines.	Sioux Falls	Age Appropriate Planning
Wednesday, June 28 6:30 – 7:30 p.m.	<b>Planning Activity Areas: Health &amp; Physical Activity</b> Discover strategies and activities that encourage effective physical play and nutrition.	Sioux Falls	Age Appropriate Planning
Wednesday, June 28 7:30 – 8:30 p.m.	<b>Planning Activity Areas: Math Play</b> Learn the many activities that help preschoolers develop math skills and what items you need in your program to give children a strong support.	Sioux Falls	Age Appropriate Planning

## Family Child Care Classes

Classes specific to care provided in family child care settings

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Thursday, June 22 6:30 – 7:30 p.m.	<b>Child Care as a Business</b> Learn about the importance of having contracts and policies for owning your own child care business.	Sioux Falls	Program Management & Regulations
Thursday, June 22 7:30 – 8:30 p.m.	<b>Setting Boundaries with Parents</b> Boundaries can be blurred when you run your business out of your home, learn ways to keep parent relationships friendly but professional.	Sioux Falls	Partnerships with Parents



### FACE TO FACE CLASS

- Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class as the facility doors will be locked.
- In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

# fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings



DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Wednesday, April 5 6:30 – 8:30 p.m.	<b><u>Sweet Dreams!</u></b> Exploring Strategies for Sleep and Relaxation	Aberdeen	Program Health & Safety
Wednesday, April 12 6:30 – 8:30 p.m.	<b><u>Mindful Moments!</u></b> Supporting Children's Social and Emotional Development	Aberdeen	Guidance & Behavior Management
Wednesday, April 19 6:30 – 8:30 p.m.	<b><u>Ready, Set, Move!</u></b> Promoting Physical Activity and Development	Aberdeen	Child Growth & Development
Wednesday, April 26 6:30 – 8:30 p.m.	<b><u>We Are What We Eat!</u></b> Creating Healthy Nutrition Environments	Aberdeen	Nutrition for Children
Thursday, May 25 6:30 – 8:30 p.m.	<b><u>Mindful Moments!</u></b> Supporting Children's Social and Emotional Development	Aberdeen	Guidance & Behavior Management
Tuesday, June 6 6:30 – 8:30 p.m.	<b><u>Sweet Dreams!</u></b> Exploring Strategies for Sleep and Relaxation	Sioux Falls	Program Health & Safety
Tuesday, June 13 6:30 – 8:30 p.m.	<b><u>Mindful Moments!</u></b> Supporting Children's Social and Emotional Development	Sioux Falls	Guidance & Behavior Management
Tuesday, June 20 6:30 – 8:30 p.m.	<b><u>Ready, Set, Move!</u></b> Promoting Physical Activity and Development	Sioux Falls	Child Growth & Development
Tuesday, June 27 6:30 – 8:30 p.m.	<b><u>We Are What We Eat!</u></b> Creating Healthy Nutrition Environments	Sioux Falls	Nutrition for Children

## Certified First Aid Classes

The American Heart Association's Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

DATE/TIME	LOCATION	LICENSING/PATHWAYS
Tuesday, April 25 6:30 – 9 p.m.	Sioux Falls	Program Health & Safety
Saturday, May 6 1 – 3:30 p.m.	Aberdeen	Program Health & Safety
Saturday, June 24 1 – 3:30 p.m.	Sioux Falls	Program Health & Safety

# Adult/Child & Infant CPR/AED Classes

American Heart Association's course offers instructor-led course and teaches adult, child and infant CPR/AED and choking

DATE/TIME	LOCATION	LICENSING/PATHWAYS
Saturday, April 1 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Tuesday, April 4 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Tuesday, April 18 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Saturday, May 6 8:30 a.m. – Noon	Aberdeen	Program Health & Safety
Tuesday, May 9 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Saturday, May 20 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Tuesday, May 30 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Saturday, June 3 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Saturday, June 24 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety

## ONLINE ADULT/CHILD & INFANT CPR/AED TRAINING OPTION



Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen or Sioux Falls.

Below is the process to conduct the education portion online and face to face skill testing:

- Complete the online course. Contact our office to receive online course link information.
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.
- After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion.

# Online Learning Opportunities

## General Classes

Classes for caregivers of all ages of children

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Thursday, April 6 6 – 7 p.m.	<b>Developmentally Appropriate Practice</b> Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	Program Management & Regulations
Friday, April 14 9 - Noon	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b> Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies and how to support ourselves in times of stress.	Program Management & Regulations
Monday, April 17 6 – 9 p.m.	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b> Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies and how to support ourselves in times of stress.	Program Management & Regulations
Friday, April 21 9 - Noon	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b> Continue diving into the six CRM skills of how to get back to a place of wellbeing so that you can bring your best self to your work and to all aspects of your life.	Program Management & Regulations
Monday, April 24 6 – 9 p.m.	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b> Continue diving into the six CRM skills of how to get back to a place of wellbeing so that you can bring your best self to your work and to all aspects of your life.	Program Management & Regulations
Tuesday, April 25 6 – 9 p.m.	<b>Resiliency Training for Providers</b> Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing in this 3 hour interactive session.	Program Management & Regulations
Wednesday, May 3 1 – 4 p.m.	<b>Resiliency Training for Providers</b> Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing in this 3 hour interactive session.	Program Management & Regulations
Thursday, May 4 6 – 9 p.m.	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b> Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies and how to support ourselves in times of stress.	Program Management & Regulations
Thursday, May 11 6 – 9 p.m.	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b> Continue diving into the six CRM skills of how to get back to a place of wellbeing so that you can bring your best self to your work and to all aspects of your life.	Program Management & Regulations
Friday, May 12 9 - Noon	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b> Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies and how to support ourselves in times of stress.	Program Management & Regulations
Monday, May 15 6 – 9 p.m.	<b>Resiliency Training for Providers</b> Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing in this 3 hour interactive session.	Program Management & Regulations
Friday, May 19 9 - Noon	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b> Continue diving into the six CRM skills of how to get back to a place of wellbeing so that you can bring your best self to your work and to all aspects of your life.	Program Management & Regulations

## Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Monday, April 3 7 – 8 p.m.	<b>Trauma and the Brain</b> Providers will learn about how trauma affects the brain and future development of infants and toddlers.	Child Growth & Development
Tuesday, June 13 6 – 7 p.m.	<b>Intentional Interactions with Infant and Toddlers</b> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Child Growth & Development

## Preschool Classes

Classes with an emphasis on caring for three to five

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Tuesday, June 13 7 – 8 p.m.	<b>Planning Activity Areas: Social Emotional Skills</b> Discover strategies to assist children in learning about and managing their emotions during daily routines and play.	Age Appropriate Planning

### PRESCHOOL ENTRY LEVEL SERIES

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Monday, April 3 7:30 – 9 p.m.	<b>Child Growth and Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	Child Growth & Development	\$5
Monday, April 10 7:30 – 9 p.m.	<b>Behavior Management &amp; Guidance</b> Using positive guidance techniques and establishing a program climate that promotes positive behavior.	Guidance & Behavior Management	\$5
Monday, April 17 7:30 – 9 p.m.	<b>Program Health &amp; Safety</b> Understand the importance of promoting and teaching practices that keep children safe and healthy.	Program Health & Safety	\$5
Monday, April 24 7:30 – 9 p.m.	<b>Social Interactions And Learning Environments</b> Supporting children's individual needs through learning environments and relationships.	Learning Environments	\$5

## Out of School Time Classes

Classes with an emphasis on caring for school age children

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Thursday, April 6 7 – 8 p.m.	<b>OST in Shared Spaces</b> Learn ways to create a positive interactive out-of-school time environment even with the challenge of shared space.	Learning Environments
Wednesday, June 7 7 – 8 p.m.	<b>Coping Skills in Young Children</b> Coping skills are critical to building resilience and a child's wellbeing. Learn ways to build coping skills with the children in your care.	Guidance & Behavior Management

Wednesday, June 7 8 – 9 p.m.	<b><u>Understanding the Challenging Child</u></b> Tips to promote and teach school-age children positive ways to deal with challenging behaviors.	Guidance & Behavior Management
Thursday, June 8 6:30 – 7:30 p.m.	<b><u>OST in Shared Spaces</u></b> Learn ways to create a positive interactive out-of-school time environment even with the challenge of shared space.	Learning Environments
Thursday, June 8 7:30 – 8:30 p.m.	<b><u>Professionals in Out-of-School Time</u></b> Learn what it means to be a professional in an out-of-school time program.	Learning Environments

### OUT OF SCHOOL QUALITY PRACTICE SERIES

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Monday, May 1 7:30 – 9:30 p.m.	<b><u>Building Relationships With Communities, Families And Schools</u></b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	Interpersonal Communication & Relationships	\$5
Monday, May 8 7:30 – 9:30 p.m.	<b><u>Observation, Assessment And Inclusion</u></b> The importance of observations and assessment to support all OST children in an inclusive setting.	Child Growth & Development	\$5
Monday, May 15 7:30 – 9:30 p.m.	<b><u>Developmentally Appropriate Planning And Curriculum</u></b> Learn how planning high quality program activities and experiences will promote children's success.	Age Appropriate Planning	\$5
Monday, May 22 7:30 – 9:30 p.m.	<b><u>Guidance and Behavior Management</u></b> Participants will learn about managing groups, modeling leadership, and effective use of routines and schedules.	Guidance & Behavior Management	\$5

## Family Child Care Classes

Classes specific to care provided in family child care settings

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Thursday, June 1 6:30 – 7:30 p.m.	<b><u>Toxic Stress &amp; Children</u></b> Learn about positive, tolerable, and toxic stress responses in children, and how to provide environments & relationships that support them.	Child Abuse & Neglect
Thursday, June 1 7:30 – 8:30 p.m.	<b><u>What Do I See?</u></b> Learn about what falls in the “typical” range of development so you can better serve the families in your care.	Observing Children

### FAMILY CHILD CARE QUALITY PRACTICE SERIES

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Thursday, April 6 7:30 – 9:30 p.m.	<b><u>Purposeful Planning: Healthy &amp; Safe Learning Environments</u></b> High quality practices to ensure children's physical and developmental well-being; comprehensive health & safety program planning.	Program Health & Safety	\$5
Thursday, April 13 7:30 – 9:30 p.m.	<b><u>Best Practices In Relationship Building</u></b> Best practices for caring, respectful, & committed relationships with and between children & families; balancing parenting & caregiving roles.	Interpersonal Communication & Relationships	\$5
Thursday, April 20 7:30 – 9:30 p.m.	<b><u>Developmentally Appropriate Learning Activities In Family Child Care</u></b> High quality practices for providing activities & materials to support children in developing skills & gaining an understanding of their world.	Child Growth & Development	\$5
Thursday, April 27 7:30 – 9:30 p.m.	<b><u>Professional &amp; Business Practices In Family Child Care</u></b> High quality, caring, and ethical best practices for professional and business policies & procedures.	Program Management & Regulations	\$5



# Early Learning Guidelines Series

Classes to familiarize participants with South Dakota Early Learning Guidelines

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Tuesday, May 2 1 – 2:30 p.m.	<b>Approaches to Learning</b> The use of play, everyday tasks, and an enriching environment to support young children's creativity, imagination and increasingly complex & challenging play.	Age Appropriate Planning	\$5
Tuesday, May 9 1 – 2:30 p.m.	<b>Social &amp; Emotional Development</b> Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.	Guidance & Behavior Management	\$5
Tuesday, May 16 1 – 2:30 p.m.	<b>Communication, Language &amp; Literacy</b> Strategies to set up an environment that encourages exploration, play and social interactions for young children and the development of literacy skills and oral language.	Interpersonal Communication & Relationships	\$5
Tuesday, May 23 1 – 2:30 p.m.	<b>Cognitive, Health &amp; Physical Development</b> Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.	Child Growth & Development	\$5

# Social Wellness & Emotional Wellness Classes

Ideas and insights to positive guidance and behavior management techniques

<b>INFANT/TODDLER SOCIAL WELLNESS AND EMOTIONAL WELLNESS FOUNDATIONS FOR LEARNING</b> (Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.			
DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Tuesday, April 4 7:30 – 9 p.m.	<b>Importance Of Relationships</b> Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	Guidance & Behavior Management	\$5
Tuesday, April 11 7:30 – 9 p.m.	<b>Creating Supportive Environments &amp; Routines</b> Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.	Learning Environments	\$5
Tuesday, April 18 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.	Guidance & Behavior Management	\$5
Tuesday, April 25 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Explore the meaning of behaviors & what a child may be attempting to communicate, & how learning social emotional skills affects all development.	Guidance & Behavior Management	\$5



## NEWS FROM DEPARTMENT OF HEALTH, SIOUX FALLS

### Are you a family child care provider in Sioux Falls?

Please be thinking about education requirements for your 2023 renewals. Now may be a good time to get enrolled in a class or two before crunch time comes sneaking up.

Thank you for the service you provide to parents across our great city. We understand the commitment it requires, and we thank you for making this your career choice

# Leadership Classes

Classes with an emphasis on managing child care programs

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS	FEE
Thursday, May 4 7:30 – 9:30 p.m.	<b>Qualities of a Leader</b> Review good leadership traits & the four types of early childhood leaders. Learn your own leadership style & strengths, and ways to lead team members with equity.	Professionalism	\$5
Thursday, May 11 7:30 – 9:30 p.m.	<b>Observational Assessments and Professional Development</b> Observational assessment is foundational for an engaging center learning community. Explore connections between professional development, retention rate, & overall program quality.	Professionalism	\$5
Thursday, May 18 7:30 – 9:30 p.m.	<b>Team Development</b> Team dynamic is the focus of this class. Discover what is essential in a team player, and explore the skills & processes it takes to build & rebuild the unity in your team.	Professionalism	\$5
Thursday, May 25 7:30 – 9:30 p.m.	<b>Managing Difficult Conversations</b> Explore different confrontation types, and ways to mitigate & resolve conflict. Learn to manage difficult conversations head-on through healthy & positive team dynamics, policies & expectations.	Professionalism	\$5



# fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in their care

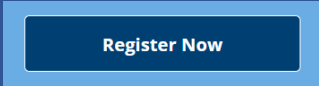
DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Tuesday, April 11 6:30 – 8:30 p.m.	<b>We Are What We Eat!</b> Creating Healthy Nutrition Environments	Nutrition for Children



## REGISTER ONLINE. IT'S FAST & CONVENIENT!

- Go to <https://www.sanfordhealth.org/classes-and-events>
- Select 'Daycare Providers'
- Click the title class you would like to sign up for
- Select 'Register Now'

By Category	
<input type="checkbox"/> Pregnancy	+510
<input type="checkbox"/> Women's	+272
<input type="checkbox"/> Children's	+190
<input checked="" type="checkbox"/> Daycare Providers	66



## ONLINE CLASS POLICY

Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

- Log into class within 5 minutes of the class start time.
- Demonstrate attendance by participating in class polls and chats.
- Complete 1 learning statement at the end of the class.

# Sanford Children's CHILD Services

Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?

These services are available to you! Call your local ECE office for more information

## Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

## Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

## Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

## fitCare

fitCare classes and technical assistance is offered to child care providers to teach young children healthy lifestyle habits.

## Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

## Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.  
*(Region 1 & 5 only)*

## Physical Activity

## Technical Assistance

Staff assist provider in creating an environment where physical activity is incorporated into the program culture.  
*(Region 1, 4 & 5 only)*

### REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110  
Rapid City, SD 57702  
(605) 342-6464

### REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave  
Pierre, SD 57501  
(605) 773-4755

### REGION 3: SANFORD CHILDREN'S CHILD SERVICES

110 6TH Ave, SE, Suite 100  
Aberdeen, SD 57401  
(605) 226-5675

### REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218  
Brookings, SD 57007  
(605) 688-5730

### REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120  
Sioux Falls, SD 57108  
(605) 312-8390





**Sanford**  
**Children's CHILD Services**  
5015 S Western Ave, Suite 120  
Sioux Falls, SD 57108

RETURN SERVICE REQUESTED

## **2023 TRAINING SCHEDULE**

APRIL/MAY/JUNE